

SAGAMOK ANISHNAWBEK
NEWS

Shkadin Giizis

Freezing Moon | November 2026



FOODCYCLER PROGRAMS

RESERVE YOUR SPOT!

A **Community-Wide** Solution for Managing Food Waste



The North Shore Tribal Council is launching a program to help decrease food waste across our communities. Each registered participant will receive a **FREE FoodCycler**, supplied with charcoal filters, and a 5-year warranty - making food waste easier to manage at home, with less smell, mess, and effort.

Limited FoodCyclers available - reserve your spot today!



To be eligible:

- Must be an on-reserve member
- Must agree to provide feedback
- 1 per household

Community pick up dates will be shared after registration.

You must complete a short survey after 8 weeks and then the FoodCycler is yours to keep!

- NO ODOURS OR PESTS
- REDUCE WILDLIFE ATTRACTANTS
- CLEAN AND EASY TO USE
- ENERGY EFFICIENT

Confirm your participation now!

To sign up or learn more visit:

https://bit.ly/NSTCFoodCycler

Questions? Email: bea@mamaweswen.ca

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Child and Youth Safety is Everyone's Responsibility

Strong communities help keep children and youth safe. We all have a role to play in looking out for one another and ensuring that young people feel supported, valued, and connected.

FOR IMMEDIATE SAFETY CONCERNS, CALL 911 IMMEDIATELY OR GO TO YOUR NEAREST HOSPITAL EMERGENCY DEPARTMENT.

If a child or youth tells you they are thinking about hurting themselves, or that someone is hurting them, please do not keep it to yourself. Making a report or calling for support is an act of care that can save a life.

If you are concerned about a child or youth's safety, wellbeing, mental health, or risk of self-harm, don't assume someone else will step in. Reaching out can make a meaningful difference in a young person's life.

The duty to report applies to everyone. Whether you are a parent, caregiver, relative, neighbour, coach, friend, or community member, you are not exempt. If you have reasonable grounds to suspect a child or youth may be in need of protection, you must report it right away. You do not need proof, and you do not need to be certain. Leave the assessment to the professionals.

SUPPORT AND CRISIS LINES:

Kids Help Phone (24/7)
Free, confidential support for children, youth, and young adults. Connect with professional counsellors or trained crisis responders by phone, text, or online anytime.
📞 1-800-668-6868
📱 Text CONNECT to 686868
🌐 www.kidshelpphone.ca

9-8-8 Suicide Crisis Helpline (24/7)
Call or text 9-8-8 for immediate support if you are thinking about suicide, experiencing emotional distress, or worried about someone else. Trained crisis responders are available day and night.
📞 or 📱 9-8-8
🌐 www.988.ca

SAGAMOK ANISHNAWBEK

Health Sciences North Crisis Services (24/7)
Immediate crisis assessment, intervention, and support for individuals experiencing a mental health crisis, including thoughts of self-harm or harm to others.
📞 705-675-4760
📞 Toll Free: 1-877-841-1101
🌐 www.crisishelp.ca

Nogdawindamin Family and Community Services
Duty to Report: Under Ontario's Child, Youth and Family Services Act, everyone has a duty to report. If you have reasonable grounds to suspect that a child or youth may be in need of protection, including abuse or neglect, you must report your concerns to Nogdawindamin right away.
📞 1-800-465-0999
🌐 https://www.nog.ca/

Afterhours Child and Family Support:
📞 705-863-2572
Available for child welfare and Family crisis
Connects family to appropriate services
Coordinates referrals to follow up

ConnexOntario Mental Health Helpline (24/7)
Free and confidential information, support, and referrals for mental health, addictions, gambling, and eating disorder services across Ontario. Support is available for individuals, families, and caregivers.
📞 1-866-531-2600
🌐 www.connexontario.ca

Together, we can create a community where every child and youth feels safe, supported, and cared for.

If you see something, say something. A conversation, a phone call, or an act of care can make all the difference.

SAGAMOK ANISHNAWBEK

URBAN COMMUNITY *Outreach*

For Members of Sagamok

Membership Services

Off-Reserve Member Christmas Gift Cards

Sagamok Department Updates

Koognaasewin

and More!

NOV 14–15	**OTTAWA** Delta Hotel, Ottawa
NOV 21–22	**TORONTO** Chelsea Hotel, Toronto
DEC 1	**SAULT STE. MARIE** Delta Waterfront Hotel
DEC 3	**SUDBURY** Sudbury CFAU Office

More Information:
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www.SagamokAnishnawbek.com



Dgwaagik Zgaknigeng 2026 (Fall Harvest)

Mist filled the campgrounds and the chilled, damp air pushed against each guest as they got out of their vehicles, giving everyone a reason to layer up and created the perfect conditions for cozy dressing. For many, fall means comfy clothes and weather, but that isn't the full picture for Anishinaabe. Dgwaagik Zgaknigeng (Fall Harvest), celebrated from



October 5 to 9, represents more than a celebration of changing weather; it's a continued path forward for a specific way of life. From harvesting animals to making moccasins, the event creates space to preserve culture and heritage. It teaches lessons that not only carry future generations forward but also strengthen personal pride in the history being taught. This year's fall harvest featured crafting, challenges, and great food, creating the perfect setting to continue guiding the lessons that shape Anishinaabe life.

