

Zero Electrocutation Challenge

Seeking bold solutions that eliminate life-threatening tasks that lead to fatal workplace electrocution.

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1. Introduction

Electricity powers every aspect of modern work, yet it remains one of the most persistent causes of occupational death. Despite decades of regulations, training, and personal protective equipment (PPE), workers continue to die from electrical contact. Even low-voltage circuits can deliver fatal current under certain conditions, highlighting the limitations of procedural safety alone. This document explores the enduring challenge of eliminating electrocution workplace fatalities by examining fatality statistics, technical parameters, systemic causes behind workplace electrocutions, and by, ultimately, calling for engineering solutions that address this problem.

2. Problem

Workers continue to die from electrical contact despite existing safety measures. In the United States, from 2011 to 2023, the Bureau of Labor Statistics (BLS) recorded approximately 1,940 electrocution fatalities, averaging more than **150 deaths each year**, and the rate has remained relatively stagnant.¹ Contact with electricity is a leading cause of workplace fatalities, and most incidents occur in non-electrical occupations, showing the limitations of relying on procedures and PPE. There is a growing need for engineering solutions that make electrical systems inherently incapable of delivering lethal current regardless of human error or environmental variability.^{1,2}

3. Magnitude

3.1 Fatality Statistics

Between 2011 and 2023, the approximately 1,940 fatalities mentioned previously accounted for about 5.6% of all workplace fatalities in the United States. Most occurred among non-electrical workers such as laborers, tree trimmers, and maintenance personnel who often encountered energized equipment during routine tasks.^{1,2}

Electrical incidents also cause substantial fatal and nonfatal harm to the general American population. Each year, an estimated 1,000 Americans die and 30,000 experience electrical shocks or injuries. Moreover, out of these 1,000 fatalities, more than 400 involve high-voltage exposure.³ These incidents account for approximately 5% of all burn-unit admissions, primarily resulting from arc-flash explosions and severe thermal burns.^{2,4}

3.2 Economic Impact⁵

Severe electrical injuries typically incur \$1 million to \$4 million in direct medical costs per case. When indirect costs such as litigation, project delays, and lost productivity are included, total losses can double or triple; OSHA's *Safety Pays* model estimates indirect costs 2–4 times higher than direct costs for employers.

For example, for a company operating at a 3 percent profit margin, offsetting a \$3 million injury expense would require more than \$100 million in new revenue. Furthermore, 40 percent of nonfatal electrical injuries result in

¹ Bureau of Labor Statistics. (2024). *Census of Fatal Occupational Injuries (CFOI), 2011–2023: Electrical fatalities*. U.S. Department of Labor.

² National Institute for Occupational Safety and Health. (2023). *Electrical Safety: Injury and Fatality Data and Prevention Strategies*. Centers for Disease Control and Prevention.

³ Zemaitis, M. R., Guirguis, M., & Cindass, R. (2025, July 6). *Electrical injuries*. StatPearls Publishing.

⁴ National Fire Protection Association (NFPA). (2021). *NFPA 70E: Standard for Electrical Safety in the Workplace (2021 ed.)*. NFPA.

⁵ Occupational Safety and Health Administration (OSHA). (2024). *Safety Pays: Estimating the Costs of Occupational Injuries and Illnesses*. U.S. Department of Labor.

absences longer than one week, and 21 percent exceed one month, further highlighting turnover and overtime costs.

3.3 Leading Causes of Electrical Fatalities

Electrocution-related fatalities are seen across many sectors and understanding the primary causes and scenarios associated with these incidents is critical for improving safety practices and reducing risk. Table 1 summarizes the major causes of fatal electrical injuries, their share of total fatalities, and typical situations in which they occur from 2011 to 2023.

Table 1: Causes of Fatal Electrical Injuries⁶

Cause of Fatal Electrical Injury	Share of Total Fatalities (%)	Typical Scenarios
Overhead power line contact	48.2 %	Crane, ladder, or lift contact with energized distribution lines; most common in construction and tree-trimming work
Unexpected contact with electricity (not overhead)	19.3 %	Accidental contact with exposed wiring, energized panels, or tools
Contact with nearby energized equipment	12.7 %	Working close to energized systems without direct touch; includes step/touch potential and arcing
Working on energized parts	4.1 %	Failure to de-energize or verify isolation before maintenance or repair
Ground-faults	4.0 %	Fault current through equipment or structures due to poor grounding or insulation breakdown
Damaged wiring or equipment	3.1 %	Contact with deteriorated cords, improperly repaired cables, or damaged connectors
Other / unspecified causes	8.6 %	Remaining categories not individually classified

3.4 Industries Most Affected

However, though electrocution remains a significant hazard across multiple industries, certain sectors experience disproportionately higher fatality rates. Table 2 presents the distribution of electrocution-related fatalities by industry from 2011 to 2023. Construction leads by a wide margin, followed by professional and business services, trade and transportation, natural resources and mining, and manufacturing.

