



The Green Dental Perio Package

1

Consultation

Comprehensive x-rays & clinical photographs
Full diagnosis & treatment plan

2

Oral Hygiene & Biofilm Disruption

Includes complimentary oral hygiene kit

3

Professional Periodontal Treatment

1 - 4 appointments

4

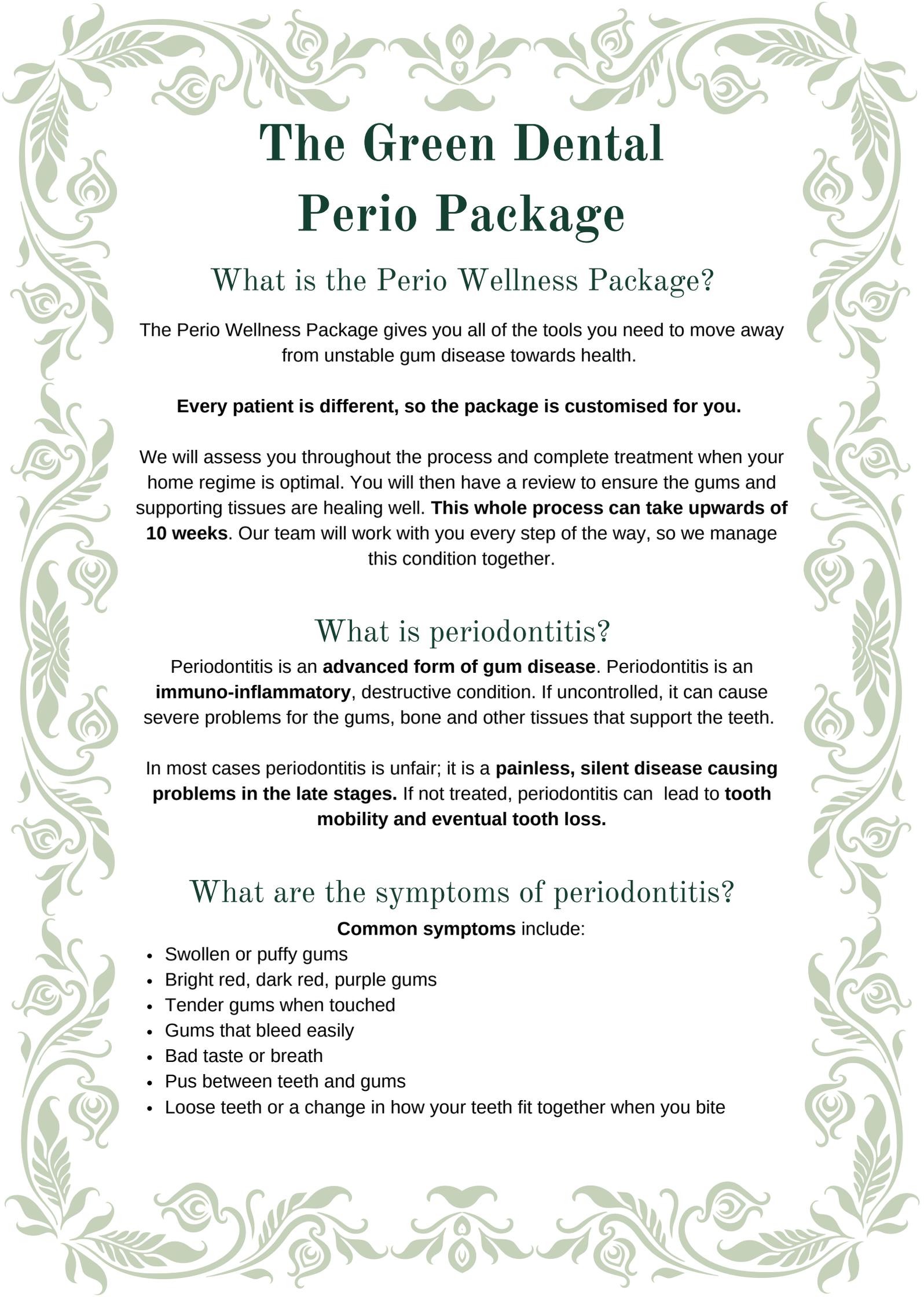
Oral Hygiene & Biofilm Disruption 2

4 Week Review & Remotivate

5

Periodontal Reassessment

After 8 weeks

A decorative border with intricate floral and leaf patterns in a light green color, framing the entire page.

The Green Dental Perio Package

What is the Perio Wellness Package?

The Perio Wellness Package gives you all of the tools you need to move away from unstable gum disease towards health.

Every patient is different, so the package is customised for you.

We will assess you throughout the process and complete treatment when your home regime is optimal. You will then have a review to ensure the gums and supporting tissues are healing well. **This whole process can take upwards of 10 weeks.** Our team will work with you every step of the way, so we manage this condition together.

What is periodontitis?

Periodontitis is an **advanced form of gum disease**. Periodontitis is an **immuno-inflammatory**, destructive condition. If uncontrolled, it can cause severe problems for the gums, bone and other tissues that support the teeth.

In most cases periodontitis is unfair; it is a **painless, silent disease causing problems in the late stages**. If not treated, periodontitis can lead to **tooth mobility and eventual tooth loss**.

What are the symptoms of periodontitis?