The day began with treats; as Sagamonians and other guests arrived, Juanita Skruibis, Director of Family and Community Support Services, greeted them with Sagamok-themed sugar cookies. Huddled under the dining tent, attendees chatted over warm coffee, pausing only to greet new arrivals with a big smile—these friendly greetings stood in contrast to the damp weather! The fog hung low, just above the grass, rising in little wisps as people walked around the grounds. One could tell people were eager to push back against the cold weather with their warm reception.



The dining tent near the entrance became a gathering point as people huddled around two tables lined with food, camping materials, and prizes for the future games. The Child and Family Advocacy Unit held a handful of pumpkin-related challenges, where friends and family competed against each other. Laughs from both staff and viewers rang out as youth tried to toss plump orange pumpkins between their legs and over their heads while racing down a line, starting out the day with a fun icebreaker to get both youth and adults into the fall spirit.



Conversation carried across the campground; wherever you stepped, you could hear families and friends connecting, or a community member sharing important Anishinaabe lessons. Notably, Michael Abitong, Land-Based Resource Instructor, ran a Biidaaban Kinoomaagegamik booth, teaching a range of land-based skills. From fur identification to tanning and trapping, Michael is helping carry on the spirit of knowledge passing for all those who stopped by. With pelts strung across the booth banner, Michael also shared information on the Wiigwas (Birch Bark) moose call (a cone-shaped piece of birch bark used for hunting), demonstrating its use and how to craft it. Sharing these lessons helps not only those listening but also supports the week's broader goal: carrying these traditions forward.

As one generation of Anishanaabe stood steadfast in their ability to teach, so too did the generation under them come ready to learn! Each day of Fall Harvest gives students from Daycare, Biidaaban, and High School a chance to visit and join in the planned activities. Unfortunately, the weather and road conditions made things difficult this year. One bus got a flat tire, and the Sagamok Greenhouse staff vehicle bringing pumpkins for the carving booth had a similar tire problem. Heavy rain and uneven road maintenance caused potholes and washouts, so only 4x4 vehicles could get through.

Communications staff came mid-week to photograph students and members taking part in the many events. On Wednesday, October 7, Early Learning 1 & 2 and Grades 1 & 2 (about 58 kids), along with students from the Espanola High School Ravens program, were supposed to attend. However, because of the road conditions, bus drivers did not feel it was a safe trip, so they were unable to attend this year. Still, many school-aged students came with their families during Harvest Week, and the activities were well attended.



Programming included:

- Moccasin Making 101
- Taasewaang Wreath and Kids Starburst Bead Craft
- Wiigwas Moose Call Making
- Youth Teaching Circle
- Anishinaabemowin Bingo
- Cookie Decorating and Window Sticker Making
- Pumpkin Carving / Decorating
- Bird Feeder Making
- Scavenger Hunt Bingo
- Quill Box & Medallion Making
- Elder Storytelling

- Family Trees
- Fire Starting Teaching
- Granola Ball Making
- Blanket Making
- Hat making
- Canoe outings
- Mukwa Adventures - Quad Tour



A significant amount of work and time goes into planning, acquiring materials/goods, and carrying out programming. It's a heavy lift for both staff and community contributors alike. Let's take a moment to show gratitude and reflect on their generous spirits for providing these interactive learning opportunities as we come together at Fall Harvest!

Biidaaban Kinoomaagegamik hosted Fall Harvest teachings and hands-on learning at the school from October 6-8. Waaseyaankaan Teg team members, led by Marjorie Southwind, Anishinaabemowin Manager for Sagamok Education, presented and supported cultural and land-based programming for all grades. Daycare Friends joined for one of the three days. Friends travelled by bus through their community to Biidaaban school, were introduced to a new school landscape, and interacted with Biidaaban students while learning new instructional materials and techniques. Various stations were set up primarily in outdoor locations at Biidaaban and included:

- Traditional Hunting & Safety
- Ly Corn & Beaded Indian Corn Craft
- Birch Bark Medallions / Design
- Partridge Hunting
- Scavenger Hunt
- Animal Fur Identification
- Species at Risk (Special Guests from Wiki Lands Dept)
- Traditional Fire in the Arbour
- Bear Grease Rendering
- Corn Soup & Scone making/sampling
- Fish Fry & Moose Meat Stew making/ sampling
- Apple Sauce / Apple dessert making

The collaborative effort across numerous education units, staff members, and educators from different streams really demonstrates the whole-community approach to learning and supporting our youngest members culturally and developmentally. Anishinaabe Aadziwin was an integral part of all presentations, making Fall Harvest an authentic and timeless opportunity for self-discovery and strengthening personal pride.



