

EXPEDITION SKILLS SEMINAR - KAUTZ EQUIPMENT LIST

- ☐ **BACKPACK**
- ☐ **SLEEPING BAG & COMPRESSION STUFF SACK**
- ☐ **SLEEPING PADS (INFLATABLE & CLOSED FOAM)**
- ☐ **ICE AXE**
- ☐ **HYBRID ICE AXE with HAMMER**
- ☐ **CLIMBING HARNESS**
- ☐ **1 TRIPLE-ACTION LOCKING CARABINER**
- ☐ **1 LOCKING CARABINER**
- ☐ **3 NON-LOCKING CARABINERS**
- ☐ **CRAMPONS**
- ☐ **AVALANCHE TRANSCIEVER**
- ☐ **TREKKING POLES**
- ☐ **BELAY DEVICE**
- ☐ **MECHANICAL ASCENDER (OPTIONAL)**
- ☐ **TRACTION PULLEY DEVICE (OPTIONAL)**
- ☐ **SEWN PRUSSIK LOOP (OPTIONAL)**
- ☐ **24' of 6 MM PERLON CORD**
- ☐ **15' of 7 MM PERLON CORD**
- ☐ **HELMET**
- ☐ **WARM HAT**
- ☐ **BALL CAP or SUN HAT**
- ☐ **BUFF**
- ☐ **HEADLAMP with BATTERIES**
- ☐ **GLACIER GLASSES**
- ☐ **GOGGLES**
- ☐ **LIGHT WEIGHT GLOVES**
- ☐ **MEDIUM WEIGHT INSULATED GLOVES**
- ☐ **HEAVY WEIGHT INSULATED GLOVES or MITTENS**
- ☐ **LIGHT WEIGHT BASE LAYER TOP or SUN HOODY**
- ☐ **LIGHT WEIGHT INSULATING LAYER - TOP**
- ☐ **MEDIUM WEIGHT INSULATING LAYER - TOP**
- ☐ **RAIN JACKET (HARD SHELL)**
- ☐ **INSULATED PARKA with HOOD**
- ☐ **UNDERWEAR / SPORTS BRA**
- ☐ **LIGHT TO MEDIUM WEIGHT BASE LAYER BOTTOM**
- ☐ **SOFTSHELL CLIMBING PANTS**
- ☐ **RAIN PANTS (HARD SHELL)**
- ☐ **LIGHT WEIGHT TREKKING PANTS or SHORTS (OPTIONAL)**
- ☐ **MOUNTAINEERING BOOTS**
- ☐ **HIKING BOOTS / APPROACH SHOES (RECOMMENDED)**
- ☐ **GAITERS**
- ☐ **2 PAIR of SOCKS**
- ☐ **MEALS & EATING UTENSILS**
- ☐ **2 - 3 WATER BOTTLES (32 OZ)**
- ☐ **GALLON ZIPLOCK BAG**
- ☐ **2 LARGE GARBAGE BAGS**
- ☐ **PERSONAL TOILETRIES**
- ☐ **SUNSCREEN & LIP BALM**
- ☐ **EAR PLUGS**
- ☐ **SPARE CONTACT LENSES / EYEGLASSES (OPTIONAL)**
- ☐ **CELL PHONE / CAMERA / POWERBANK (OPTIONAL)**
- ☐ **SMALL PERSONAL FIRST AID KIT**