Common symptoms include:

- Swollen or puffy gums
- Bright red, dark red, purple gums
- Tender gums when touched
- Gums that bleed easily
- Bad taste or breath
- Pus between teeth and gums
- Loose teeth or a change in how your teeth fit together when you bite

A decorative border with intricate floral and leaf patterns in a light green color, framing the entire page.

The Green Dental Perio Package

Is periodontitis linked to other health conditions?

Yes. Periodontitis is linked to over 50 general health conditions, including:

- Diabetes
- Cardiovascular disease
- Rheumatoid arthritis
- Alzheimer's disease
- Male & female fertility problems
- Reduced pregnancy outcomes
- Certain cancers, including colon cancer

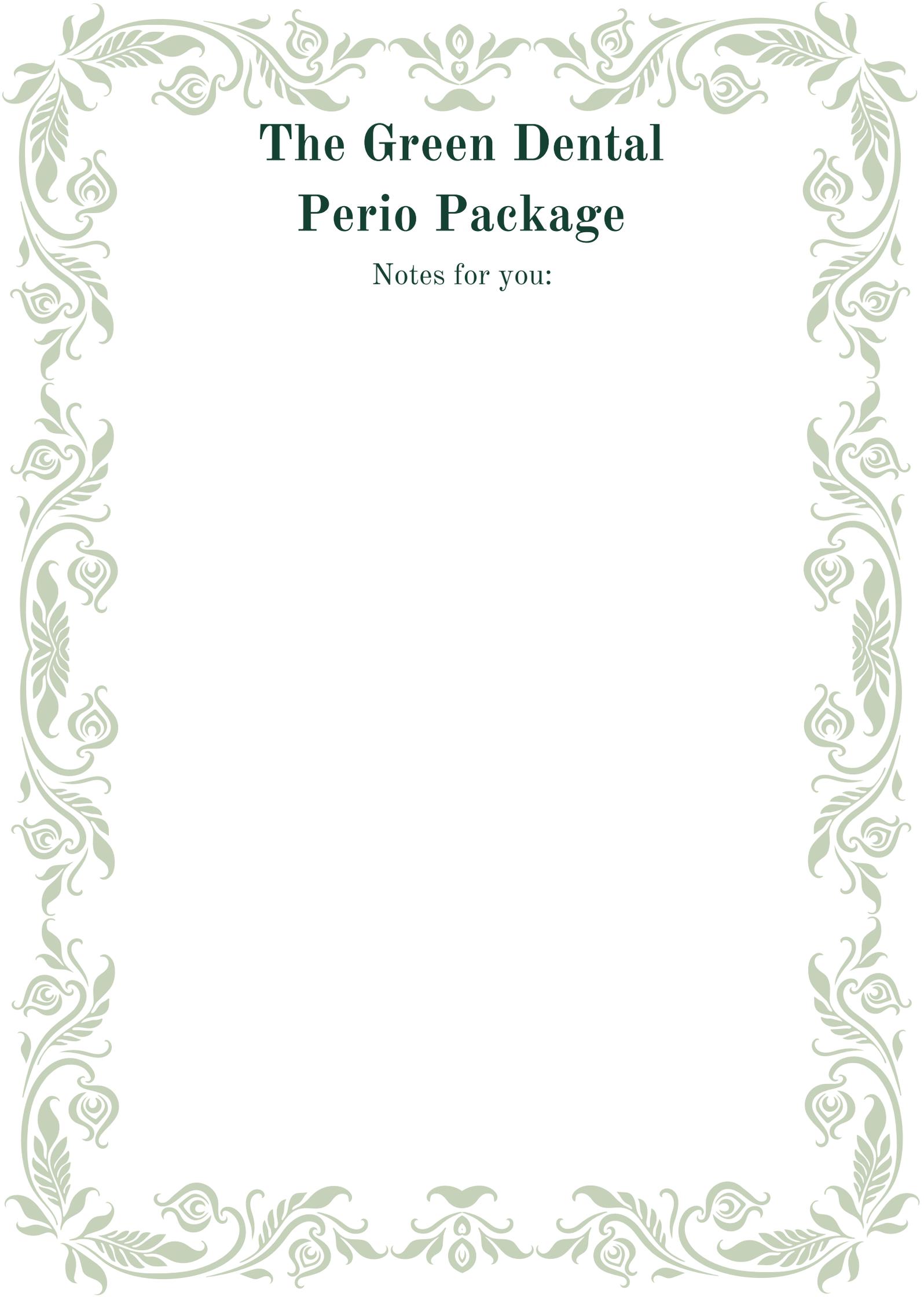
Can periodontitis be cured?

Periodontitis is a condition that can be **stable, in remission, or unstable**. It is in many ways like diabetes; you have it for life, but to manage it well you must engage in lifestyle changes and professional intervention. By changing your oral hygiene regime, leading a healthier lifestyle and **following your tailor-made programme**, we can help you to manage periodontitis and ensure you lead a normal life.

How can periodontitis be treated?

Periodontitis requires teamwork between your dental professionals and yourself. **80% of periodontitis can be managed by lifestyle change and daily routines.** The remainder is **professional periodontal treatment**. Together, we will work as a team to move you from gum disease towards health. **Close care and support are paramount**, so you will require regular 3 monthly examination appointments until the condition is stabilised.

Periodontitis is treatable and we can stabilise the disease, but this can only be done **if we have your daily cooperation.**

A decorative border in a light sage green color frames the page. It features intricate, symmetrical floral and scrollwork patterns along all four edges.

The Green Dental

Perio Package

Notes for you: