

**The following is a sample opt-out letter for Minnesota parents desiring alternative learning instruction specific to comprehensive sexual education and health curriculum, and the administration of student surveys. Schools often appreciate receiving these requests at the beginning of each school year, although a request can be submitted at any time during the school year. This is not intended to serve as legal advice. Please contact us at info@truenorthelegal.org if you need legal assistance or consultation regarding your parental rights and alternative learning instruction in Minnesota.*

Opt-Out Form Letter and Notification Request

Date
School Administrator
Address
City, MN

Dear _____,

This letter is to inform you that pursuant to Minn. Stat. § 120B.20, as well as existing state and federal law, I [both parents may sign, just change to we, etc.] am exercising my right as a parent to request alternative learning instruction for our/my child(ren), _____ with respect to participating in any curricula, lessons, physical education programs, assemblies, or any other presentations during the school day that include exposure to and information on topics relating to family life issues, sexual health and education, topics on gender identity, sexual orientation, and comprehensive health programs, or any other subject matter related to comprehensive sexual education, such as but not limited to the following materials about these topics:

- Classroom discussion and instruction, as well as information and advocacy including distribution of brochures, exposure to books, presentations, written materials used for instructional purposes or given to students.
- Documents, training materials, PowerPoint slide shows, or other presentations provided by teachers, district administration, staff, state agencies, and outside organizations.

Further, pursuant to federal law, my child will not participate in any student surveys or questionnaires that inquire about sexual behaviors, sexual orientation, sexual or gender identity, pronoun usage, bullying, and personal information about the student or student's family members. Requiring my child to participate in this survey without my consent is a violation of my parental rights under federal law.

[If opting out of a specific event the following paragraph may be applicable: More specifically, my child/ren will not be participating in _____ (Enter information here about any specific book, lesson, assembly, or other curricula that your child is not permitted to participate in)].

I respectfully request that I be notified in writing within a reasonable amount of time in advance of all instruction and surveys relating to family life issues and comprehensive sexual education including, but not limited to sex education, sexual orientation, gender identity, or any other subject matter related to sexuality, or comprehensive health programs, presented to my child(ren). I understand I may need to work with the school to make alternate instructional accommodations. Please treat this letter as protected and confidential student records. I look forward to your cooperation.

Thank you,

Parent/s or guardian

SAMPLE