



ADDITIONAL DAILY ENGAGEMENTS:
-SENSORY STROLLS-SPIRITUAL/DAILY DEVOTIONALS
-NEUROBICS-REMINISCING
-MUSIC-1:1 ENGAGEMENT
-NIGHTLY TV PROGRAMMING OPTIONS -INDEPENDENT OFFERINGS

OCTOBER

MEMORY
WELLNESS

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
**10/1- INTERNATIONAL COFFEE DAY **10/4-NATIONAL TACO DAY		**10/21-NATIONAL APPLE DAY **10/31-NATIONAL CARAMEL APPLE DAY		**10/31-HAPPY HALLOWEEN **OCTOBER IS BREAST CANCER AWARENESS MONTH		
9-WEEKLY BUZZ 10-ARMCHAIR TRAVEL 11-BRAIN GAMES 4 1-PUMPKIN TOSS 2-FITNESS 3-UNO 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-THIS DAY IN HISTORY 11-BRAIN GAMES 5 1-FLOWER ARRANGING 130-CHAPEL 230-FITNESS 3-HANDS & MINDS	9-COFFEE & CONVOS 10-POETRY READING 11-BRAIN GAMES 6 1-THIS DAY IN HISTORY 2-FITNESS 3-COASTER DECORATING 4-HAND & MINDS	9-COFFEE & CONVOS 10-GARDEN CLUB 11-BRAIN GAMES 7 130-BINGO(LP) 230-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-JEWELRY MAKING 11-BRAIN GAMES 8 1-ARMCHAIR TRAVEL 2-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-SPIRITUAL HYMNS 11-CANINE THERAPY 9 1-BRAIN GAMES 2-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-BRAIN GAMES 11-LIVE MUSIC 10 1-POETRY READING 2-FITNESS 3-ECO THERAPY 4-AFTERNOON ENCORE
9-WEEKLY BUZZ 10-ARMCHAIR TRAVEL 11-BRAIN GAMES 11 1-OPEN GAME HOUR 2-FITNESS 3-YAHTZEE 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-THIS DAY IN HISTORY 11-BRAIN GAMES 12 1-MUSIC & MEMORIES 130-CHAPEL 230-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-POETRY READING 11-BRAIN GAMES 13 1-TERRERIUMS 2-FITNESS 3-PUMPKIN PAINTING 4-HAND & MINDS	9-COFFEE & CONVOS 10-PATIO SOCIAL 11-BRAIN GAMES 14 130-BINGO 230-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-JEWELRY MAKING 11-BRAIN GAMES 15 1-STAFF SING ALONG(AR) 2-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-BRAIN GAMES 11-SETH/ACCORDION 16 1-H.Y.N. 2-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-BRAIN GAMES 11-SATURDAY SPORTS 17 1-POETRY READING 2-FITNESS 3-ECO THERAPY 4-AFTERNOON ENCORE
9-WEEKLY BUZZ 10-ARMCHAIR TRAVEL 11-BRAIN GAMES 18 1-OPEN GAME HOUR 2-FITNESS 3-UNO 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-THIS DAY IN HISTORY 11-BRAIN GAMES 19 1-NO BAKE TREATS 130-CHAPEL 230-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-POETRY READING 11-RESIDENT COUNCIL 20 1-THIS DAY IN HISTORY 2-FITNESS 3-UNO 4-HAND & MINDS	9-COFFEE & CONVOS 10-PATIO SOCIAL 11-ANNE & LINDA SING ALONG 21 130-BINGO 230-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-JEWELRY MAKING 11-BRAIN GAMES 22 1-ARMCHAIR TRAVEL 2-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-BRAIN GAMES 11-BALLOON ARCH CRAFT 23 1-H.Y.N. 2-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-BRAIN GAMES 11-SATURDAY SPORTS 24 1-POETRY READING 2-FITNESS 3-ECO THERAPY 4-AFTERNOON ENCORE
9-WEEKLY BUZZ 10-ARMCHAIR TRAVEL 11-BRAIN GAMES 25 1-OPEN GAME HOUR 2-FITNESS 3-YAHTZEE 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-THIS DAY IN HISTORY 11-BRAIN GAMES 26 1-PUZZLE MANIA 130-CHAPEL 230-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-LIVE MUSIC 11-BRAIN GAMES 27 1-HALLOWEEN SHIRTS 2-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-PATIO SOCIAL 11-BRAIN GAMES 28 130-BINGO 230-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-JEWELRY MAKING 11-BRAIN GAMES 29 1-ARMCHAIR TRAVEL 2-FITNESS 3-HANDS & MINDS 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-BRAIN GAMES 11-COSTUME CONTEST 30 1-H.Y.N. 2-FITNESS 3-MONSTER MASH PARTY 4-AFTERNOON ENCORE	9-COFFEE & CONVOS 10-BRAIN GAMES 11-SATURDAY SPORTS 31 1-POETRY READING 2-FITNESS 3-ECO THERAPY 4-AFTERNOON ENCOR



ALL ACTIVITIES ARE SUBJECT TO CHANGE TO MEET THE NEEDS OF RESIDENTS

**PLEASE REFER TO THE DAILY PATH AND WELLZESTA FOR MORE
SCHEDULE INFORMATION**