Table 2: Electrocution Fatalities by Industry^{1,6}

Sector	Fatalities
Construction	855
Professional & Business Services	212
Trade, Transportation & Utilities	155
Natural Resources & Mining	138
Manufacturing	120

⁶ Electrical Safety Foundation International (ESFI). (2025). *Workplace injury & fatality statistics: The Electrical Safety Foundation's 2011–2023 data summary*. ESFI

4. Technical Parameters of the Problem

Electrocution severity depends on current magnitude, voltage, duration, body resistance, and environmental factors. Table 3 and Table 4 summarize the core physiological and electrical parameters relevant to workplace electrocution risk.

4.1: Physiological Current Thresholds

An electric shock occurs when the body becomes part of an electrical circuit, allowing current to flow through it. This can happen when a person touches:

1. Both wires of a circuit,
2. One energized wire and the ground, or
3. A metal object (conductor) that has become energized.

Shocks can cause direct injuries (electrical, arc, or thermal burns) and indirect injuries (bruises, fractures, or falls from muscle reactions). The severity of an electric shock depends on:

- The current (amperes, A) passing through the body,
- The path the current takes, and
- The duration of exposure.

Other influences include current frequency, heart cycle phase, and the victim's health. Effects range from a mild tingle to fatal cardiac arrest, with injury severity increasing as current and exposure time increase.

Current frequency, measured in hertz (Hz), describes how many times per second an alternating current (AC) changes direction. Most household power operates at 50–60 Hz, which is particularly dangerous because it can interfere with the heart's electrical rhythm. At these low frequencies, alternating current can mimic the natural pacing of the heart and trigger ventricular fibrillation—a rapid, irregular heartbeat that stops blood circulation. In contrast, high-frequency currents (above ~100 kHz) tend to cause surface burns rather than deep tissue or cardiac effects.

Table 3: Physiological Current Effects⁷

Current (mA / A)	Reaction	Description
1 mA	Perception threshold	Barely perceptible tingling sensation.
5 mA	Slight shock felt	Average individual can let go. However, strong involuntary reactions to shocks in this range can lead to injuries.
6–30 mA	Painful shock	Muscle control lost.
50–150 mA	Extreme pain	Respiratory arrest and severe muscular contractions cause the individual to lose the ability to let go (“let-go” threshold). Death is possible.
1,000–4,300 mA (1–4 A)	Ventricular fibrillation	Muscular contraction and nerve damage occur. Death is most likely.
>10,000 mA (>10 A)	Cardiac arrest	Severe burns and probable death.

⁷ Cornell University Environment, Health and Safety. (n.d.). *16.1 Electrical safety*. Cornell University.

As shown in the table, the difference between a harmless current and a lethal one can be less than 100 milliamperes. Electrocution can cause involuntary muscle contractions, preventing the victim from releasing (or letting go of) the circuit and prolonging exposure, which greatly increases the risk. For instance, a current of 100 milliamperes sustained for 3 seconds can have the same fibrillation effect as 900 milliamperes applied for just 0.03 seconds.

4.2: Voltage Classification⁸

Given the critical role of current in electrical hazards as it relates to the human body, it’s equally important to consider voltage classifications, as they determine system design, insulation requirements, and safety protocols.

There are two main standards for voltage classification:

- IEC (International Electrotechnical Commission) – Used globally.
- ANSI (American National Standards Institute) – Mainly North America.

In North America, ANSI categorizes voltages into low, medium, and high levels, each serving distinct roles in power distribution and utilization. Table 4 outlines these ANSI voltage levels, their typical ranges, and common applications, from residential wiring to large-scale transmission systems.

Table 4: Voltage Standards (ANSI- North America)

Voltage Level	Typical Range (V)	Application
Low Voltage (LV)	Up to 600 V	Residential outlets, small commercial wiring, large appliances (120–240 V)
Medium Voltage (MV)	601 V – 69 kV	Distributes power to neighborhoods, factories, campuses, large machines
High Voltage (HV)	69kV+	Sends power between cities and regions; large transmission lines and transformers

However, though considered “low voltage”, even 120 V systems can deliver fatal current under wet or conductive conditions, highlighting the limitations of PPE and procedural safety alone. This is further evident in the example provided in FAQ 7 in Section 7 of this document which uses a 120 V system as an example of delivering more than 1 A of current. In short, *low voltage does not mean low hazard*.

