



CONTACT

 Peshawar (KPK)- Pakistan

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EDUCATION

- Certificate in Health Profession Education (CHPE)**
Khyber Medical University
Peshawar, Pakistan | **July 2024**
- MCPS (Gynaecology & Obstetrics)**
College of Physicians and Surgeons
Pakistan | **December 2010**
- FCPS (Gynaecology & Obstetrics)**
College of Physicians and Surgeons
Pakistan | **October 2009**
- Bachelor of Medicine and Bachelor of Surgery (MBBS)**
Ayub Medical College, Khyber Medical University, Peshawar, Pakistan | **October 2001**

MEMBERSHIPS & LICENSES

PMDC Registration #: 9837-N

RESEARCHES & PUBLICATIONS

- Article Title:** Vaginal Breech Delivery: Still a Safe Option
- Article Title:** Association of Maternal Hypertension with Placental Abruption
- Article Title:** Vesicovaginal and Rectovaginal Fistulas: 12-Year Results Of Surgical Treatment
- Article Title:** Effect Of Epidural Analgesia On Labor And Its Outcomes
- Article Title:** Neonatal Outcome In Pre-Eclamptic Patients
- Article Title:** Surgical Treatment of Urinary and Fecal incontinence

Dr. Attiya Ayaz

Consultant Gynaecologist (FCPS, MCPS) | CHPE Certified

SUMMARY

FCPS-qualified Consultant Gynaecologist with over 24 years of progressive experience in obstetrics and gynecology across tertiary-care teaching hospitals and private healthcare institutions. Proven expertise in managing routine and high-risk pregnancies, obstetric emergencies, gynecological surgeries, and perioperative care. Skilled in supervising and mentoring medical staff, delivering undergraduate and postgraduate education. Holds advanced qualifications in Medical Education (Certificate in Health Profession Education) and recognized credentials including MBBS, MCPS, and FCPS (Gynaecology & Obstetrics). Running 48 beds of Gynae Unit as Head of Department and Supervisor. Experienced in multidisciplinary team leadership and patient-centered care.

PROFESSIONAL EXPERIENCE

Consultant Gynaecologist Dec 2023 – Till Date
Sami Medical Hospital | Abbottabad – Pakistan

- Provide comprehensive obstetric and gynecological care in OPD, emergency, and inpatient settings.
- Manage normal and high-risk pregnancies, including antenatal, intrapartum, and postnatal care.
- Perform normal vaginal deliveries, assisted deliveries, and cesarean sections.
- Diagnose and treat common gynecological disorders including menstrual irregularities, PID, fibroids, and ovarian cysts.
- Manage obstetric emergencies such as PPH, eclampsia, and ectopic pregnancy.
- Ensure accurate medical documentation and compliance with clinical protocols.

Professor – Gynecology Mar 2022 – Nov 2023
Women Medical College | Abbottabad – Pakistan

- Provided comprehensive clinical services in OPD, antenatal clinics, labor room, and inpatient wards.
- Managed routine and high-risk pregnancies, including pre-eclampsia, gestational diabetes, and obstetric emergencies.
- Diagnosed and treated gynecological conditions such as abnormal uterine bleeding, fibroids, ovarian cysts, infertility, and pelvic inflammatory disease.
- Conducted and supervised minor gynecological procedures including D&C, MVA, episiotomy repair, and IUCD insertion/removal.
- Supervised and mentored registrars, medical officers, house officers, and nursing staff in clinical duties.
- Delivered lectures, bedside teaching, and clinical training to undergraduate and postgraduate students.

Associate Professor – Gynecology Jan 2020 – Mar 2022
Women Medical College | Abbottabad – Pakistan

- Provided specialized gynecological care in OPD and inpatient wards for routine and complex cases.
- Diagnosed and managed AUB, fibroids, ovarian cysts, endometriosis, infertility, and PID.
- Performed and supervised gynecological procedures including D&C and minor operative surgeries; assisted in major procedures.
- Managed perioperative care and postoperative follow-up of surgical patients.
- Supervised junior doctors and residents and provided clinical teaching to students.
- Maintained clinical documentation and ensured adherence to standard treatment and infection control protocols.

