



# Montana Psychiatric Access Line

## For Montana healthcare professionals working with Pregnant and Postpartum Patients

### A Free Webinar Series presented by MT-PAL For MOMS formally known as PRISM Presents Series.

#### Upcoming Webinars

January 15, 2025	February 12, 2025	March 12, 2025	April 16, 2025	May 14, 2024
<b>Understanding Perinatal Mental Health:</b> Prevalence, Risks, and Impacts	<b>The Untreated Crisis:</b> Consequences of Ignoring Perinatal Mental Health	<b>Addressing Disparities in Perinatal Mental Health Care</b>	<b>Why Early Intervention Matters:</b> Preventing Intergenerational Transmission of Mental Health Risks	<b>Screening with Sensitivity:</b> Identifying Maternal Mental Health and Substance Use Disorders
June 11, 2025	July 16, 2025	August 13, 2025	September 17, 2025	October 15, 2025
<b>Bridging the Gap:</b> Workforce Development and Training in Perinatal Mental Health	<b>Recognizing the Red Flags:</b> Early Signs of Perinatal Mental Health Disorders	<b>Perinatal Psychiatry and Medication Safety:</b> What You Need to Know	<b>Differential Diagnosis:</b> Distinguishing Perinatal Mental Health Disorders from Normal Postpartum Adjustments	<b>Understanding the Overlap:</b> The Link Between Maternal Mental Health and Substance Use Disorders

#### THE DETAILS:

- No Cost
- 12:00 - 1:00 MST
- Hosted by the expert hub at MTPAL for MOMS

## Register Here

MT PAL for MOMs, formerly known as PRISM Presents, is a free webinar series covering topics about mental health during the perinatal period. Our expert hub will present didactics that will empower clinicians in evidence-based best practices in the care and treatment of pregnant and postpartum patients who have mental health concerns. All trainings are presented free of charge to Montana healthcare professionals.



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Pregnant and Postpartum Patients

## Upcoming Webinars

- **Understanding Perinatal Mental Health: Prevalence, Risks, and Impacts** An overview of perinatal mental health disorders, their prevalence, and the unique risks associated with childbirth and the postpartum period.
- **The Untreated Crisis: Consequences of Ignoring Perinatal Mental Health** Exploring the negative outcomes of untreated perinatal mental health disorders, including impacts on maternal health, child development, and family dynamics.
- **Addressing Disparities in Perinatal Mental Health Care** Highlighting barriers faced by marginalized communities and innovative approaches to improving access for underserved populations.
- **Why Early Intervention Matters: Preventing Intergenerational Transmission of Mental Health Risks** Discussing the importance of reducing maternal stress during pregnancy and promoting sensitive caregiving to support healthy child development
- **Screening with Sensitivity: Identifying Maternal Mental Health and Substance Use Disorders** Screening tools and strategies to identify mental health and substance use challenges in pregnant and postpartum individuals
- **Bridging the Gap: Workforce Development and Training in Perinatal Mental Health** Showcasing programs like Perinatal Psychiatry Access Programs that equip providers to better serve maternal mental health needs.
- **Recognizing the Red Flags: Early Signs of Perinatal Mental Health Disorders** Educating caregivers and providers on how to identify symptoms of depression, anxiety, and postpartum psychosis.
- **Perinatal Psychiatry and Medication Safety: What You Need to Know** Addressing concerns about medication during pregnancy and breastfeeding, and how collaborative care adapts to ensure safety.
- **Differential Diagnosis: Distinguishing Perinatal Mental Health Disorders from Normal Postpartum Adjustments** How psychiatrists approach diagnosing perinatal depression, anxiety, and psychosis versus normal postpartum emotional shifts.
- **Understanding the Overlap: The Link Between Maternal Mental Health and Substance Use Disorders** Insights into how mental health and substance use disorders co-occur during the perinatal period and why integrated care is essential.