

LITTLE SEEDS

Watch Us Grow



WELCOME TO LITTLE SEEDS ELC

Our Early Learning Centre provides beautiful environments to nurture a child's soul.

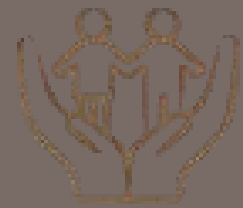
We provide an all inclusive curriculum to enrich each child's learning experience and a commitment to best practice pedagogy that ensures a successful transition to school.

Our dedicated team have a strong commitment to child safety and passion for a child safe environment.





Commitment to Child Safety Statement



Little Seeds ELC Child Safety Summary

At Little Seeds Early Learning, the safety and wellbeing of children is our highest priority. We maintain a zero-tolerance approach to child abuse and are committed to creating a safe, inclusive and respectful environment where every child feels protected, valued and heard. Guided by the Child Safe Standards, National Principles for Child Safe Organisations and relevant NSW legislation, we embed child safety into our leadership, policies and everyday practice. Through strong governance, trained staff, clear reporting processes and partnerships with families, we work proactively to prevent harm and ensure every child is safe, supported and empowered.

“
Respecting a child means treating even the youngest infant as a unique human being, not as an object.
”



Our Learning Philosophy



Preparing Children for a Life of Learning and Wellbeing.

At Little Seeds Early Learning Centre, we offer a fresh approach to early learning. Drawing on the natural environment, we look to inspire children to become curious discoverers, learners, and thinkers - holistically preparing them for a life of learning and well-being.

Led by an experienced and warm educational team, we focus on creating learning experiences that allow children to engage thoughtfully and inquisitively with the ever-evolving world around them.

Our curriculum is a collaborative venture, with input from children and families and developed by qualified early childhood educators.

We believe in stretching the realms of everyday practice and reconceptualising risk through a developmental lens. We advocate for the potential benefits of taking risks for children's agency, learning and well-being as it helps children test their physical limits, develop their perceptual-motor capacity, and learn to avoid and adjust to dangerous environments and activities.



“

We provide children with rich opportunities for open-ended interactions, spontaneous play, risk-taking, exploration, discovery, and meaningful connections with the natural world throughout their day.

”



All-Inclusive Offering

*WE KNOW HOW BUSY FAMILY LIFE CAN BE, SO WE
OFFER AN ALL-INCLUSIVE EXPERIENCE TO HELP MAKE
LIFE
JUST THAT LITTLE BIT EASIER*



5 delicious meals prepared fresh each day by our kitchen team, thoughtfully designed by a nutritionist and proudly Munch & Move approved.



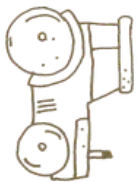
Cot sheets, bed linen and blankets



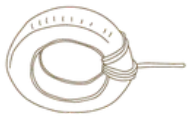
Operational hours from 7:00am - 6:00pm.



Nappies, wipes, nappy cream, and cancer council sunscreen provided



Children's gardening and sustainability program



A unique beach program right at our doorstep in the heart of Cronulla.



Dedicated School Readiness Program



Rooted in the RIE philosophy and enriched by the Anji Play approach.



Access to a Parent App so you can check your child's daily activity, book casual days and stay up to date with centre information



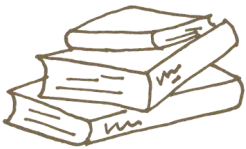
Weekly Art, Mindfulness, Yoga and Music Sessions



Monthly excursions to our local beach - beach led programs



A dedicated parent space where families can grab a piece of fruit or coffee



Access to Family Workshops hosted by a range of experts in their field



Garden to Plate

Nutrition, Produce & Sustainability



Our service values the importance of healthy, fresh and sustainable food. That's why we work alongside a qualified nutritionist to thoughtfully design and create our seasonal menus, all approved by the Munch & Move program.

Our state of the art backyard has an intentional sailing boat, filled with seasonal fruits, vegetables, and herbs. Children and families are encouraged to be actively involved in the planning, upkeep, and harvesting of our garden produce.

“

We recognise that learning is a never ending journey that is nourished by relationships with others and the environment in which we live.”

Our team has completed certified food handling training to ensure all food is prepared safely, hygienically, and in line with best practice standards.

Each month, our team brings learning to life through dedicated outdoor garden programs, where children can dig, plant, nurture and discover the journey of fresh produce from garden to plate.

Our tempting menus have been thoughtfully developed by a qualified nutritionist in alignment with the Munch & Move program, nourishing both body and mind while providing the fuel children need to learn, play and grow.

From puree meals to seasonal whole foods and the incorporation of allergy alternatives, we work with families to ensure each child is meeting their eating and developmental milestones.



Additional Menu Information



Children meals meet Best Practice Guidelines set by The Australian Dietary Guidelines & The Infant Feeding Guidelines.



Our Menus are approved by NSW Government Munch and Move Health Initiative and by their Practising Dietitian & Accredited Nutritionist.



Little Seeds ELC Menus are Nut and Egg Free.



Baby Meals are pureed and we work with parents regarding stages for introducing solids



Infants over the age of 6 months are provided with iron-rich foods, meals and snacks of progressing texture according to their age.



Menus are developed by a qualified nutritionist, focusing on whole foods and healthy ingredients, and are approved by the Munch & Move program.