The fall harvest week reminded everyone who attended, both at the campgrounds and at the school, that learning isn't limited to a fixed time or place. Coming together with the shared goal of showing gratitude, preserving identity, and connecting to one's roots is a symbolic act that reminds us to share knowledge intergenerationally. Miigwech to all the staff who contributed time and energy, both through participation and teaching, and to all who joined along the way. Whether we are just starting to learn or have a rich history with the knowledge, Fall Harvest Week creates a space for continuity—the continued learning and teaching of the Anishinaabe way.





The First Hunt

Bradley Trudeau, Host of Bimaadziwin Radio – The Sagamok Hour, had the pleasure of interviewing a father and son duo about their successful Fall Harvest hunt. The story aired on the Sunday, November 1 episode.

Fabian Southwind and his son Waasnoode “Waas”, were very pleased with their efforts in the Fall Harvest moose hunt this year. Waasnoode, at just 12 years of age, shot his first moose! Supported by his dad, Fabian, Waasnoode learned about proper protocol of offering semaa (tobacco) when beginning his hunt, and for the moose in honour of giving its life to provide sustenance for the community. He was shown hunting techniques, tracking, calling in the animal, etc. and shared these experiences in the bush alongside his father.

Fabian expressed how proud he was to hunt with his son and share some of the teachings and traditions passed down to him by his father, uncle, and beloved family members. Waasnoode was very pleased with his hunt, and visibly humble as well. He posed with his Dad beside his harvest, as the moose was being prepared for transport to the abattoir. Congratulations Waasnoode and Fabian on your successful hunt together and continuation of meaningful Anishinaabe traditions.

You can listen to their full interview by navigating to the Sagamok Anishnawbek website, locating the Community tab along the top bar, and then finding The Sagamok Hour on the drop-down menu. Bimaadziwin Radio - The Sagamok Hour – is archived there. Here is the direct link: https://www.sagamokanishnawbek.com/the-sagamok-hour. If you miss the live show, you can always venture over to the website to listen to the broadcast and catch up on Sagamok news and stories when it is convenient for you.

Scan the QR code to hear the live interview





Grandma's and Aunties Christmas Clothing Giveaway

Miigwech to Sagamok's Grandmas and Aunties Group for hosting a winter clothing giveaway on October 19. Your time spent gathering donations and distributing to community members in need is appreciated.



Car Seat Cover Making (Oct 20)





Current Koognaasewin Timeline

On October 21st, Sagamok marked a major milestone in our work toward jurisdiction over child wellbeing. The Sagamok Negotiation Committee and representatives from Canada and Ontario formally launched negotiations with ceremony, a gift presentation, and introductions of all parties.

This gathering marked the official beginning of negotiations toward Sagamok assuming responsibility for all aspects of child wellbeing.



It builds on several months of preparation. Here's a look back at the steps that brought us to this milestone.

Koognaasewin 2026 Timeline:

- **March 2026** – Sagamok declared its intent to assert jurisdiction over child wellbeing through Bill C-92 with the Governments of Canada and Ontario.

- **March - June 2026 –** Sagamok established its Negotiation Committee and assigned Roger Jones as Lead Negotiator.

- **June 2026** – Sagamok met for the first time with Canada and Ontario Officials for a preliminary meeting. At this time, Canada had not yet assigned a Lead Negotiator.

- **September 2026** – Canada assigned a Lead Negotiator.



•**September - October 2026** – Trilateral and Bilateral meetings scheduled to begin briefing Canada and Ontario on Sagamok's Koognaasewin Law and Service Delivery Model.

•**September 2026** – Management began the process of creating tools, workflows, and processes.

The Sagamok Negotiation Committee, Canada and Ontario formally launched negotiations on October 21st with ceremony, gift presentation, and formal introductions of all parties. This marks the official beginning of the eventual takeover by Sagamok of all aspects of Child Wellbeing. Below are photos from the meeting.











Fall Fun Day 2026

What goes better with fun? Maybe running! If you said no, you might be forgetting that it's already November and winter is upon us. With so little time to play outdoors, why not enjoy being active while we can? As the natural fall colours highlighted the event's decorations and backdrops, the chilling winds made their presence known, pinning everyone outside in place and ensuring no one moved to conserve warmth—but that didn't stop anyone from enjoying their annual Fall Fun Day, held here in Sagamok, on Saturday, October 24. Hosted at the Multi-Educational Centre, community members were invited to a day of fun-filled games, activities, and food—and, with an interesting addition: a Fall Fun Day race hosted by the Community Wellness Department's Mental Health and Addictions team!



With Ricki-Lee Toulouse emceeing the race, runners were divided into three groups: Adults (5km), Youth (3km), and Kids (1km). All runners started at the MEC; Adults were expected to run all the way to Riverview Varity and back, youth to turn around at Little La Cloche, and kids to circle the baseball field twice. Participation was sparse in each group, but the spectators were plentiful, with one elder joking faintly from a distance, "It's too cold out—nobody wants to run," before the runners took their stance. Many onlookers struggled to stay warm and watch them take off, but the participants stayed focused! Each group had visibly passionate people; in fact, a mother in the adult runner group completed the 5km route while pushing a stroller! Amazing.



