

HLTAID013

Provide First Aid in Remote or Isolated Sites

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Overview

This nationally recognised first aid course prepares you to manage a medical situation in a remote area, provide extended care to a casualty, and coordinate communication and evacuation when required.

Whether you work on a mine site, construction, outdoor recreation, agriculture or community services, this remote first aid training ensures you can confidently provide first aid in remote environments.

Who is this course for?

This course is designed for people who work or travel in remote or isolated environments where emergency services may be delayed.

It is ideal for remote site workers, FIFO personnel, outdoor guides, industrial teams, remote medics and anyone responsible for providing first aid in remote or isolated site situations requiring prolonged care and evacuation planning.

Course structure

Throughout this HLTAID013 Provide First Aid in Remote or Isolated Sites course, you will develop the advanced skills and knowledge to:

- Conduct a thorough risk assessment of a remote or isolated site
- Deliver effective CPR and resuscitation in line with Australian Resuscitation Council guidelines
- Manage trauma, environmental injuries and medical conditions in a remote area
- Provide extended first aid care until emergency services arrive
- Monitor and reassess a casualty over time
- Plan and assist with evacuation from a remote site
- Document and report the situation

From: \$345

(Fees vary by location and session)

Location

Australia Wide Practical courses
in Ballina, NSW

Delivery Mode

Online pre-course learning +
face-to-face practical session

Duration

Online 12-16 Hours + up to 7.5
Hours in-person

Upcoming Intake

Refer to our booking system

Pre-Course Learning (12-16 Hours)

What is this unit?

The online pre-course learning is the theory component of HLTAID009, HLTAID011 and HLTAID013 Provide First Aid in Remote or Isolated Sites. It prepares students with the essential remote first aid knowledge required before attending the practical training session.



Why does it matter?

In a remote or isolated site, emergency services may be delayed, limited or difficult to access. Understanding environmental risks and prolonged care principles is critical to delivering safe and effective first aid in remote situations.

What you will learn?

Students complete enhanced remote-first-aid theory modules covering environmental hazards, risk management and prolonged-care considerations. The content explores how to assess a remote situation, manage a casualty over extended periods, and plan for evacuation where required.

How you'll be assessed?

Assessment during the online component includes structured knowledge assessments designed to confirm understanding of remote first aid theory, environmental factors and prolonged-care management. All online content must be successfully completed prior to attending the practical training session.

Practical benefit?

By completing the online pre-course learning, students gain the foundational knowledge required to confidently provide first aid in remote or isolated site situations. It ensures participants arrive at practical training ready to apply their skills, make informed decisions and manage situations.

Practical In-Person Training (7.5 hours)

What is this unit?

The practical course learning component of HLTAID013 Provide First Aid in Remote or Isolated Site is the hands-on training session where students apply their remote first aid skills in realistic, scenario-based environments.

Why does it matter?

Remote or isolated site emergencies often involve prolonged care, limited resources and complex decision-making. Practical training ensures students can confidently respond to high-pressure situations, manage casualties over extended periods and adapt to challenging environmental conditions.

What you will learn?

Students take part in hands-on, scenario-based training covering prolonged patient care, multi-casualty and triage situations, life-threatening bleeding, adult and infant CPR with AED use, temperature-related emergencies, major trauma cases and remote communication challenges for emergency coordination and evacuation.

How you will be assessed?

Assessment is conducted through practical demonstrations and simulated first aid scenarios. Students must demonstrate competency in CPR performance, casualty management, bleeding control, trauma response, triage processes and prolonged care strategies in line with remote first aid requirements.

Practical benefit?

By completing the practical training, students develop the confidence and capability to provide first aid in remote or isolated site environments. Graduates leave prepared to manage serious emergency situations, stabilise casualties during prolonged care periods and coordinate evacuation when required.



Career Pathways

This first aid in remote or isolated environments course is ideal for:

- Mining and resource workers
- Construction and infrastructure teams
- Outdoor recreation leaders
- Agricultural and regional workers
- Community and humanitarian responders
- Anyone responsible for safety at a remote site

If you work in an area where medical assistance may be delayed, this course ensures you can confidently provide first aid when it matters most.

These pathways allow students to build on their first aid skills and continue developing a career in health, safety or emergency services.

- HLTAID014 Provide Advanced First Aid
- HLTAID015 Advanced Resuscitation
- HLT21020 Certificate II in Medical Service First Response
- HLT31220 Certificate III in Basic Health Care
- HLT41120 Certificate IV in Health Care (First Responder / EMT Medic)
- Diploma - HLT51020 Diploma of Emergency Health Care
- Bachelor of Paramedic Science (University, not offered by IPC)

Certification and validity

Upon successful completion of HLTAID013 Provide First Aid in Remote or Isolated Site, you will be awarded HLTAID013 Provide First Aid in Remote or Isolated Site units, HLTAID009 Cardiopulmonary Resuscitation and HLTAID011 Provide First Aid under the Australian Qualifications Framework (AQF), due to overlapping unit requirements

Safe Work Australia's Model Code of Practice: First Aid in the Workplace. This code states that first aid qualifications should be renewed every 3 years to ensure first aiders maintain their competence and stay up to date with current practices. The Australian Resuscitation Council (ARC) provides guidelines on resuscitation practices. The ARC does recommend that CPR skills be refreshed annually to maintain proficiency.