5. Discussion with a Subject Matter Expert (SME)

During a conversation with the Foundation, an electrical safety focused SME noted that the official fatality numbers understate the reality of electrocutions in industry because many incidents are either unreported or misclassified. The SME emphasized that the “more PPE and checklists” approach is insufficient: in the field, workers often cannot or will not use PPE properly due to discomfort or heat. Moreover, non-electricians are frequently asked to perform electrical work without the necessary training, while job titles and reporting systems mask these exposures.

The SME highlighted that workers are pressured to keep equipment running, so they may bypass safety steps to maintain uptime. As a result, procedural fixes alone cannot overcome production pressure or systemic design flaws. The solution, the SME emphasized, must come from engineering changes that make it physically

⁸ EcoFlow. (n.d.). *Complete guide to low, medium, and high voltage classifications*. EcoFlow.

impossible for lethal current to reach the operator. This includes smarter circuit design, materials that genuinely protect without impeding movement, and systems that default to safe states when abnormal conditions occur.

However, innovations only help if they are affordable and practical. The SME pointed out that many excellent ideas never reach the field because they are too expensive, complex, or hard to adopt. Effective safety technology must balance technical merit with real-world usability.

The SME's input aligns with empirical evidence: focus on what works in the field, not just on paper. Improving data quality, usability, and worker involvement—and fostering cross-industry collaboration—is essential for lasting progress. Engineering controls must therefore address not just physics, but also the social and economic factors that shape safety outcomes.

6. Engineering Challenge

As explored in this document, despite decades of training and PPE programs, electrocution fatalities remain essentially unchanged, averaging more than 150 deaths annually. Current approaches depend too heavily on human compliance, which is inconsistent and easily overlooked by the pressures to be productive and environmental variability.

7. Electricity/ Electrocutation FAQ

1. *What is electricity and how does it flow?*

Electricity is the movement of electric charge through a conductor, described by **Ohm's Law**:

$$V = I \times R$$

Where:

- **V** = voltage (volts, V) – energy per charge or “pressure” pushing charges
- **I** = current (amperes, A) – flow of charge
- **R** = resistance (ohms, Ω) – opposition to current flow

Example:

- 120 V system, wet skin ($\sim 1,000 \Omega$) $\rightarrow I = 120/1000 = 0.12 A = 120 mA$
- From Table 3, 120 mA can result in respiratory arrest and severe muscular contractions cause the individual to lose the ability to let go (“let-go” threshold). Death is possible.

What power (P) means in everyday life:

$$P = V \times I$$

Electrical power is the rate at which energy is used or delivered, measured in **watts (W)**. For example:

- A 100 W light bulb uses 100 joules of energy per second.
- A 1,500 W hair dryer consumes 1.5 kW of power.

In short: Voltage pushes the current, current flows through conductors, and power is what drives appliances, tools, and machines.

2. *How is electrical power delivered to workplaces and homes, and what hazards does this present?*

Electricity is generated at power plants and transmitted via high-voltage lines to substations. Step-down transformers reduce voltage for industrial distribution (medium voltage) and finally for residential/commercial outlets (low voltage).

3. *What is the difference between AC and DC electricity?*

- **AC (Alternating Current):** Reverses direction periodically; used in power grids.
- **DC (Direct Current):** Flows in one direction; used in batteries, electronics, and solar panels.

AC is generally easier to transform to different voltages; DC safety considerations differ.

4. *How does human body resistance affect electrocution risk?*

For the same voltage system:

- Dry skin: $\sim 5,000$ to $100,000 \Omega$ \rightarrow higher resistance means lower current (lower risk)
- Wet skin: $\sim 1,000 \Omega$ \rightarrow lower resistance means higher current (higher risk)

Factors: contact area, moisture, clothing, footwear, and health. However, even low-voltage systems (120–240 V) can be fatal in wet conditions.

5. *Why does the current's path through the body matter?*

- **Hand-to-hand:** crosses the chest \rightarrow highest fibrillation risk.
 - **Hand-to-foot:** current flows through torso \rightarrow still dangerous.
 - **Foot-to-foot:** mainly leg muscles \rightarrow less likely to affect heart.
-

6. *How do arc flashes occur and why are they dangerous?*

An arc flash is a high-energy electrical explosion where current jumps through air to another conductor or ground. By producing intense heat, light, and shockwaves, arc flashes can cause burns, fires, and secondary injuries.

7. *How do these electrical parameters interact in the real-world?*

Example:

A wet worker grabs a 120 V live wire with one hand while touching metal scaffolding (ground).

- Wet skin resistance: $\sim 1,000 \Omega$
 - Current (using $I=V/R$): 120 mA or .12 A
 - Duration: 10 s
 - Path: hand-to-hand
 - Frequency: 60 Hz AC (common and heart-sensitive range)
- Result: likely ventricular fibrillation, even though voltage was “low” since it is possible the worker was not able to let go.
 \rightarrow Shows why “low voltage” does not mean “safe voltage.”

8. Additional Resources

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