

# 2 Months: Overview of Development



# Motor & Physical Development



## Head & Chest Lift

Lifts head and chest briefly during tummy time.



## Smoother Movements

Makes smoother, more controlled arm and leg movements.



## Open Hands

Opens hands more often – less of those tiny clenched fists.



## Batting at Toys

Begins batting at hanging toys – accidentally but still exciting!



## Mini Push-Ups

Starts pushing up slightly on arms when on their tummy.

# Language & Communication Development



## Cooing

Starts cooing – those sweet little "ooh" and "ahh" sounds are the best!



## Head Turning

Turns head toward voices, especially yours.



## Social Smiling

Smiles when spoken to – hello, heart-melting moment!



## Gurgling Sounds

Makes gurgling sounds when happy.



## Tone Awareness

Reacts to the tone of your voice – soothing tones calm, excited voices get their attention.

# Socioemotional Development



## Face Recognition

Recognizes your face and lights up when they see you.



## Social Smiles

Smiles socially – no longer just reflexes!



## Tracking & Gazing

Loves looking at you and tracking movement.



## Less Crying

May cry less when comforted quickly.



## Playful Joy

Shows enjoyment with playful interactions.

# Cognitive Development



## Eye Tracking

Starts following objects with their eyes.



## Familiar Sounds

Recognizes familiar voices and sounds.



## High-Contrast Patterns

Shows more interest in high-contrast patterns.



## Face Fascination

Enjoys looking at faces – yours is their favorite!



## Routine Anticipation

Begins to anticipate routine activities like feeding.

# References

- References: American Psychological Association (APA), American Academy of Pediatrics (AAP), Centers for Disease Control and Prevention (CDC), Zero to Three, HealthySteps.