Friends and family cheered from the starting line as each runner began and finished the race. The Sagamok police helped guide each group along the course. Some runners finished with relative ease, while others had more to fight (mentally and physically), but everyone made it to the end. Seeing everyone cross the finish line showed how much effort they put in. No matter what their experience level, everyone was determined to reach the goal and cross that line. It was inspiring to watch everyone work so hard. Seeing those determined to exercise for the fun of it, and not despite it, left those who



watched with one message: we should never take our physical well-being for granted. By putting this run together, the Community Wellness Department helps remind us of this. It's not just about having fun, it's also about supporting mental wellness by encouraging us to care of our bodies, support each other, and inspire others to do the same. Highlighted by the "be kind to your mind" sign posted at the registration table, the run established this tone of encouragement the moment anyone arrived at the scene.

The run took place outside the MEC, in front of the baseball field, while at the same time, games and activities took place inside. The event—both inside and out—was packed; attendance filled the entire parking lot, leaving many with no option but to park across the street or down the road. This meant plenty of people watched the runners at the start, and lots of attendees stayed inside the MEC with the vendors. The MEC was lined up with vendors, booths, and tents outside, so many people moved in and out as they ate, chatted, or roamed curiously. Families and friends reconnected, filling every corner of the gym.

Congratulations to our first-place winners:

- Travis Munro (5km)
- Leisa Paibomsai (3km)
- Taysha Gillette (1km)

Second:

- Jonathan and Kelsey Radbourne (5km)
- William Moffatt (3km)
- Roman Assinewe (1km)

Third:

- Kris Lizzi (5km)
- Isaiah Bennett (3km)
- Cassidy Bennett (1km)

In the morning, the event offered a pancake breakfast (complimented with bacon or sausage), with all proceeds going to this year's Ethan Eshkakogan Memorial Toy Drive. The breakfast was a hit! Chairs by the entrance were full of people enjoying their food. The smell of pancakes filled the gym, and staff worked hard in the kitchen, flipping pancakes for everyone. As people gathered around the stage (where the tables and chairs were set up), some could sit while others had to eat on the go. As the morning continued and the pancake rush slowed down, more community members cycled onto the main floor of the event. Tables lined the perimeter of the gym, with a mix of activities and commerce. From jewelry, crafts, stickers and wood carving to shirts, hats, and 3D-printed toys, Fall Fun Day had no shortage of things to check out!

Along with the evening's food and games, the Lands, Resources, and Environment continued their annual commitment to the moose meat giveaway! Thank you to Chevaun Toulouse (Environment & Climate Change Coordinator), Allen Toulouse (Historian), Mitchell Eshkakogan (Natural Resource & GIS Technician), and Samantha Keysis (Director of Lands, Resources & Environment) for continuing the tradition with another great year of moose meat contributions to the community!

Miigwech to Gail Trudeau and all the Departments who worked together to organize Fall Fun Day, and thank you to all the staff who joined in. Chi Miigwech to Ricki-Lee Toulouse for organizing the race, to all the community members who came out and made the day special, and to all the vendors who set things up!



Every Child Matters Celebration

Reconciliation is a journey with no end date; it's an ongoing process that requires deliberate effort. It's about more than just recognizing the truths of history—it's about keeping them close and making space to honour those who suffered. On September 30, Sagamok did this by hosting an event at the Multi-Educational Centre (MEC) to honour the survivors of Canada's residential school system, as well as their families.



On a rainy Wednesday, orange shirts rolled into the MEC one after another. The bouncy castles and energetic children who attended made the evening's purpose clear: we honour residential school survivors and the children who didn't make it home by celebrating the time we have here today. Space for conversations about the serious, dark history of residential schools is not only necessary, but sorely needed. However, for this gathering, for this night, we honoured and celebrated today's youth with food, games, and activities. Some examples included a "make your own trucker hat" station, where you could customize your hat with different patches and accessories, and a "build your own 'worry monster" booth, where attendees got materials to make their own monster. With pipe cleaners, markers, and glue (and a handful of other crafting materials), they could build and "feed their worries" to the monster, helping them let go of their stress.

The event was bright and full of life. Children's drawings covered the MEC wall, and the crowd wore bright orange shirts that highlighted the room's spirit. Children laughed, joked, and ran in and out of the building, filling the space with excitement. Orange and black balloons and flags decorated the gym, and the crowd's energy made everyone want to participate. Fortunately for those who didn't arrive in orange, shirts for the event were neatly stacked near the entrance.



The smell of popcorn commandeered every nose in reach and brightened the senses as the cotton candy machine's hum caught everyone's ear. The floor was stirring with sensation, inviting everyone who walked into the gym to try a snack. To honour the children, community members, staff and youth in attendance gathered for the Every Child Matters Walk. They carried flags and remembered residential school survivors as they marched from the MEC to Little La Cloche Lake. At the end of Espaniel Road, everyone paused for a moment of silence. On the return, the once slightly crowded MEC audience doubled to fill the gym—a remarkable turnout!

