

# Building a Comprehensive Medical Home in North Texas

The 25-Year Clinical and Community Trajectory of Dr. Mariam Saleem, MD, FAAP.





## 25 Years

Global Medical Experience bridging high-volume international settings with advanced US academic centers.



## 4 Providers

Leading Kids Docs Pediatrics as Medical Director with three FAAP-certified physicians.



## 3 Languages

Fluent in English, Urdu, and Arabic, eliminating critical healthcare access barriers in DFW.



## 1 Focus

Culturally humble, strictly evidence-based pediatric care for complex and specialized needs.

**1996–2001:  
Ayub Medical  
College, Pakistan**  
Graduated Class of  
2001 (MBBS). Intensive  
foundational training in  
high-volume  
environments.

**2001–2002:  
Saudi Arabia**  
Advanced training  
interlude navigating  
complex regional genetics  
and multinational  
patient populations.

**2006–2009:  
Oklahoma City, USA**  
OU Health Sciences  
Center. Rigorous  
American Board of  
Pediatrics (ABP)  
specialization and Medical  
Home integration.

**2009–Present:  
Texas, USA**  
Rio Grande Valley  
to Arlington.  
Transitioning from serving  
underserved border  
communities to founding  
a premier DFW practice.

## The Pakistani Foundation

- **Environment:** Resource-constrained, high patient volume.
- **Clinical Advantage Acquired:** Unshakable diagnostic resilience; mastery of physical clinical examination, history-taking, and infectious disease management.

## The Saudi Interlude

- **Environment:** High-tech infrastructure with specific consanguinity patterns.
- **Clinical Advantage Acquired:** Diagnostic edge in identifying rare genetic phenotypes, neonatal complications, and metabolic disorders.

## The American Residency

- **Environment:** Major academic center (OU Children's Hospital).
- **Clinical Advantage Acquired:** Mastery of NICU/PICU intensive care, Developmental-Behavioral pediatrics, and strict adherence to AAP evidence-based standards.

## The Texan Maturation

- **Environment:** Rio Grande Valley to Arlington suburbs.
- **Clinical Advantage Acquired:** Deep expertise in community health, managing chronic childhood conditions (asthma, obesity), and leading independent clinic operations.

Three FAAP-certified physicians ensuring elite, standardized clinical execution.

**Mohammad Khan**  
(Practice Manager)

**Cristina Marquez**  
(Billing Manager)

**Dr. Mariam Saleem, MD, FAAP**  
(Owner & Medical Director)

**Dr. Edward E. Moayyad, MD, FAAP**

**Dr. Maria C. Fisher, MD, FAAP**

**Dr. Shehla R. Shah, MD**

**Populations Served**  
Dedicated long-term management for Autism Spectrum Disorder (ASD), Down Syndrome, Cerebral Palsy, and Developmental Delays.



**Lived Experience Insight**  
Active volunteer work with the Special Olympics in local schools provides crucial insights into the social integration and physical activity needs of patients beyond the exam room.

# Uncompromising Public Health Advocacy



## The Policy

Kids Docs Pediatrics enforces a strict, non-negotiable adherence to the American Academy of Pediatrics (AAP) vaccination schedules. No exceptions are made for non-medical vaccine hesitancy.

## The Rationale

Prioritizing evidence-based medicine over consumer-driven practice models to create a herd immunity fortress within the clinic. This ensures that immunocompromised children and newborns are never exposed to preventable diseases in the waiting room.



