



DINNER



PROVIDED

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STAIR

COACHING PROGRAM

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10 WEEK LIFESTYLE PROGRAM

BUILD SKILLS IN:

★ **MOOD
REGULATION**

★ **RELATIONSHIP
BUILDING**

★ **SOCIAL
FUNCTIONING**

EVERY TUESDAY 5:30 - 7:00 PM • STARTING SEPTEMBER 8TH
606 MEDICAL PARKWAY, ENTERPRISE, OR



COURSE IS AVAILABLE ONLINE OR IN PERSON



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