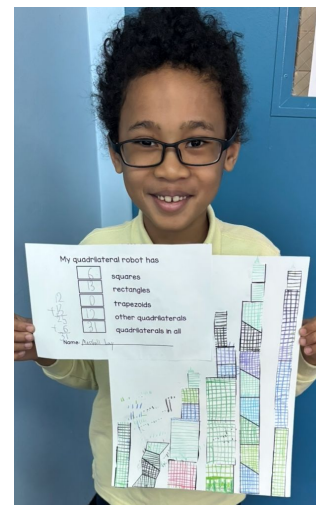
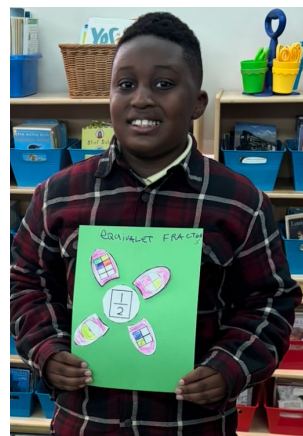
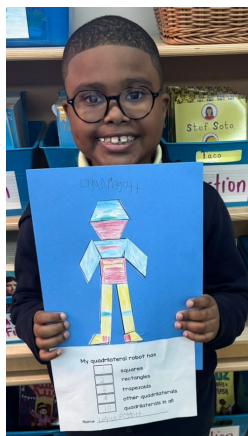


Nest News at P.S. 26

April 2025



THIS MONTH WE ARE HIGHLIGHTING MS. GREENE AND MS. BURKE'S THIRD GRADE CLASS!



Check out our March Math Projects!

Sensory Station - Sensory Strategies from School to Try at

I need a break



In the Nest Program we encourage students to ask for breaks when they feel it is necessary. When children ask for a break, they are showing self-awareness of how they are feeling, they are advocating for themselves by speaking up about something they need, and they are utilizing a productive strategy to remain calm.

Asking for a break is a huge step towards independence because they are learning to self-regulate with minimal support from adults. Next time your child asks to take a break from their homework or chores, try giving them a few minutes to relax right when they ask. See if it helps them stay regulated!



Check out this famous autistic person: [Jim Eisenreich](#)!

Autism in the News:

- NewScientist explores how the female autistic brain works differently than the male one, especially when it comes to [social motivations and behaviours](#). As a result, an entirely new picture of autism in girls is crystallising!
- Pierre Novellie asks: Eccentric, blunt-speaking characters who [present as being on the spectrum](#) are everywhere on our screens – but why are their creators so reluctant to state it openly?
- Thinking ahead for our students: autistic self-advocate [Temple Grandin](#) shares her best advice for preparing autistic adults for the workplace.

Put It On Your Calendar! 🌧 Spring Break 4/12 - 4/20 🌧 ELA State Testing for Grades 3-5: 4/29 & 4/30