

WHAT DIFFERENCE DOES 10 MINUTES A DAY MAKE?

If students, especially those between the ages of 5-12, do 10 minutes of structured music learning every school day, their brain development can enhance in the following ways

MUSIC LEARNING HELPS

Higher Processing Speeds

Music learning significantly improves synapse speed which leads to faster processing

Greater Sensorimotor Integration

Music learning enhances sensorimotor integration which enhances processing of data from multiple sources

Enhanced Auditory Processing

Music learning enhances auditory fitness and processing

Improved Neural Connectivity

Music learning enhances connectivity between the right and left brain hemispheres

Better Cognitive Control

Music learning enhances areas of the cognitive control network, particularly inhibitory control

STUDENTS IMPROVE

Memory for multiple instructions

Solving problems both analytically & creatively

Recalling and integrating language sounds

Managing frustration & emotional responses

Maintaining & switching attention effectively

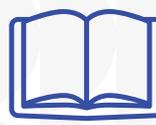
MUSIC SUPPORTS READING READINESS & LOW READERS



When a child can maintain a steady beat



it shows that all the connections in the brain



required for reading



are connected.

