

CMHB, Moraine Township

Minutes of Board Meeting

February 2, 2026

The meeting was called to order at 6:00 pm by Chair Paushter at the Moraine Township Office located at 800 Central Ave, Highland Park.

The following Board Members were in attendance in person: Chair David Paushter, Secretary Kari Guhl, Members Nora Barquin, Daniel Jenks, Allison Levin, Desmond Raftery, Heather Schwartz, Daniel Yohanna.

Also present: Moraine Township Supervisor Nancy Chausow Shafer, Moraine Township Administrator Sanela Abazovic, Rachel Sacks and Lauren Knap from Leading Healthy Futures.

Remote attendance: Case Manager/Community Liaison Guadalupe Somerville.

Absent: Zach Duenow.

Approval of Minutes:

- Member Jenks moved, seconded by Member Yohanna, the approval of minutes from the regular board meeting of January 12, 2026.

Public Comment:

- None

Presentation:

- Rachel Sacks and Lauren Knap from Leading Healthy Futures conducted a Strategic Planning Meeting for all Board Members.
- Rachel gave a quick refresher on the results of the various needs assessment conducted. Board shared thoughts and feedback on findings.
- Affirmed mission and vision statements.
- Discussed and brainstormed values.
- Reviewed one year plan priorities, discussed adjustments and brainstormed key objectives to advance each priority.
- Completed 3 Year Strategic Plan and goals will be finalized by the February 23, 2026 meeting.

Approval of Bills:

- Member Jenks moved, seconded by Member Levin, to approve the bills for the period January 13, 2026 to February 2, 2026 in the amount of \$14,206.39.
Voting Aye by roll call vote: Chair Paushter, Secretary Guhl, Members Barquin, Jenks, Levin, Raftery, Schwartz and Yohanna.
Voting Nay: none. **The motion passed.**

Financial Reports:

- None.

Action Items:

- None

Chair’s Remarks:

- Chair Paushter discussed the grant process and grant timeline.

Executive Session:

- None

Old Business:

- Member Barquin has scheduled focus groups for February and March 2026.

New Business:

- None

Staff Report:

- None

Adjournment:

Member Jenks moved, seconded by Member Levin, adjournment of the meeting at 9:00 pm.

Respectfully submitted:

/s/ Kari Guhl _____

Kari Guhl – CMHB Secretary