- **Article Title:** Vesicovaginal and Rectovaginal Fistulas 12-Years Results of Surgical Treatment
- **Article Title:** Frequency of Malignancies in Surgical Subjects and subjects with Mass in Breast in the Surgical Department of Pumhsw Nawabshah Pakistan **December 14th, 2021**
- **Article Title:** Maternal Anaemia as a Risk Factor for Adverse Neonatal Outcome **December 31st, 2021**
- **Article Title:** Stratification for Risk Factors and its Correlation to Outcome in Children with Malnutrition of Age 6 Months to 5 Years **February 19th, 2022**
- **Article Title:** Frequency of Celiac Disease in Type 1 Diabetic Children Presenting at Tertiary Care People Medical College Hospital Nawabshah Pakistan **March 10th, 2022**
- **Article Title:** Raised D-Dimer Levels before Delivery as an Effective Predictor of Postpartum Hemorrhage **March 31st, 2022**
- **Article Title:** Frequency of Different Histological Types of Breast Tumors Reported at DHQ Hospital Abbottabad Pakistan **March 10th, 2022**
- **Article Title:** Homocysteine Levels in Acute Ischemic Stroke **March 10th, 2022**
- **Article Title:** Homocysteine Levels in Acute Ischemic Stroke **March 10th, 2022**
- **Article Title:** Efficacy of Intrauterine Balloon Tamponade for Treatment of Post-Partum Hemorrhage **September 30th, 2022**
- **Article Title:** Etiological Risk Factors for Neonatal Jaundice **March 31st, 2022**
- **Article Title:** Raised D-Dimer Levels Before Delivery as an Effective Predictor of Postpartum Hemorrhage **March 31st, 2022**

WORKSHOPS & CERTIFICATIONS

- **Effective Teaching Aids** Women Medical College & Women Dental College **May 30th, 2023**

Assistant Professor – Gynecology

Mar 2011 – Jan 2020

Women Medical College | Abbottabad – Pakistan

- Provided clinical care in Gynae & Obs OPD, antenatal clinics, labor room, and wards.
- Managed routine and moderate-risk pregnancies and obstetric cases.
- Conducted normal vaginal deliveries and assisted in elective/emergency cesarean sections.
- Diagnosed and treated common gynecological disorders (AUB, PID, ovarian cysts, menstrual irregularities).
- Performed minor gynae/obstetric procedures (D&C, episiotomy/perineal repair, IUCD insertion/removal).
- Assisted in clinical teaching, maintained medical records, and participated in emergency duties.

Senior Registrar – Gynecology

Oct 2010 – Dec 2010

Ayub teaching Hospital | Abbottabad – Pakistan

- Independently managed gynecological patients in OPD, wards, and emergency services under consultant oversight.
- Assessed, investigated, and formulated management plans for routine and complicated gynecological cases.
- Performed and assisted in minor gynecological surgeries and procedures, including dilatation and curettage (D&C).
- Provided first-line management of gynecological emergencies such as ectopic pregnancy and acute abnormal uterine bleeding.
- Supervised house officers and junior staff in clinical duties and patient management.
- Ensured accurate clinical documentation, operative notes, and discharge summaries.

Senior Registrar & In-Charge – Emergency Labour Room (Gynecology Department)

Jun 2010 – Aug 2010

Ayub teaching Hospital | Abbottabad – Pakistan

- Led and supervised all clinical operations of the emergency labour room, ensuring continuous obstetric care.
- Independently managed obstetric emergencies including obstructed labor, postpartum hemorrhage, eclampsia, and fetal distress.
- Conducted and supervised normal vaginal deliveries and assisted in emergency cesarean sections.
- Performed emergency obstetric procedures such as episiotomy, perineal repair, and manual removal of placenta.
- Coordinated with anesthesia, pediatrics, blood bank, and operating theatre teams for rapid emergency intervention.
- Supervised house officers, nursing staff, and midwives while maintaining accurate clinical and medico-legal documentation.