**5 / 5**

Thoroughness of Examination



**5 / 5**

Ability to Answer Questions



**5 / 5**

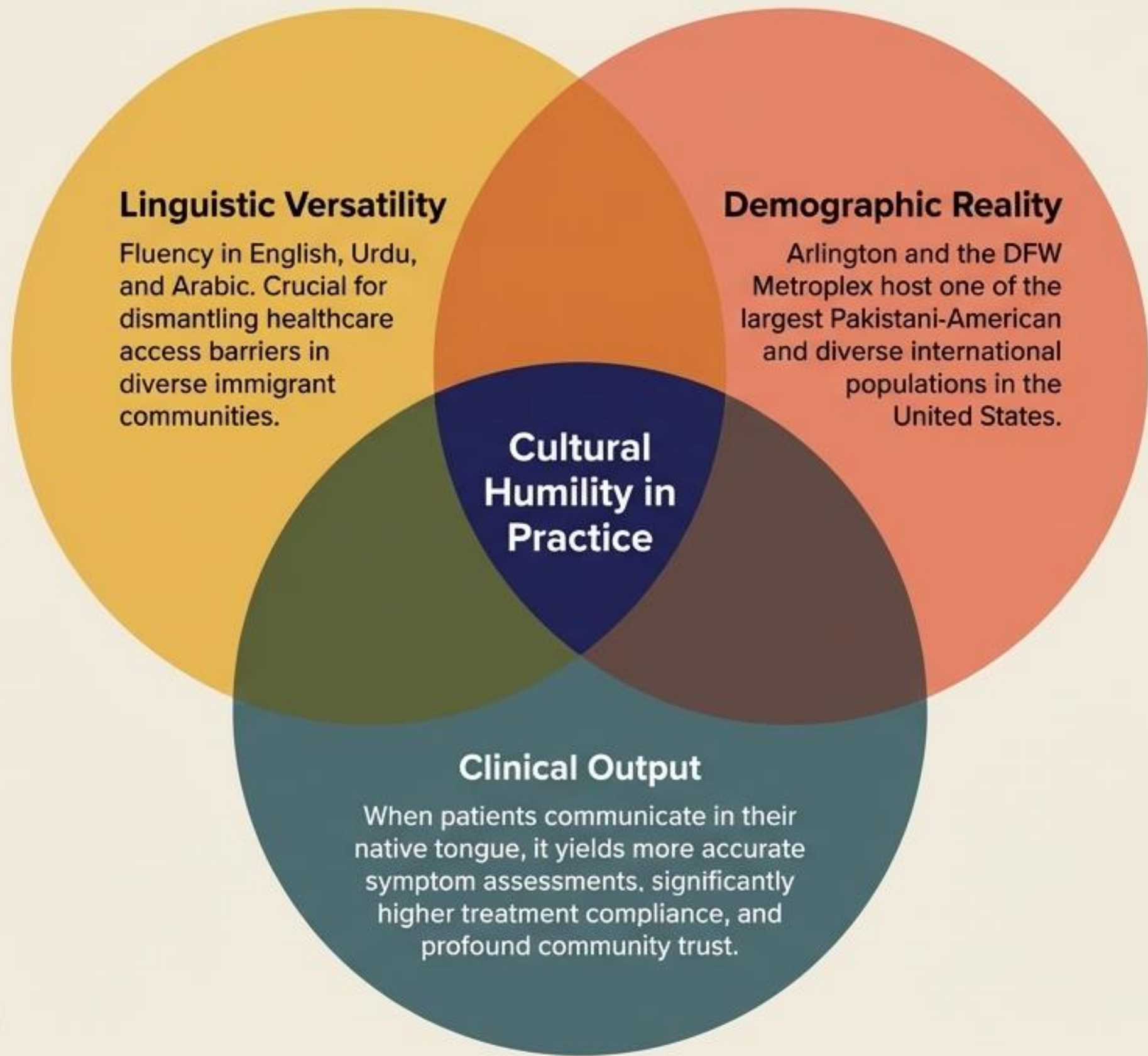
Provider's Attitude

Metrics via U.S. News & World Report (4/5 overall, 24 verified reviews) / Press Ganey Patient Sentiment Model.



**Understanding, down to earth...  
a friend with a sweet loving spirit.”**

Highlighting a patient relationship spanning from birth through 21 years of age.



# Elevating Community Health Through AMWPA Leadership

## Community Health Interventions

Organizing high-impact health fairs and preventive screenings directly targeting underserved demographic cohorts.

