

The Clinical and Pedagogical Legacy of Dr. Zeeshan Haider, FRCGP

From Ayubian Scholar to National Medical Leader

Fellow of the Royal College of General Practitioners

Lead Facilitator, RCGP SCA Preparation Course

Partner, Manor House Surgery (CQC 'Outstanding')



Profile at a Glance: The Four Pillars of Practice



The Clinician

Partner at Manor House Surgery.
Prescribing & Diabetes Lead.



The Educator

PG Cert in GP Education (Distinction).
Trainer & Appraiser for ST3 Trainees.



The Assessor

RCGP Examiner across three eras (CSA, RCA, SCA).
ARCP Panel Chair.



The Origin

Ayub Medical College (1996-2001).
Lady Reading Hospital, Peshawar.

An archetype of the modern medical leader: advancing standards in both patient care and workforce development

Forged in High-Acuity Environments: The International Launchpad



Building the Generalist: A Comprehensive Clinical Matrix

Obstetrics & Gynaecology

Antenatal/postnatal care, complex contraception, and acute gynecological emergencies.

Paediatrics

Differentiating self-limiting illness from life-threatening emergencies; safeguarding and developmental milestones.

Accident & Emergency

Rapid identification of 'Red Flag' symptoms, trauma management, and stabilization.

General Medicine

Bedrock of chronic disease management (Cardiovascular, Respiratory, Renal, Endocrine).

Driving Excellence at at the Community Level

Role: GP Partner, Manor House Surgery (Glossop & Hadfield).

The Distinction: CQC Rating of 'Outstanding'.

The Philosophy: Multidisciplinary leadership ensuring prompt, empathetic intervention.

Partners: Dr. Wilkinson, Dr. Dudbridge, Dr. Dumitru, Dr. Jha, Dr. Lee, Dr. Moore, Dr. Woon.



“The help, support and advice provided was exactly right... resulting in immediate symptomatic relief.”

— Patient Feedback, Oct 2025

Specialization Spotlight: Architect of Chronic Disease Management

Credential: Postgraduate Diploma in Diabetes

Mastery of complex pharmacology and insulin titration.

Strategy: Protocol Design

- NICE-compliant clinical pathways.
- QOF Optimization: HbA1c, BP control, retinal screening.

Impact: Patient Outcomes

- Prevention of diabetic ketoacidosis.
- Reduction of secondary care burden (amputation prevention, renal protection).

Strategic Operations: The Nexus of Pharmacology & Economics



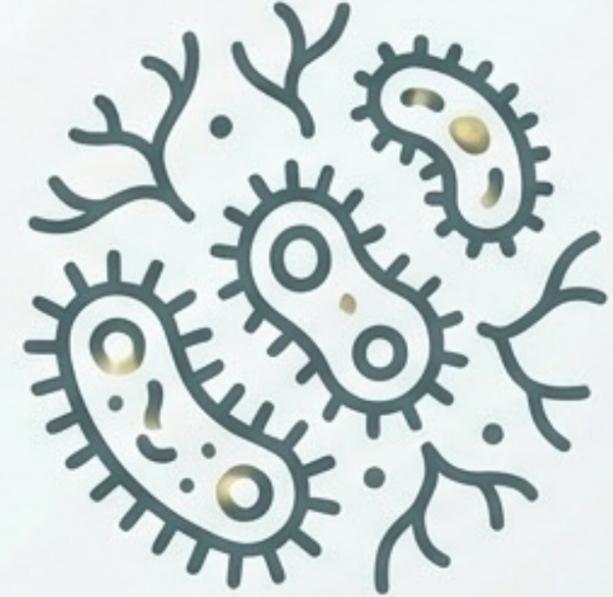
Safety

- Monitoring MHRA safety alerts.
- Polypharmacy Reduction: Deprescribing for the frail elderly.