From the prayers to the Young Warriors Drum Group to all the kids running around, the event seemed to end quickly. However, the event was more than just fun and activities. It brought the community together with the shared goal of remembering those who were victimized. It unified families in celebrating both the children of the past and those of the future.

Miigwech to all the staff who helped set up and host the event. Thank you as well to all the families who joined us to celebrate the youth and honour the victims of the residential school system.













Elders Healthy Eating Lunch and Learn

A lunch and learn was held on October 27 at the Multi-Educational Center (MEC) to help elders learn about healthy eating habits! Frederick Toulouse, the Community Peer Support Worker from the Community Wellness Department, led the session. Drawing from his background and knowledge to connect with, support, and help community members, he encourages everyone's wellness journey in a space that values culture. This particular program sought to help elders take good care of their bodies by not only supporting healthy eating but also discussing how to achieve it.

From the cultural importance of whole foods to the descriptions of different minerals and their roles in the body, the presentation dealt with a mix of oral and written presentation as Ovidiu Moga—a Registered Nurse in the Community Wellness Department—spoke with Frederick to explore some of the themes.

With homemade deli sandwiches, beef vegetable soup, and cake for lunch, staff handed each elder an information packet with a variety of healthy food information. The most pertinent one seemed to be a diagram of a "healthy eating plate," a visualization of not only the types of food one should plate (have per meal) but its portion size and relevant qualities. It covered using a healthy amount of oil (like olive and canola oil to avoid trans fats) and including vegetables, fruits, whole grains, and protein for a balanced meal. With a friendly reminder to always drink water!

Some of the discussions focused on the community's food bank, and how the Elders would like to see some more emphasis on prioritizing those with food sensitivities. This is to say that people with specific dietary needs such as low salt, gluten-free, or allergy restrictions often lack options. As we age, our needs get harder to manage, as we require more specific minerals and nutrients, and Elders are at the forefront of that consideration.

Although learning is always positive, many elders said they simply enjoyed coming to speak! They shared that being able to get out, spend time with others, and catch up was a big reason they liked attending. Many looked forward to socializing with other elders. Now that they are retired, they wanted to be in good company, no matter the topic. If you feel motivated to come learn and discuss interesting topics with community members, please look out for future lunch-and-learns and other events hosted for our elders!

Miigwech to Frederick and Ovi for hosting the lunch, and to all the elders who participated and let their opinions be known!





Sagamok Jr Animal Wellness 6-month recap:

Submitted by Lindsey Cada Tremblay
By-Law Enforcement Officer

The Jr Animal Wellness Group's first meeting took place in April 2026.

• Meetings started once a month and quickly increased to bi-weekly.

• Over the 6 months, group members had 2 information/education sessions with the OVC in the spring and fall clinic.

• Travelled to an animal shelter that works closely with Sagamok By-Law and learned the process of transferring an animal from start to finish.

• Travelled to African Lion Safari and learned about Safari Animals, then had dinner at Medieval Times, where they were able to learn about horses, how smart they are and how much training goes into getting them performance-ready; also got to see a trained hawk and listen to the trainer and see how the hawk lives.

• The group also travelled to Wagon Wheel Ranch for a fun-filled fall day, with more animal education and a petting zoo, followed by pumpkin picking!

• When the idea of the Jr Animal Wellness Group was presented in collaboration with the CFAU Prevention Program and Child Wellbeing Workers, we knew that the hardest part would be maintaining attendance.

• Over the last 6 months, attendance has not only been maintained but has almost tripled since the early days.

• Participants work hard at each group meeting to make items for community pets, such as snuffle mats and fresh-baked, healthy treats for both cats and dogs.

•Participants also attend community events and bring an Animal Wellness spin to all things.

• The group also makes crafts to sell at community events; after selling them, the group decides together how to use the funds to give back to animals in the community.

• The group also has an upcoming pet food drive, along with many other exciting ways to give back.

• What started as a hope to increase responsible pet ownership in younger generations, 1 hour one night a month, has turned into a group making a difference for animals in the community, meeting every other week for 2 hours, PD day programming from 10-4, and the occasional weekend event to attend.

• At the 6-month mark, we met with the group participants' parents and handed out surveys. Parents' most common comment was increased awareness of animal wellness in the community and with their own pets. The group has been successful and beneficial, and it continues to grow and evolve.



Halloween Food for Hunger Drive

During the week of Oct 26-30, students at Espanola High School held a Halloween Food for Hunger Drive. A school-wide event -- students/families contributed non-perishable food items with collection taking place across several communities in the region -- Espanola, Spanish, Massey, Willisville, Webbwood, and Sagamok. Door to door canvassing by a group of 6 volunteer students from Sagamok took place on October 27 from 3-6pm.

