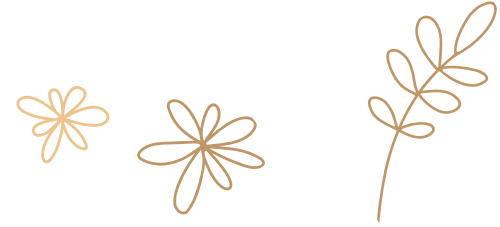
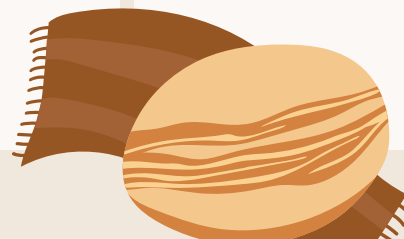


September 2026

Assisted Living

Special September Days:

9/4 : National Wildlife Day
 9/6 : National Read a Book Day
 9/7 : Labor Day
 9/8 : National Star Trek Day
 9/11 : 9/11 Remembrance
 9/12 : National Chocolate Shake Day
 9/13 : National Positive Thinking Day
 9/18 : National Cheeseburger Day
 9/22 : National White Chocolate Day
 9/30 : National Hot Cider Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00- Pastor Ryan ¹ 10:30- Sittercise 11:00- Trivia 1:30- Poetry Reading 2:30- Patio Pow-Wow	10:00- Walking Club ² 10:30- Library Outing 1:30- BINGO! 2:30- Don't Touch the Color Game	<u>Salon Day</u> ³ 10:30- Meet & Greet 11:00- UNO! 2:00- Live Music with Charmel! 3:00- Golf	10:00- Seth on the Accordion ⁴ 10:30- Traveling Zoo! 1:30- Bible Study 2:30- Sit & Stretch 	9:00- Book Club ⁵ 10:30- Garden Club 11:00- Saturday Sports
9:00- Weekly Buzz ⁶ 9:30- Coffee&Convos 10:00- Guided Meditation 10:30- Yard Yoga <i>*Read today for National Read a Book Day!*</i> 	 10:00- Chaplain ⁷ 10:30- Sittercise 11:00- My Way, My Story 1:30- Card Club 2:30- Movie Matinee	10:00- This Day in History ⁸  10:30- Sittercise 1:30- Poetry Reading 2:30- Armchair Travel 	10:00- Walking Club ⁹ 10:30- Sit & Stretch 11:00- Brain Games 1:30- BINGO!	<u>Salon Day</u> ¹⁰ 10:00- Live Music with David Whitacre! 10:30- Sittercise 1:30- Bowling 3:00- Trivia	10:30- Sit & Stretch ¹¹ 10:45- Sonny the Therapy Dog! 1:30- Bible Study 3:00- Color Match Game 	9:00- Book Club ¹² 10:30- Garden Club 11:00- Saturday Sports 
 <u>Non-Featured Daily Activities:</u> -Sensory Strolls -Spiritual/Daily Devotionals -Neurobics -Reminiscing -Music -1:1 Engagement	9:00- Weekly Buzz ¹³ 9:30- Coffee&Convos 10:00- Guided Meditation 10:30- Yard Yoga <i>Think positive thoughts today! What is one thing you love about yourself?</i> 	10:00- Chaplain ¹⁴ 10:30- Sittercise 11:00- My Way, My Story 1:30- Card Club 2:30- I-Spy Bus Trip!	10:30- Sittercise ¹⁵ 11:00- Table Hockey 2:00- Resident Council 2:30- Delicious Discussions 3:00- Patio Pow-Wow	10:30- Live Music with Anne & Linda! ¹⁶ 11:00- Walking Club 1:30- BINGO! 3:00- Puzzle Mania	<u>Salon Day</u> ¹⁷ 10:30- Sittercise 11:00- Trivia 1:30- YAHTZEE! 2:30- Creative Coloring	10:00- Seth on the Accordion ¹⁸ 10:30- Sit & Stretch 11:00- Help Your Neighbor  1:30- Bible Study
	9:00- Weekly Buzz ²⁰ 9:30- Coffee&Convos 10:00- Guided Meditation 10:30- Yard Yoga	10:00- Chaplain ²¹ 10:30- Sittercise 11:00- My Way, My Story 1:30- Card Club 2:30- Movie Matinee	10:30- Sittercise ²² 11:00- Trivia 1:30- Golf 2:30- Patio Pow-Wow <i>Enjoy some white chocolate from Well Being Staff!</i> 	10:00- Walking Club ²³ 10:30- Sit & Stretch 11:00- Fall Art  1:30- BINGO!	<u>Salon Day</u> ²⁴ 10:30- Sittercise 11:00- This Day in History 1:30- UNO! 3:00- Poetry Reading	10:30- Author Presentation ²⁵ 1:30- Bible Study 3:00- September Birthdays Celebration!
 	9:00- Weekly Buzz ²⁷ 9:30- Coffee&Convos 10:00- Guided Meditation 10:30- Yard Yoga	10:00- Chaplain ²⁸ 10:30- Sittercise 11:00- My Way, My Story 1:30- Card Club 2:30- Movie Matinee	10:00- Live Music with Jean & Abby! ²⁹ 10:30- Sittercise 11:00- Brain Games 1:30- Kickball	10:00- Walking Club ³⁰ 10:30- Sit & Stretch 11:00- Help Your Neighbor 1:30- BINGO! 		 

All activities are subject to change to meet the needs of residents