

Dr. Attiya Ayaz

CLINICAL EXCELLENCE &
ACADEMIC LEADERSHIP IN
GYNAECOLOGY AND OBSTETRICS

FCPS | MCPS | CHPE | MBBS



An Executive Professional Dossier

The Modern Clinician-Educator at a Glance



24+

Years of progressive clinical experience across tertiary-care teaching hospitals and private institutions.



48-Bed

Gynae Unit directed as Head of Department and Postgraduate Supervisor at Women Medical College.



6

Regional and international languages spoken, ensuring culturally competent patient-centered care.



Dual

Board-certified in Gynaecology & Obstetrics (FCPS/MCPS) and Health Profession Education (CHPE).

A Foundation of Exceptional Academic Achievement

1st Position:

Final Year MBBS (Ayub Medical College).

2nd Position:
Federal Board
Matriculation.



6th Position Nationwide:
Proficiency Evaluation
Test (Pakistan).

“ *A longitudinal pattern of high-level intellectual performance within the Pakistani medical education system.* ”

PILLAR I: CLINICAL MASTERY

Ascending the Ranks of Tertiary Care

House Surgeon to
Senior Registrar
(Ayub Teaching Hospital)

Assistant Professor
to Professor
(Women Medical College)

Consultant
Gynaecologist
(Sami Medical Hospital &
Private Practice)

Immersed in initial management, leading the Emergency Labour Room, and coordinating multidisciplinary crisis multidisciplinary crisis interventions.

Ascended academic ranks, headed clinical operations, and supervised medical officers over an 11-year tenure.

Currently providing comprehensive, high-risk obstetric and gynaecological care in the premium private sector.

High-Risk Obstetrics & Emergency Crisis Management



Acute Hemorrhage

Mastery in Antepartum (APH) and Postpartum Hemorrhage (PPH) control, utilizing intrauterine balloon tamponade and emergency cesarean hysterectomies.



Hypertensive Crises

Stabilization and delivery of "un-booked" emergency patients presenting with eclampsia, severe pre-eclampsia, and multi-organ involvement.