Students collected 184 items! This image of an overflowing bin and several grocery shopping bags was taken at the Lifelong Learning Centre where Guidance & Career Coach (EHS Student Support Worker) Josephine Toulouse set up a collection station in community. Staples such as oatmeal, peanut butter, sauces, canned goods including vegetables, fruits, fish/meats, as well as unique inclusions of vitamin C pouches (carry over from a CWD post-secondary student basket giveaway) will help families in need over the coming fall and winter months. Miigwech to the students for their efforts towards improving the lives of others in their communities by ensuring food security, and for being positive role models as leaders in their school and region.





Education Survey Winner: Robert Porter

Congratulations to Robert Porter! Robert was the winner of the Sagamok Education gift bag offered at the recent AGM. Encouraging literacy, numeracy, and family/group social time, the gift bag was filled with $50 in gift cards to Giant Tiger, a variety of adult and children's books, puzzles, and games.

During the Sagamok Annual General Assembly, held this year at Biidaaban Kinoomaagegamik on November 7 from 10am to 4pm, the Education Department hosted an information booth exhibiting each service sector within the Education portfolio. A survey regarding Education services was offered to everyone to participate in and share their viewpoints on. For their contributions, their name was entered into a draw for the displayed prize pack. Once again, congratulations to community member, Robert Porter, on being drawn as the prize winner!

The survey findings will be posted at the Lifelong Learning Centre as well as in the upcoming education newsletter in December if you are interested. Miigwech to everyone who took the time to answer our questions and provide valuable feedback to best serve the needs of our community regarding Education!

SUDBURY BARRIE TRANSMISSION LINE

COMMUNITY OPEN HOUSE UPDATES

On Thursday, October 22, 2026, a Drop-In Information Session was held at the Millennium Centre to share information about the Sudbury–Barrie Transmission line with the Community. Facilitated by Sagamok Development Corporation's Project Engagement Coordinator, Nikitha Jithu, and hosted by Hydro One, community members had the chance to connect with the team responsible for the project and ask questions. As Hydro One seeks to strengthen its partnership with Sagamok and share responsibility for the project, it encourages all community members to come out to these open houses and share their thoughts and feedback—to advance our electricity system and prepare for Ontario's future demands.

Electricity moves through three stages—generation, transportation, and distribution. The Sudbury transmission line to Barrie supports transportation. Hydro One plans to build electrical infrastructure spanning from the Hanmer Transformer Station (TS) in Sudbury to the Essa TS near Barrie (roughly 300 kilometres). With a new single-circuit, 500-kilovolt (kV) transmission line, the project is expected to be in service by 2032.

As industry grows in northern Ontario, energy demand increases proportionally; but what does this mean for Sagamok? With Hydro One, the First Nation Equity Partnership Model allows First Nations to invest in a 50% equity stake in the transmission line. This means First Nations will have explicit ownership of part of Ontario's electrical system.

Sagamok Development Corporation (SDC), led by General Manager Evan O'Leary, shared insights into its role in the project and that SDC will help Sagamok implement its engagement strategy with the project. In other words, SDC was given a funding agreement with Hydro One and Sagamok, and its role is to help facilitate it.

In the last phases of the project, the focus was on environmental and archaeological studies; combing the land and analyzing the results to determine its suitability for this project as well as consultation with First Nations on how the land is/was used for cultural and ancestral purposes. The results of these studies must be sent to the Ontario Energy Board, which will decide if the chosen land is suitable for development—rest assured all sides are taking care to respect the land! If, and when, the analysis shows the land is suitable, the Ontario Energy Board will approve the project to move forward with construction. Specifically, over the past two years, there has been a lot of fieldwork. Members of the Lands, Resources and Environment (LRE) and Claims and Negotiations teams received monitor training. Working with Waasmoowin, staff learned important skills to become field monitors. They mapped the transmission line route, identified plants in the area, and checked if any are endangered. Evaluating the impact on the land and plant life helps understand the project's broader impact on the environment.

At this stage, several companies competed to be the general contractor—with Hydro One's most recent update sharing that they have chosen Valard Construction to complete the expansion of the line. Although this open house covered the Sudbury to Barrie transmission line (The Northeast Powerline) Waasmoowin is also in the process of another similar project: the Northshore Link (a powerline between Mississagi TS near Wharncliffe and Third Line TS in Sault Ste. Marie.) To help support the project, SDC has hired two new members from Sagamok and they have been trained to monitor the project's construction and are expected to begin in January 2027. The first phases will focus on the Northeast powerline, including clearing trees and building roads so workers can start expanding the line. There will be many job opportunities, especially for people with forestry experience, general laborers, and linesmen.

Labour data suggests there are currently more jobs than candidates for this project, so if this sounds like something you would be interested in, please visit the Waasmoowin website for future job listings! Miigwech to Evan for the updates, Nikitha for facilitating the open house, and everyone who attended!



