



Montana Psychiatric Access Line

844.406.8725

No-cost consultations for Montana-based providers caring for patients who are pregnant, postpartum, or aged 0-21.

No-cost services for providers

Answers to Diagnostic & Clinical Questions

Get clarity and confidence to diagnose and treat your patients with the support of our psychiatrists and licensed clinical social workers without having to send your patient out for a referral with a long wait time.

Medication Management & Treatment Planning

Confidentially discuss patient cases to determine the best treatment plan and medication options for a variety of mental health conditions and substance use disorders.

Care Coordination & Referrals

Get referrals and recommendations for specialized behavioral health treatment and other community-based resources like peer support groups, housing support, or education.

Initial & Follow-Up Consultations

MTPAL can provide one-time initial psychiatric evaluations of patients in especially complex cases. Following the initial evaluation, MTPAL is available to support the primary provider in further case management.

How to access MTPAL

Step 1

Call 844.406.8725 to consult with one of our MTPAL psychiatrists during daytime business hours: Monday-Friday from 8 AM - 5 PM.

*Online e-consult requests are also available for providers serving pregnant and post-partum patients.

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Step 2

A care coordinator will screen and triage calls to ensure they are appropriate for the line and ask for patient demographics, contact information, and a summary of the consultation request. Please have patient information on-hand.

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Step 3

A Psychiatrist will return your call within approximately 30 minutes, during business hours.

Meet your psychiatrists

MTPAL is staffed by the team at Frontier Psychiatry, a leading telepsychiatry provider created in 2019 by passionate psychiatrists who believe that every community deserves access to great psychiatric care and addiction care.



Dr. Megan Verlage, MD:
Adult & Perinatal Psychiatrist



Dr. Swathi Krishna, MD:
Child & Adolescent Psychiatrist

Dr. Verlage is a Board-Certified General Adult Psychiatrist. After finishing her undergraduate education at Harvard University and medical school training at the Ohio State University College of Medicine, she completed her residency at UT Southwestern Medical Center in Dallas, Texas.

During residency, Dr. Verlage completed the Women's Mental Health track which included specialized training in helping with psychiatric needs related to pregnancy, the postpartum period, infertility, pregnancy loss, pre-menstrual syndromes, and perimenopause. She also received awards for teaching and patient case formulation.

Dr. Verlage believes in empowering patients throughout their mental health journey. She strives to ensure that patients and families understand their symptoms, treatment options, and what to expect from treatment with medications.

Dr. Swathi Krishna is dual board-certified in general psychiatry and child and adolescent psychiatry. Dr. Krishna works with children, adolescents, and young adults. Her treatment modalities include medication management, holistic treatments, cognitive behavioral therapy, and mindfulness.

Dr. Krishna collaborates with patients to create attainable goals and treatment plans that incorporate both the mind and body.

Swathi completed her general psychiatry residency at Morehouse School of Medicine and her child and adolescent psychiatry fellowship at Emory School of Medicine. She is also an alumnus Minority Fellow of the American Psychiatric Association and has worked on special projects for mental health innovation through the APA and Stanford University.

About MTPAL

How it formed

Montana's PRISM Perinatal Psychiatric Consultation Line and Montana Access to Pediatric Psychiatry Network The Department of Public Health and Human Services (DPHHS) Health Resources Division (HRD) PRISM Perinatal Psychiatric Consultation Line and DPHHS Early Childhood and Family Support Division (ECFSD) Montana Access to Pediatric Psychiatry Network (MAPP-NET) have partnered to create and launch one combined free, statewide psychiatric consultation line.

MTPAL integrates behavioral health into maternal and pediatric primary care by supporting providers through teleconsultation and education to diagnose, treat, and refer perinatal patients, postpartum patients, and children with behavioral health conditions in Montana. The program aims to achieve health equity and outcomes related to racial, ethnic, and geographic disparities in access to care.

Who it's for

The services, consultations, and education opportunities by MTPAL are for any Montana-based clinician who is caring for the mental health of pregnant people, people in the postpartum period, or youth from age 0-21. This may include but is not limited to Medical Doctors, Doctors of Osteopathic, midwives, obstetric providers, primary care providers, pediatricians, psychiatric providers, psychologists, nurse practitioners, physician assistants, nurses, medical assistants, care coordinators, and social workers.



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