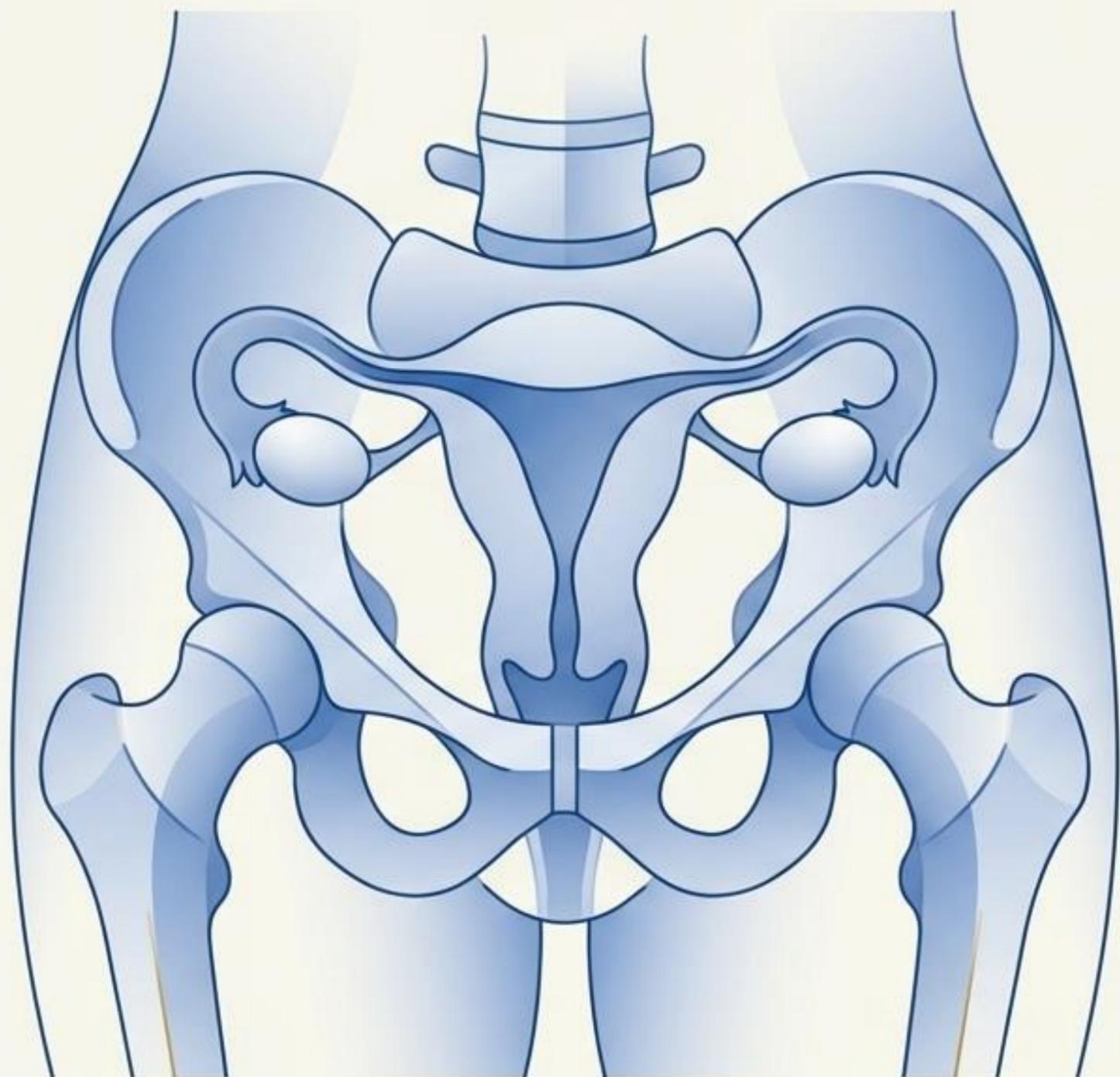
Mechanical Complications

Rapid intervention for obstructed labor, shoulder dystocia, uterine inversion, and repair of ruptured uteri.



Assisted Births

Specialized proficiency in vacuum, forceps, and vaginal breech deliveries—skills increasingly rare in modern obstetric practice.



Elective & Reconstructive Surgical Repertoire

Major Abdominal

Abdominal
Hysterectomy

Myomectomy

Complex Ovarian
Mass Surgery

Pelvic Floor & Urogynaecology

Vaginal
Hysterectomy

Cystocele &
Rectocele Repair

Vesicovaginal (VVF) &
Rectovaginal (RVF)
Fistula Reconstruction

Minimally Invasive

Laparoscopic-Assisted
Procedures

Hysteroscopy

Manual Vacuum
Aspiration (MVA)

Transitioning seamlessly from high-stakes labor emergencies to meticulous tissue dissection and modern minimally invasive modalities.

PILLAR II: ACADEMIC LEADERSHIP

Shaping the Next Generation of Medicine



Modernizing the Medical Curriculum

The Theory (Curriculum & Assessment)



Implementation of Objective Structured Clinical Examinations (OSCEs), development of customized teaching aids, and structured problem-based learning sessions.



The Practice (Clinical Mentorship)