## Targeted Cultural Education

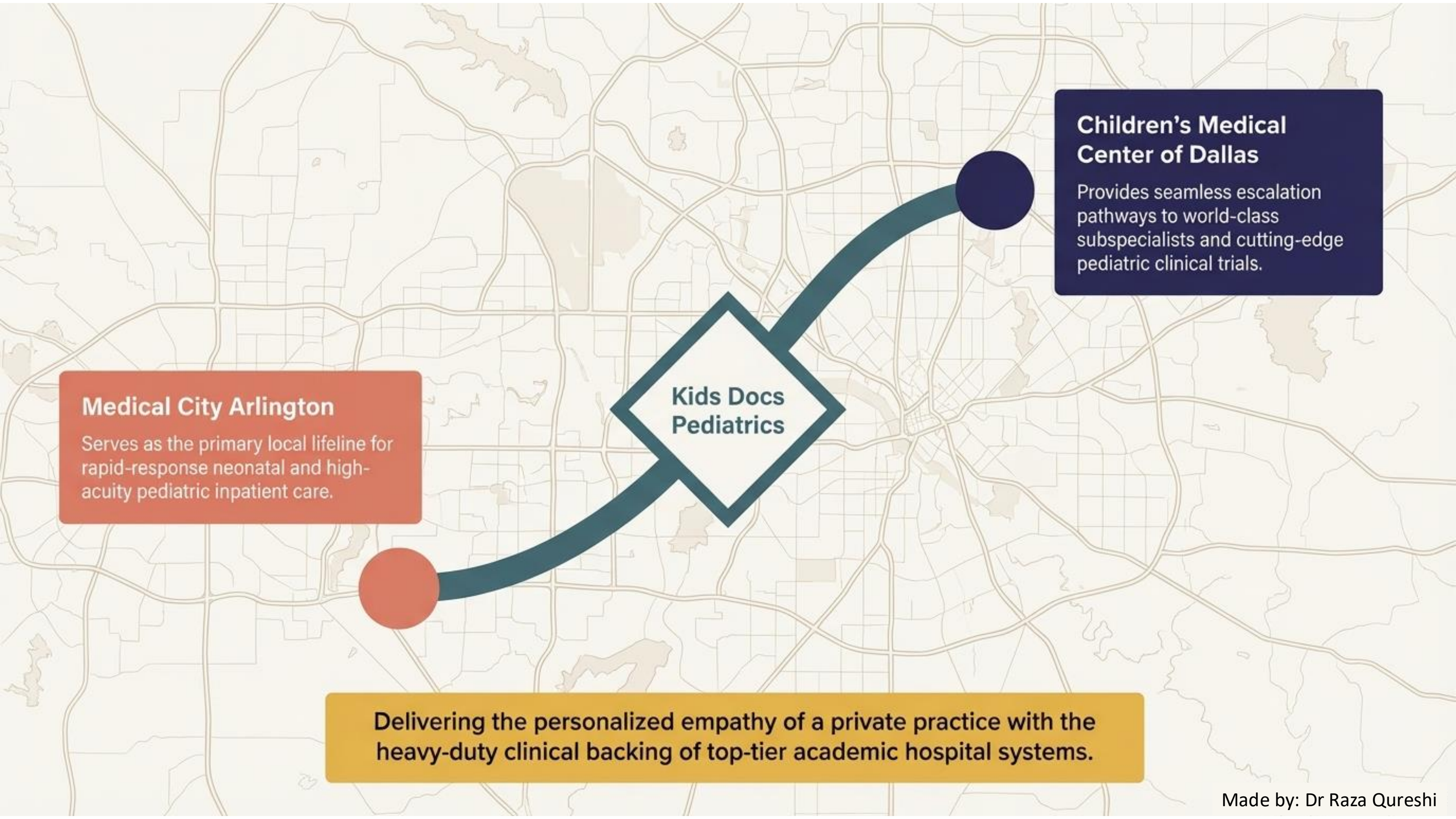
Delivering culturally sensitive curriculum on women's health and pediatric nutrition.

## Generational Mentorship

Actively guiding and sponsoring young Muslim women pursuing rigorous careers in the medical field.

## Bridging Faith & Science

Synthesizing religious practice with evidence-based medicine (e.g., creating safe protocols for managing diabetes during Ramadan fasting).



**Kids Docs  
Pediatrics**

**Medical City Arlington**

Serves as the primary local lifeline for rapid-response neonatal and high-acuity pediatric inpatient care.

**Children's Medical  
Center of Dallas**

Provides seamless escalation pathways to world-class subspecialists and cutting-edge pediatric clinical trials.

**Delivering the personalized empathy of a private practice with the heavy-duty clinical backing of top-tier academic hospital systems.**



## Telehealth Enabled

Adapting to the modern logistical demands of working parents and families managing complex special needs.



## After-Hours Support

Direct emergency line access ensuring established patients maintain clinical stability outside standard operating hours.



## Accepting New Patients

Actively maintaining clinical capacity to serve growing families across Tarrant and Dallas counties.



## Suburban Empathy

Residing in Grand Prairie as a mother of three sons, Dr. Saleem brings her own lived experience of navigating busy, joyful American parenthood into her exam rooms.



Dr. Mariam Saleem embodies the modern **Civic Physician**—operating on the principle that the health of the individual child is fundamentally inseparable from the vitality of the community at large.