

Homemade Deodorant: How To Make Natural, Herbal, Roll-On Deodorant

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DIY Deodorant: Natural Roll-On Deodorant Recipe

Makes about 1 oz.

Ingredients

1. 1 1/2 Tbsp. organic witch hazel extract*
2. 1/2 Tbsp. organic vegetable glycerine*
3. 1/2 tsp. Himalayan pink salt* (optional)
4. 9 drops hops flower essential oil*
5. 2 drops organic juniper berry essential oil*
6. 1 drop organic frankincense essential oil*

Directions

1. In a 1 oz. roll top glass bottle*, combine witch hazel, glycerine, and salt (if desired).
2. Add essential oils one drop at a time.
3. Secure roll-top, put on cap, and roll bottle between palms of your hands to disperse essential oils into the mixture.
4. Roll onto underarm as needed.

Pro Tip: This is an essential oil blend that I really enjoy, but you can certainly customize your own blend with this universal base!

**These high-quality, organic ingredients can be found at www.mountainroseherbs.com.*