Hoop Dancer at Biidaaban

Submitted by

Rebecca Toulouse
Senior Curriculum Facilitator

On October 9, Biidaaban students were treated to an amazing display of talent as two time world champion hoop dancer Scott Sixkiller Sinquah and his six year old son Sonny shared the Hoop dance. His wife, Alex Toulouse, is a member of Sagamok where her many Toulouse/Owl family live. The family was in Sagamok visiting for Thanksgiving. Scott is proud to represent the Gila River Pima, Hopi/Tewa, Cherokee, and Choctaw Nations from the southwest in Arizona. He comes from a family of champion hoop dancers and now, his son Sonny, who has been learning since he was two, is performing with the family. Scott has been fortunate to travel and share the Hoop Dance all across Turtle Island, as well as overseas into the United Kingdom, and Europe. Scott shared that the hoop dance is a healing dance that originated from ceremony. When he dances he doesn't dance for himself, he dances for all the ancestors that kept these ways of life alive. In sharing his passion for Indigenous culture through song and dance, Scott's main goal is to bring joy to your hearts and spread healing through this Hoop Dance.









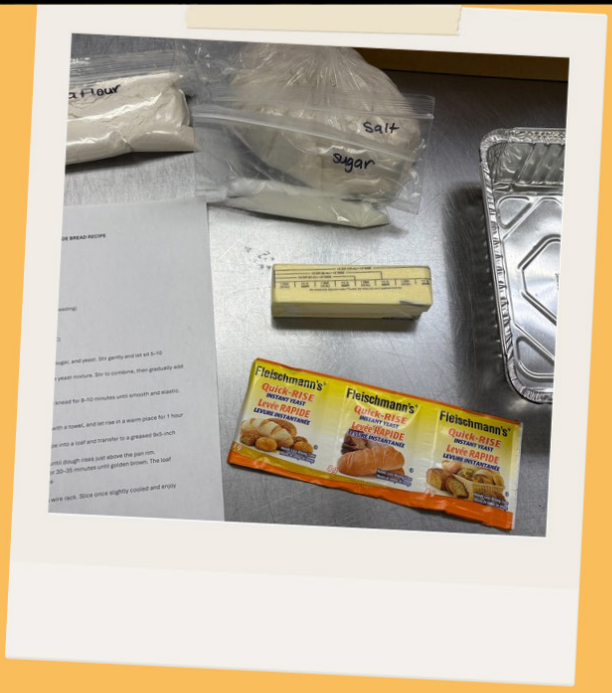

SAGAMOK
MINO BIMAADIZIWIN
GCHI-MIIGWECH • WECHIGEWIN • MNAADENDMOWIN
FOOD BANK
NOURISHING OUR COMMUNITY
WIIGWAMIGONG • ZIIBIMIIGWEWIN • MANAAJITOOWN
RESPECT • SHARING • CARING FOR ALL



FOOD BANK

Services that we offer:

- Food bank
- Soup kitchen
- Milk program
- Referrels
- Monthly fruit and vegtable distrubution





Where we're located:

4008 Espaniel St, at the Multi-Education Center

Times we are open:

Monday: 10am-3pm
Wednesday: 10am-3pm
Friday: 10am-3pm



Who works Here:

Miranda Abitong, Food Bank Coordinator (705-863-0762)

Zoe Nahmiwan, Food Bank Assistant (705-863-5112)

Items we offer:

Proteins:

Beef; Ground, Steak, Roasts, Ribs, Bones,
Chicken; Legs, Thighs, Wings
Pork; Ground, Sausages, Chops, Roasts, Ribs, Side pork

Starches:

Rice, potatoes, pasta, KD, Mr. Noodles, Cereal

Canned goods, Ready to eat:

Chef boyardee, Stews, chilies, Tuna

General Items:

Veggies, Milk, Condiments, Toiletries, Frozen fruit and veggies, Drink items, Children school snacks, Baby formula (Referral)

Sagamok households can access the Food Bank once per week. Individuals can access the soup kitchen any time that we are open for services, and while quantities last.
Miigwech!

THE LOGO WAS SUBMITTED BY BRIANNA RUTH WHEN WE RAN A COMMUNITY CONTEST.

Birnaadiziwin Radio:
THE SAGAMOK HOUR
with Host Bradley Trudeau

SUNDAY, NOV 22
11AM – 12PM

94.1 CKNR ELLIOT LAKE

OCAS & OUAC Info Session

THURSDAY, NOVEMBER 26
5:00PM – 7:00PM | Lifelong Learning Centre

Learn how to prevent costly mistakes, missed deadlines, and lost offers.

Edie Fairburn | fairburn_edie@sagamok.ca

Woodland Wealth

Free Financial Planning and Investment Advice
WITH CAROL ANN BUDD

AVAILABLE MONTHLY AT SAGAMOK CANADA POST

hello@woodlandwealth.com
613-767-1234



CREATE YOUR OWN
Christmas Wreath

DECEMBER 7 | 5–7PM
Multi-Educational Centre

REGISTRATION REQUIRED
Susan Sonnenburg | 705-863-2838

Elders Christmas Gathering

December 15 | 5-8PM
Edit: Multi-Educational Centre
Limited Seating - Reserve by Dec 6th
Darla Boston | 705-865-2421

Dear Off-Reserve Members,

For those outside the Sables-Spanish Rivers area, we are inviting you to contact us to receive a $50.00 grocery gift card for any Loblaws Grocery Store

Please submit your name and mailing address.
Only one gift card per household.