PG Resident (Gynaecology & Obstetrics)

Jan 2004 – Apr 2008

Ayub teaching Hospital | Abbottabad – Pakistan

Rotations: Peads and Radiology

- Provided comprehensive care to indoor, outdoor, and labour room patients in a tertiary care teaching hospital.
- Managed obstetric and gynecological emergencies and routine cases under consultant supervision.
- Conducted normal and instrumental vaginal deliveries and assisted in cesarean sections.
- Performed and assisted in procedures including episiotomy, D&C, hysteroscopy, laparotomy, AP repair, abdominal and vaginal hysterectomy, and cesarean hysterectomy.

- **Advance Life Support in Obstetrics International Provider Course**
College of Physicians & Surgeons Pakistan
December 27th-28th, 2019
- **Laparoscopic Abdominal Hysterectomy**
Jinnah International Hospital
Abbottabad
September 24th, 2019
- **Operative Laparoscopic Skill**
Rawalpindi Medical University
Rawalpindi
October 04, 2019 – October 05, 2019
- **Communication Skills**
College of Physicians & Surgeons Pakistan
August 22nd - 24th, 2019
- **Research Methodology, Biostatistics & Medical Writings**
College of Physicians & Surgeons Pakistan
March 20th - 23rd, 2019
- **Laparoscopic Surgical Training**
Kohi Goth Hospital, Landhi, Karachi
November 05th - 06^h, 2012
- **Cardiac First Response Practitioner Course**
Ayub Medical College
Abbottabad
March 7th – 8th, 2011
- **Supervisory Skills**
WHO Collaborating Centre for Research & Training in Educational Development of Health Personnel
September 27th - 30th, 2011
- **Assessment of Competence**
WHO Collaborating Centre for Research & Training in Educational Development of Health Personnel
July 07th - 10th, 2011
- **Educational Planning & Evaluation**
WHO Collaborating Centre for Research & Training in Educational Development of Health Personnel
June 16th - 19th, 2011

- Independently managed selected gynecological surgeries and emergency procedures, including repair of ruptured uterus.
- Participated in family planning services and undergraduate medical teaching.
- Completed clinical rotations in **Paediatrics** and **Radiology**, gaining exposure to neonatal care and obstetric/gynecological imaging.

Lecturer Physiology

Ayub teaching Hospital | Abbottabad – Pakistan Mar 2004 – Mar 2010

Women Medical College | Abbottabad – Pakistan Mar 2003 – Feb 2004

- Delivered lectures and practical demonstrations in human physiology for undergraduate medical students.
- Conducted and supervised laboratory practicals including hematology, cardiovascular, respiratory, and neurophysiology experiments.
- Prepared teaching materials, lesson plans, and assessment tools in line with the medical curriculum.
- Assessed students through written exams, viva voce, and practical evaluations.
- Guided students in small group discussions and problem-based learning sessions.
- Participated in curriculum development and academic planning activities of the department.
- Maintained accurate academic records and laboratory documentation.
- Assisted in organizing internal examinations and OSPE/OSCE assessments.
- Contributed to departmental research activities and academic meetings.
- Ensured laboratory safety and proper use of teaching equipment.

House Surgeon – Gynecology & Obstetrics (Unit “A”)

Ayub Teaching Hospital | Abbottabad – Pakistan Feb 2002 – Jul 2002

- Provided supervised clinical care to gynecology and obstetrics patients in OPD, wards, and labor room.
- Assisted in normal vaginal deliveries and emergency obstetric procedures.
- Participated in preoperative preparation and postoperative management of surgical patients.
- Assisted in minor gynecological procedures such as D&C and episiotomy repair.
- Monitored maternal and fetal well-being and maintained patient records and treatment charts.
- Responded to obstetric and gynecological emergencies during on-call duties.
- Worked closely with senior doctors and nursing staff in patient management and ward activities.
- Followed infection control practices and hospital clinical protocols.

