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Headteacher: Mrs C Yeoman

Dear Parents and Carers,

It's been another busy week at St Albans with lots of positive news to share! Routines are well established in school and children are settling well into their new classes.

Zones of Regulation Training

This week, our staff participated in training on the *Zones of Regulation*, a fantastic approach that helps children better understand and manage their feelings. We believe this will support our pupils in developing deeper emotional awareness. For more information on Zones of Regulation, please visit this link. [Self-Regulation Curriculum | The Zones of Regulation](#)

Year 5 Parish Mass

Our Year 5 pupils attended parish mass this week and thoroughly enjoyed the experience. The parishioners shared some wonderful feedback about the children's participation and enthusiasm — it was lovely to see such a strong connection between the school and parish community.

Parishioner quote:

"It was wonderful to see the children so engaged and respectful during the mass. Their enthusiasm truly brought joy to our community."

Parent Code of Conduct

Please find a link to our *Parent Code of Conduct* here. We kindly ask all parents to be supportive and respectful towards our staff. It's important to foster a positive environment where everyone feels valued. Please note that actions not aligned with this code may result in necessary follow-up to ensure a safe and welcoming space for all.

Family Fitness Club

A reminder about the *Family Fitness Club* held every Friday after school. It's a fantastic way to promote wellbeing and enjoy family fun together. We encourage you to join in!

Parent quote:

"The Family Fitness Club is such a fantastic way for us to spend quality time together while staying active. My kids love it, and it really brings out the fun in fitness!" -Parent

Harvest Collection

We are currently collecting donations for our Harvest collection. If anyone would like to contribute, please send in non-perishable food items. Your generosity is greatly appreciated and will help support those in need in our community.

English Café Dates – Autumn Term 2025

A reminder that the Year 1 English Café is taking place on Thursday 2nd October at 9:00 am in the school hall. Parents should drop children off as usual and then come to the school office to be signed in.

These sessions are a great opportunity to:

- Learn how we teach vocabulary and early reading skills in school
- See vocabulary teaching in action in your child's year group

- Discover simple, age-appropriate ways to support vocabulary and phonics at home
- Ask questions and build confidence in supporting your child's English development

Session Dates:

Date	Year Group
Thurs 2 Oct	Year 1
Thurs 9 Oct	Year 2
Thurs 16 Oct	Year 3
Wed 22 Oct	Year 4*
Thurs 6 Nov	Year 5
Thurs 13 Nov	Year 6
Thurs 20 Nov	Reception
Thurs 27 Nov	Nursery

Please note the Year 4 session is on a Wednesday.

We look forward to welcoming you into school and working together to support your child's learning journey.

Key Dates

- Saturday 27th September
Our first *Take Over Mass* at St Anthony's. Children and staff are preparing for this special event, and we would love additional support from parents and carers.
- Sunday 28th September
Year 4 will continue their preparation for their First Holy Communion at St Theresa's.
- Parents' Evening Appointments
Booking opens Monday for Parents' Evening, which will be held on Wednesday 8th and 15th October. Please make sure to book your appointment early.

Thank you all for your continued support and involvement in our school community.

Best wishes,

Mrs Yeoman