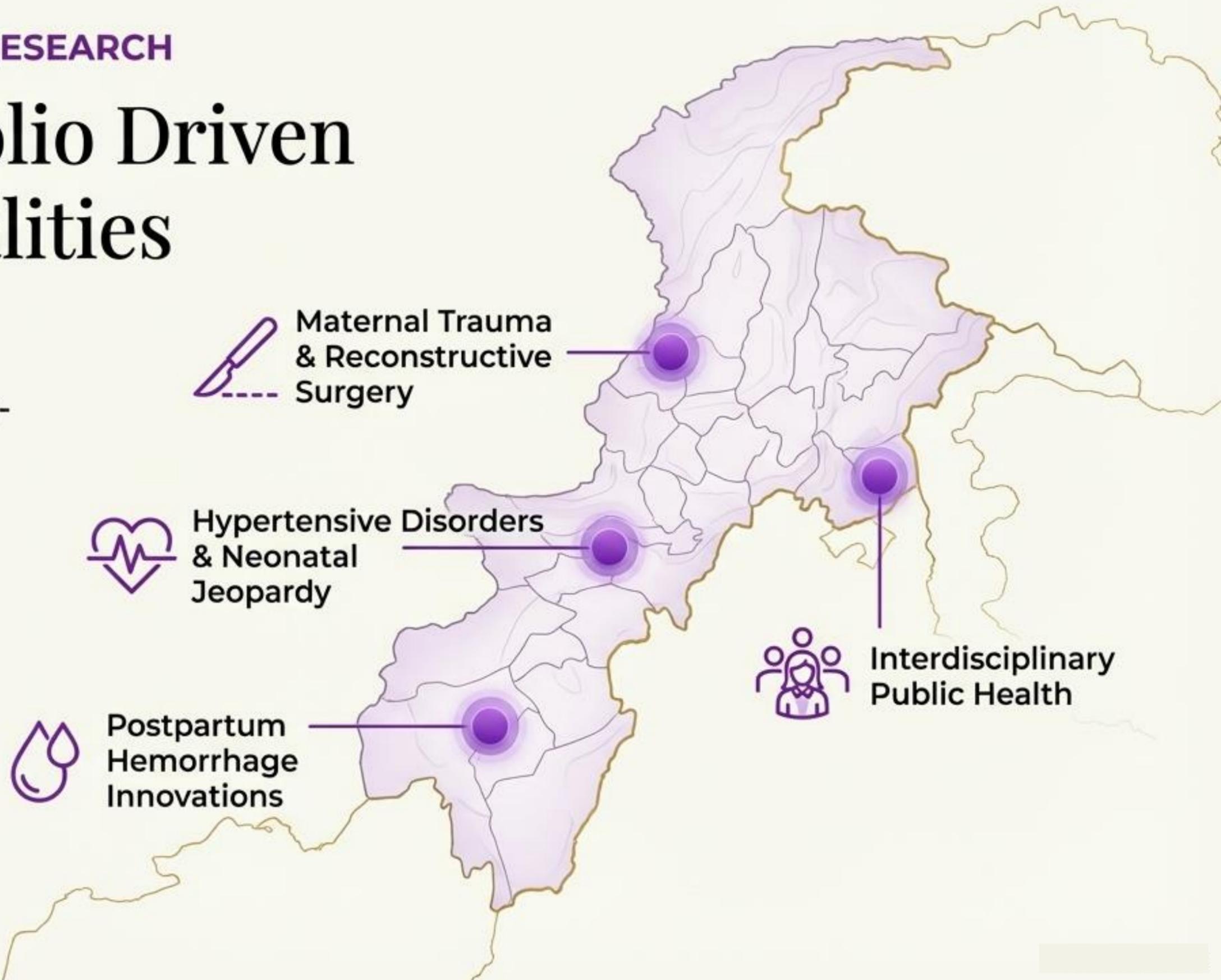
Hands-on surgical training, daily ward rounds, and faculty development workshops focused on effective communication and supervisory skills.

“Transforming the challenges of a resource-limited environment into opportunities for systemic improvement.”

PILLAR III: EVIDENCE-BASED RESEARCH

A Prolific Portfolio Driven by Regional Realities

A robust publication record frequently addressing the socio-economic determinants of health and the outcomes of clinical protocols in resource-limited tertiary care settings.



Deep Dive: 12-Year Analysis of Fistula Outcomes

74

Patients analyzed across Ayub Teaching Hospital and Women & Children Hospital.



81.08%

Primary etiology linked directly to Obstetric Trauma.

>90%

of patients originated from low socio-economic, rural demographics.

93.2% Surgical Success Rate

A clinical guide for reconstructive surgeons and a stark public health call to action regarding the systemic failure of accessible emergency obstetric care in rural areas.

Innovations in Maternal Morbidity Solutions

The PPH Solution

95.6%
Success Rate



Efficacy of Intrauterine Balloon Tamponade using a simple Foley catheter for Postpartum Hemorrhage.

Impact: A low-cost, evidence-based solution averting major surgeries like bilateral uterine artery ligation or hysterectomy.

