

# 6 Months: Overview of Development



# Motor & Physical Development



## Rolling Both Ways

Rolls in both directions—  
watch out, they're mobile!



## Sitting with Support

Begins sitting with support  
and might tripod sit.



## Crawl Prep

Rocks back and forth on  
hands and knees in prep for  
crawling.



## Reaching & Grabbing

Reaches and grabs toys with more  
coordination.



## Hand-to-Hand Transfer

Can pass a toy from one hand to the other.

# Language & Communication Development



## Back-and-Forth Sounds

Makes sounds back and forth  
with you in little "conversations."



## Sound Exploration

Tries out different sounds—  
squeals, giggles, raspberries!



## Name Recognition

Recognizes their own name.



## Tone Changes

Starts to express joy or frustration  
through tone changes.



## Excited Responses

Responds to their favorite people  
with excitement.

# Socioemotional Development



## Favorite Toy

Develops a favorite toy or comfort item.



## Stranger Awareness

Knows who's familiar and may get shy around strangers.



## Laughing

Laughs when playing (especially if tickled!).



## Expressive Body

Expresses excitement through body movements.



## Family Interaction

Loves to interact with family members and may get upset when left alone.

# Cognitive Development



## Curiosity & Exploration

Shows curiosity—watches things closely and reaches to explore.



## Dropping Things

Enjoys dropping things just to see what happens (yes, this is the start!).



## Object Recognition

Recognizes common objects and looks when you name them.



## Cause & Effect

Understands cause and effect—pressing a button makes a toy light up.



## Oral Exploration

Explores with mouth—everything goes in!

# References

- References: American Psychological Association (APA), American Academy of Pediatrics (AAP), Centers for Disease Control and Prevention (CDC), Zero to Three, HealthySteps.