Economics

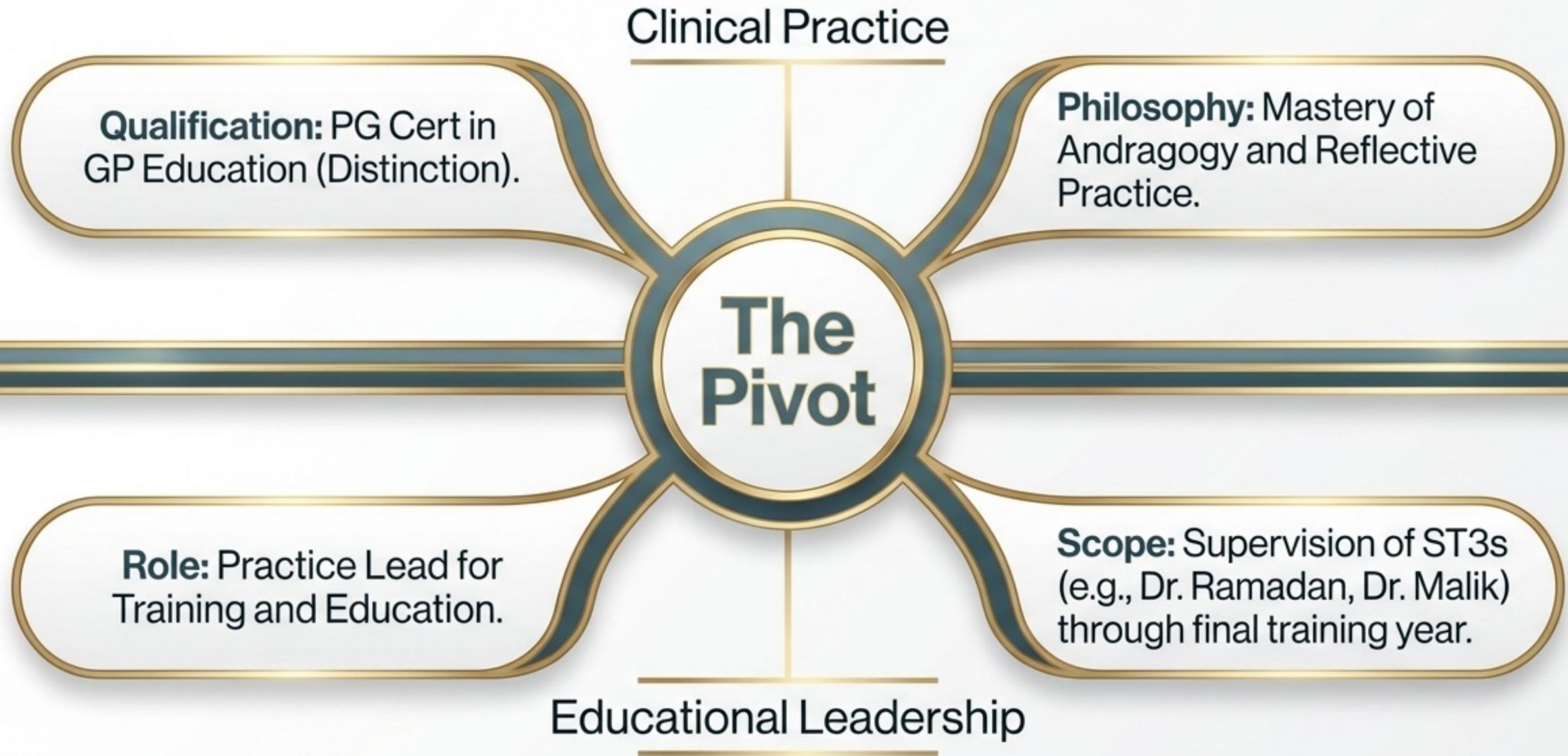
- ICB Formulary Compliance.
- Cost-efficacy without compromising safety.