Our menus are varied and consider special dietary or religious needs.



Children with allergies are provided with appropriate substitutes of foods and drinks in consultation with parents.



Our Menu includes a variety of meals from different cultures and a variety of tastes, colours, textures and flavours.



Water and fresh fruit is available freely throughout the day.



RIE Philosophy



Magda Gerber's RIE philosophy is a fundamental component of how we approach our day and learning with our under 3's community.

This philosophy is based upon respectful practices and interactions to create a calm and peaceful place for your child to build confidence in themselves and their abilities.

The basic principle of RIE philosophy is respectful communication provided in an environment that encourages learning and growth.

Our environment and daily routines are planned for uninterrupted play so children can explore at their own pace and interest. This uninterrupted play allows the learning process to follow the infant's interests.

Understanding the importance of respect, trust, and acceptance allows for the creation of strong relationships in life. A strong sense of self and an even stronger connection to the people and places around them promotes amazing growth and happiness in life beginning as infants and continuing on into adulthood.

“

An authentic child is one who feels secure, autonomous, competent, and connected.

”

Magda Gerber



Risky & Adventurous Play

Adventurous play sometimes referred to as 'risky play' is a natural part of children's play and can often be described as a thrilling and exciting activity.

Involvement in adventurous play provides children with opportunities to explore and test their own capacity, assess risks, manage situations, master new skills, extend their limits and learn life skills.

Research shows that success and failure of adventurous play motivates children to try again and work out different ways of solving problems. It is known to increase their physical and motor skills and teach them about their own limits and capabilities.

We firmly believe children who have opportunities to effectively assess and manage risk at an early age will grow to be capable, resourceful, and resilient individuals who are better equipped to independently solve problems, master new skills, extend their limits and learn important life skills.

Our centre actively support and encourage children to take calculated risks and to make decisions and judgements regarding what they can and cannot do at Little Seeds ELC, ensuring every child can find a sense of mastery at a level they are comfortable with.





All-weather Curriculum



Playing outside in the rain or in cold weather is not only fun, but is also an important part of developing a child's senses, well-being, and most importantly a healthy immune system.

No matter the season, our intentionally designed of the art outdoor yard environments offer unique and abundant opportunities to connect with nature and allow children to see, understand and experience seasonal changes and the different elements.

“
We believe that
outdoor play
should be
embraced by all
types of weather.
”

Children have deeper conversations when around nature, demonstrating a greater sense of awe and curiosity, and a greater level of respect and love for the world surrounding them.

Our curriculum is underpinned by a vision for children who are competent and confident learners and communicators, health in mind, body, and spirit and secure in their sense of belonging.

We strive to foster an appreciation of the natural environment, rain or shine, as this allows for more meaningful learning opportunities around environmental issues and sustainability.



School Readiness



Inspiring curiosity and confidence as we prepare children for a lifetime of learning.

Our school readiness program embraces 21st Century research and focuses on readiness through the lenses of social competence, emotional maturity, language, cognitive skills, communication, and regulation of emotions, fostering independence, and self-help skills.

By fostering intentional play experiences children are more likely to have a positive perception of learning, have the confidence to express their ideas, and build the required disposition and attitudes regarding their readiness for school and continued learning.

“ Drawing on the natural environment we look to inspire children to become discoverers, learners, and thinkers - holistically preparing them for a life of learning and well-being. ”

Our preschools are run by Bachelor degree trained Early Childhood Teachers who work alongside experienced Diploma and Certificate III educators.

We provide a school readiness program that builds knowledge, skills, and behaviours that enable children to participate and succeed in school. We provide families with a home curriculum and offers children's book suggestions, ways to prepare children at home for school and detailed information on how you can extend our classroom learning into your home.





Beach Program



Cronulla Beach Program

At Little Seeds Early Learning Centre, our Cronulla Beach Program transforms the shoreline into a vibrant outdoor classroom where curiosity and discovery come to life. With the sand beneath their feet and the ocean as their backdrop, children become little explorers digging, collecting shells, building sand creations and observing the wonders of rock pools and coastal life.

Inspired by the Belonging, Being and Becoming: The Early Years Learning Framework for Australia, the program supports children to develop a strong sense of belonging and connection to their community and the world around them. Through shared discoveries and joyful exploration, children build relationships, strengthen their wellbeing and develop a deeper appreciation for nature.

Guided by our educators through play-based experiences, children are encouraged to ask questions, experiment, collaborate and imagine. These moments support children's confidence, coordination and sense of adventure, while nurturing a growing respect for the natural environment.

With thoughtful safety practices, trained educators, sun-smart routines and inclusive support for every child, each beach visit becomes a meaningful learning journey — where the sea, sand and sky invite children from Little Seeds to learn, play and grow together.



Our Centre

Little Seeds ELC Caringbah

30 Irrubel Road, Caringbah 2229

Centre Parking

Drop off and pick up is a breeze with plenty of on-site underground parking available for Families at our centre.

Centre Fee's & Family Discounts

See our website for more information.

ENROLMENTS CONTACT DETAILS

If you would like to enrol your child or have any other enquiries, please contact our Enrolments Team.



02 9521 5910 & 0437 220 521



WWW.LITTLESEEDSEARLYLEARNING.AU



LITTLE SEEDS

Watch Us Grow



  @littleseeds_elc

WWW.LITTLESEEDSEARLYLEARNING.AU