The Breech Debate



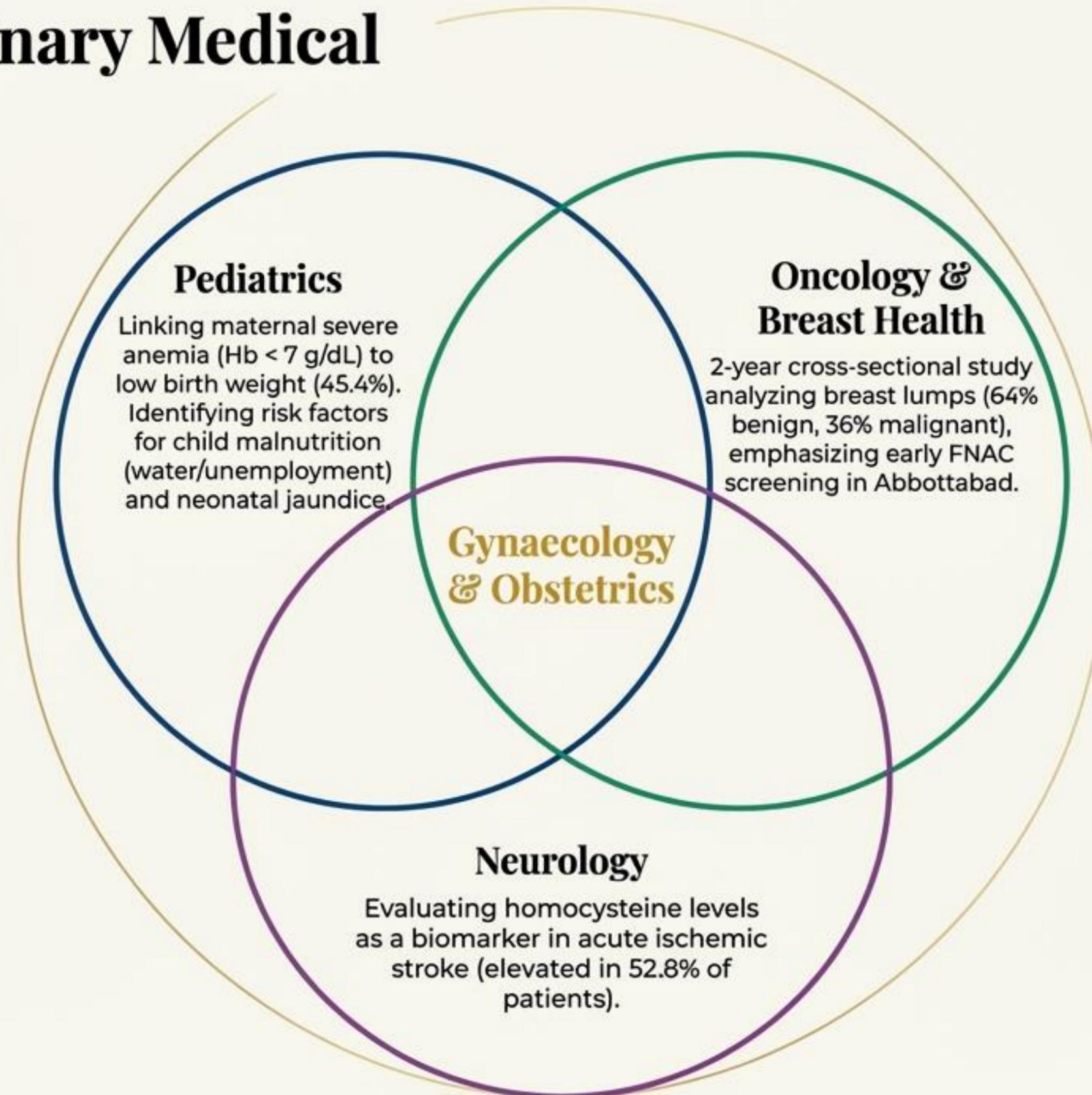
178 Successful Deliveries

(0% perinatal mortality in study group)

Vaginal Breech Delivery: Still a Safe Option.

Impact: Establishing strict selection criteria to preserve traditional obstetric skills and safely reduce unnecessary Cesarean rates.

Cross-Disciplinary Medical Contributions



The Continuous Pursuit of Clinical Excellence



Advanced Life Support in Obstetrics (ALSO) - International Provider Course (CPSP)



Laparoscopic Surgical Training & Operative Skills - Rawalpindi Medical University & Kohi Goth Hospital



Research Methodology, Biostatistics & Medical Writing - CPSP



Cardiac First Response Practitioner - Pre-Hospital Emergency Care Council

A career defined by an ongoing commitment to remaining at the cutting edge of contemporary surgical and pedagogical standards.

Cultural Competence & Regional Advocacy



Serving a highly diverse demographic from remote areas of KPK and beyond. Her linguistic breadth ensures culturally competent, patient-centered care and the ability to navigate complex “social calamities” with sensitivity and clear communication.

“A legacy of maternal health advocacy in Pakistan.”

Professional Engagements & References

Clinical Practice

Consultant Gynaecologist, Sami
Medical Hospital (Abbottabad)

Private Practice: Atiya Ayaz Clinic,
Mandian

Email: attiyaayaz3@gmail.com |
Phone: 03120555469

Esteemed References

Prof. Mohammad Ayub
(Former Head, Dept. of Physiology,
Ayub Medical College)

Prof. Rubina Bashir
(Chairperson, Dept. of Gynecology,
Jinnah Teaching Hospital)

PMDC Registration #: 9837-N