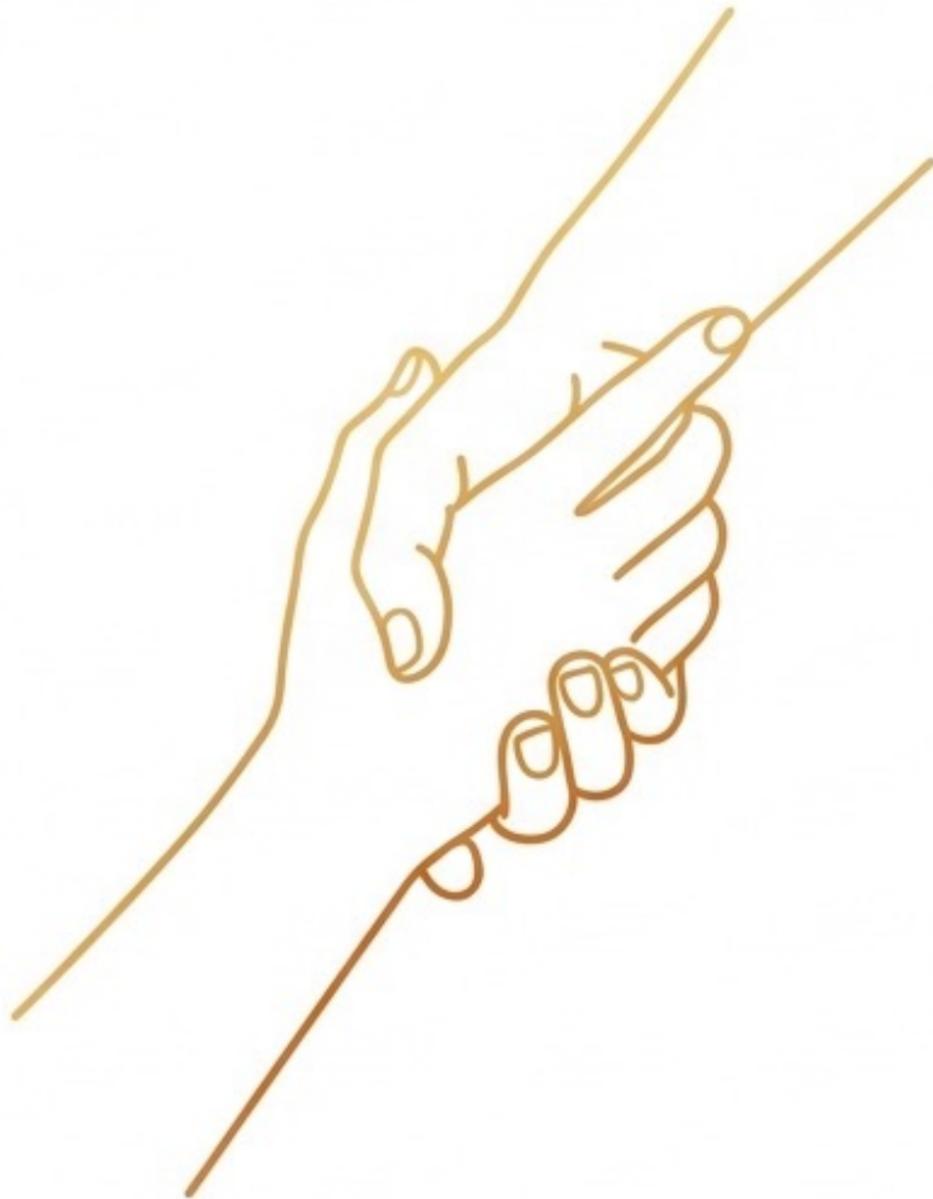
Stewardship

- Antimicrobial Stewardship.
- Auditing antibiotic prescribing to combat resistance.

From Clinician to Pedagogue



The 'Ayubian' Empathy: Remediation & Mentorship



The Mission: Supporting trainees facing failure, neurodivergence, or cultural barriers.

The Intervention: Bespoke, targeted remedial curricula to rebuild professional confidence.

Recognition: Fellow of the Royal College of General Practitioners (FRCGP)

Citation: Awarded for “pioneering initiatives to support struggling trainees.”

Upholding Professional Standards: The Regulatory Guardian

The Gatekeeper: ARCP Panel Chair

Reviewing digital portfolios. Making binding judgments on competence (Outcome 1 to 4).

The Peer Reviewer: NHSE Appraiser

Reviewing CPD logs and Quality Improvement projects for revalidation.

The Strategist: Northwest Fellowship

Committee member overseeing post-CCT retention initiatives.

Adaptation Through Assessment Eras: The RCGP Examiner



Core Expertise: Data Gathering, Clinical Management, Interpersonal Skills.

Preparing the Next Generation: National Lead Facilitator

RCGP SCA Preparation Course

-  **Deconstruction:** Breaking down the 12-minute consultation.
-  **Simulation:** Live mock cases with professional role-players.
-  **Feedback:** Immediate, calibrated verbal feedback from official examiners.
-  **Observation:** Peer learning through observing 10+ cases.

Role: Leading the official RCGP 1-day course.

Methodology: Interactive, pragmatic, and evidence-based.

Evidence-Based Innovation: Academic Footprint

Microvascular Health



Retinal Microcirculatory Improvements Following Ocufolin Supplementation in Diabetic Retinopathy.

Health Technology



Cuffless blood pressure estimation via ANN-LSTM networks for remote monitoring.

Public Health



Global Surveillance of Physical Activity of Children and Youth.

The Personal Ethos: Resilience, Teamwork, & Cultural Intelligence

Team Dynamics

Cricket and Football.

Mirrors the collaborative, high-staked demands of a multidisciplinary primary care team.



Cultural Competence

Global Travel.

Fostering the empathy required to navigate the diverse demographics of the NHS.



A Legacy of Care and Cultivation

Today:

Treating the community with 'Outstanding' care and preserving patient safety through regulatory oversight.

Tomorrow:

Cultivating the workforce that will treat the future through remediation, examination, and national-level training.

Dr. Zeeshan Haider: An Ayubian Leader and NHS Cornerstone.