House Surgeon – Gynecology & Obstetrics (Unit “A”)

Ayub Teaching Hospital | Abbottabad – Pakistan Aug 2002 – Jan 2003

- Provided supervised medical care to indoor and outdoor patients in the medical unit.
- Assessed patients, recorded clinical histories, and assisted in diagnosis and treatment planning.
- Managed common medical conditions under senior supervision, including hypertension, diabetes, and respiratory and gastrointestinal disorders.
- Monitored patients’ vital signs, laboratory results, and treatment response.
- Assisted in emergency management of acute medical cases during on-call duties.
- Maintained accurate patient records, progress notes, and discharge summaries.
- Coordinated with nursing and paramedical staff for effective patient care.
- Followed hospital protocols, infection control standards, and ethical medical practice.

- **Clinical Research Orientation Workshop**
Ayub Medical College
Abbottabad
November 16th – 17th, 2009
- **Cardiac First Response (CFR) – Practitioner Level**
Pre-Hospital Emergency Care Council (PHECC)
November 16th – 17th, 2009
- **Teaching Methodologies**
Ayub Medical College
Abbottabad
February 7th - 8th, 2007
- **Second Annual Post Graduate Course for FCPS-II, Obs/Gynae**
Holy Family Hospital,
Rawalpindi
May 4th - 20th, 2006
- **Research Methodology, Biostatistics & Dissertation Writing**
WHO Collaborating Centre for Research & Training in Educational Development of Health Personnel
January 10th - 14th, 2005
- **Introduction to Computer & Internet**
WHO Collaborating Centre for Research & Training in Educational Development of Health Personnel
July 23rd - 27th, 2004

CONFERENCES

- **9th Biennial International Conference of the PPS**
Ayub Medical College
Abbottabad
April 2nd-3rd, 2004
- **FIGO Conference**
ROME Italy
2012

LANGUAGES

- English
- Urdu
- Pashto
- Hindko
- Sindhi
- Punjabi

CLINICAL SKILLS

EMERGENCIES HANDLED

- Normal and instrumental vaginal deliveries (vacuum/forceps)
- Emergency cesarean section and cesarean hysterectomy
- Episiotomy and repair of perineal tears (all degrees, including 3rd & 4th degree)
- Manual removal of placenta and shoulder dystocia management
- Ectopic pregnancy (ruptured/unruptured) and molar pregnancy management
- Ruptured uterus and uterine repair
- Uterine inversion and cord prolapse management
- Eclampsia and severe pre-eclampsia
- Antepartum and postpartum hemorrhage (APH & PPH)
- Septic abortion and post-abortal complications

ELECTIVE PROCEDURES PERFORMED

- Abdominal and vaginal hysterectomy
- Laparotomy & Myomectomy
- Ovarian cystectomy and oophorectomy
- Repair of cystocele and rectocele
- Bartholin cyst marsupialization/excision
- Dilatation and curettage (D&C)
- Manual vacuum aspiration (MVA)
- Laparoscopic-assisted gynecological procedures
- Perineal repair
- Repair of rectovaginal and vesicovaginal fistula
- Endometrial biopsy

HONORS & AWARDS

- Awarded **Gold Medal** for securing **1st position in Final Year MBBS**.
- Awarded **Silver Medal** for securing **2nd position in Matriculation (Federal Board)**.
- Secured **6th position nationwide** in the **Proficiency Evaluation Test (Pakistan)**.
- **3rd Position** among all **Punjab** in **Science Competition (1993)**

REFERENCES

- **Dr. Mohammad Ayub**
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Professor & Former Head, Department of Physiology
Ayub Medical College, Abbottabad
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- **Dr. Rubina Bashir**
MBBS (Pakistan), FCPS (Pakistan), CHPE
Professor & Chairperson, Department of Gynecology
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