

Autumn Term  
2026

# Years 3 - 8 Menu

Week commencing - 7<sup>th</sup> September



|           | Hot Main                                                                                       | Vegetarian                                | Dessert                                                                                     |
|-----------|------------------------------------------------------------------------------------------------|-------------------------------------------|---------------------------------------------------------------------------------------------|
| Monday    |                                                                                                |                                           | or selection of Yogurts, fresh fruit or melon/fruit salad                                   |
| Tuesday   | Chicken and bacon pasta bake served with garlic bread, broccoli and sweetcorn                  | Vegetable and mozzarella bake             | Chocolate orange mousse or selection of Yogurts, fresh fruit or melon/fruit salad           |
| Wednesday | Sausage and lentil casserole served with creamy mash potato, peas and seasonal greens          | Red onion vegetarian sausage casserole    | Sticky toffee pudding or selection of Yogurts, fresh fruit or melon/fruit salad             |
| Thursday  | Sage and parmesan roast pork served with crispy roast potatoes, honey roast parsnips & carrots | Aubergine fritters                        | Jelly and ice cream or selection of Yogurts, fresh fruit or melon/fruit salad               |
| Friday    | Battered fish fillet served with thin cut chips baked beans or peas                            | Tempura vegetables and a sweet chilli dip | Chocolate chip sponge and custard or selection of Yogurts, fresh fruit or melon/fruit salad |
| Saturday  | BBQ sticky chicken served with braised rice and mixed mixed vegetable                          | Butternut squash risotto                  | Selection of Yogurts, fresh fruit or melon/fruit salad                                      |
| Sunday    | Traditional roast dinner with all the trimmings                                                | Garlic mushrooms                          | Selection of Yogurts, fresh fruit or melon/fruit salad                                      |