

For Individuals who are a part of, connected to or support older adults and their families.



bit.ly/OlderAdultMHFA

Mental Health First Aid for Older Adults

The course will teach you how to apply the MHFA Action Plan (ALGEE):

- **Assess** for risk of suicide or harm.
- **Listen** nonjudgmentally.
- **Give** reassurance and information.
- **Encourage** appropriate professional help.
- **Encourage** self-help and other support strategies.

Free Course • Space is Limited

**July 21 & 22
1:00 PM - 5:00 PM**

**Community Connection of Wallowa County
702 NW 1st St. Enterprise, OR 97828**



For more info and to enroll



Sandra Gore
sandra.gore@wvcenterforwellness.org
Rod Harwood
rharwood@gobhi.org