



## What is **SIGNATURE LIVING**?

More than simply a standardized calendar of daily activities, Signature Living connects your lifestyle with your interests. It's an evolving array of special programming built upon direct and ongoing resident input. Through monthly meetings, surveys and informal conversations, Signature Living is continually infused with new ideas. This approach ensures endless opportunities to reach new heights in senior living.

*Created to embrace the wide range of interests, the Signature Living Seven Series takes your lifestyle to the next level.*

### *The International Series*

#### **MORE TO EXPLORE**

Tour world cultures, cuisines, histories and current events through food and wine tastings, guest presentations and more.

### *The Cultural Arts & Humanities Series*

#### **CURIOSITY AWAITS**

Discover new talents and nurture your creative side through our Art Is Ageless® programming.

### *The Sporting Series*

#### **PLAY BALL**

From local teams to national tournaments and from clubhouse views to tailgate parties, sports are part of our regular playbook.

### *The Entertainment Series*

#### **STAGE & SCREEN**

Movies, live theater, musicals, opera — whether you go out on the town or make popcorn here on campus, the red carpet awaits.

### *The Culinary Series*

#### **ON THE TABLE**

From wine tastings and brewery tours to cooking tips from our executive chef, there's always something on the menu for every taste.

### *The Health & Wellness Series*

#### **LET'S GET PHYSICAL**

Our holistic approach to wellness integrates your physical, social and emotional well-being. Enjoy health screenings, fitness classes, field trips and much more.

### *The Gateway City Series*

#### **OUR NEIGHBORHOOD**

Explore the past, present and future of St. Louis with guest speakers, neighborhood tours and special events related to our city's rich cultural heritage.

