

# Children's Mobile Crisis Team Rapid Response Crisis Care



**VNS Health Children's Mobile Crisis Team (CMCT)** provides rapid response crisis care for children, teens and their families who need:

- Crisis assessment
- Caregiver support
- Prevention planning
- Crisis stabilization

The VNSNY Crisis Team consists of licensed clinical staff with advanced degrees in counseling as well as family advocates.

## Rapid response is available from 8am-8pm

CMCT is available from 8am-8pm, 7 days a week to provide rapid responses and crisis management for children and adolescents in active crisis situations. A team will:

- Respond within two hours of receiving a crisis referral
- Provide crisis de-escalation
- Conduct a psychosocial assessment
- Initiate prevention planning
- Collaborate with existing services
- Coach caregivers on how to manage situations

Initial Contact is done with 988 by telephone and follow-up visits are conducted in the home.

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Do you have a child or are you a family in need of our services? Speak to a crisis counselor right now at dialing **988** or text "well" at **65173**

## Who is a candidate for this program?

Children and teens, ages 0 to 20, residing or attending school in Brooklyn, Queens and the Bronx

## When should you make a crisis call?

If a child is behaving in a threatening manner:

- Physical and/or verbal aggression
- Extreme acting out behavior
- Escalating disruptive behaviors with peers/faculty

If a child is experiencing a current psychiatric crisis:

- Bizarre behavior
- Disorganized thinking
- Extreme moods

If a child is displaying active symptoms of depression:

- Withdrawn
- Loss of appetite
- Making passive suicidal statements
- Showing signs of self-harm
- Suspected victim or perpetrator of reported bullying

If a child has displayed any of the above symptoms in the last five (5) days, combined with truancy, for a minimum of five days.

**Do you have a child or are you a family member in need of our services?**

**Speak to a crisis counselor right now at **by dialing 988** or text “well” at 65173**



### Children's Mobile Crisis Team

**Bronx:** 489-493 East 153<sup>rd</sup> St, Bronx, NY 10455 • Phone: 718-742-7106

**Brooklyn:** 1715 East 13th St, , Brooklyn, NY 11229 • Phone: 718-840-4903

**Queens:** 3030 Northern Blvd, LIC, NY 11101 • Phone: 718-888-6663