Submissions can be emailed to: **giftcards@sagamok.ca**

The **deadline** for submission is **December 9, 2026**.

SAGAMOK ANISHNAWBEK

Merry Christmas

DRYLAND TRAINING

Every Tuesday | *Starting November 17*
Fitness Centre | 512 Cedar Street

Age 12-14 yrs ▸ **5:00PM to 5:30PM**
Age 15-17 yrs ▸ **5:30PM to 6:00PM**
Age 18+ ▸ **6:00PM to 7:30PM**

REGISTRATION REQUIRED

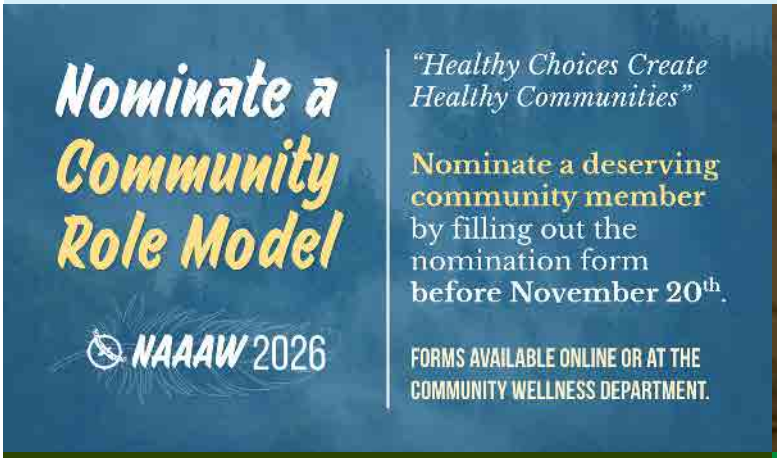
Brent Nashkawa | 705-863-0572
nashkawa_brent@sagamok.ca

Family Ribbon Skirt/Shirt Making

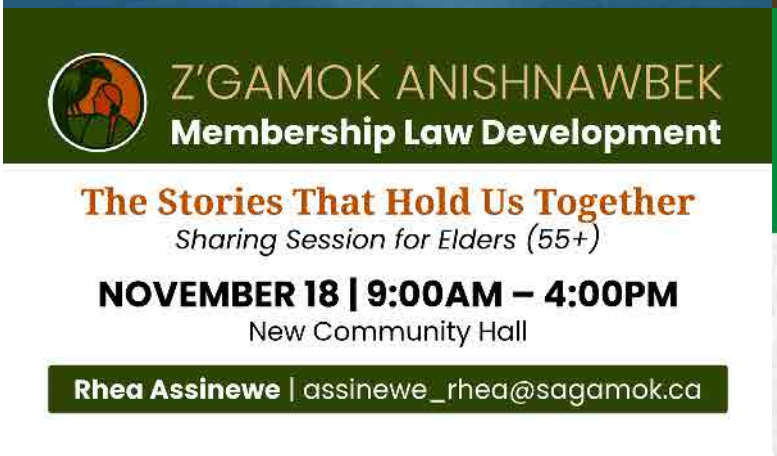
NOV 30 | 5PM – 9PM
DEC 14 | 5PM – 9PM
Lifelong Learning Centre

Limited to 5 Families
REGISTER NOW!
Deanna | 705-863-2657
southwind_deanna@sagamok.ca




Nominate a Community Role Model
NAAAW 2026
"Healthy Choices Create Healthy Communities"
Nominate a deserving community member by filling out the nomination form before November 20th.
FORMS AVAILABLE ONLINE OR AT THE COMMUNITY WELLNESS DEPARTMENT.


GWEYAKIJIGEWIN TEG
SAGAMOK JUSTICE PROGRAM
PRESENTS
COMMUNITY SAFETY PLAN
PICTURE CONTEST
THE COMMUNITY SAFETY PLAN COMMITTEE IS SEEKING HAND DRAWN PICTURES TO PLACE IN THE UPCOMING COMMUNITY SAFETY PLAN.
CATEGORIES:
• 5-10 YEAR OLD
• 11-17 YEAR OLD
• 18+ YEAR OLD
For more information, visit:
www.SagamokAnishnawbek.com/Sagamok-Posts


Z'GAMOK ANISHNAWBEK
Membership Law Development
The Stories That Hold Us Together
Sharing Session for Elders (55+)
NOVEMBER 18 | 9:00AM – 4:00PM
New Community Hall
Rhea Assinewe | assinewe_rhea@sagamok.ca


NOVEMBER:
Community Safety & Crime Prevention Month
November is National Community Safety and Crime Prevention Month — it's time to think about how we look after our homes, families, Elders, and each other.
Learn more at www.SagamokAnishnawbek.com


NAAAW 2026
NATIONAL ABORIGINAL ADDICTIONS AWARENESS
November 15 – 27, 2026
Information & Activity Schedule Coming Soon
Community Wellness | 705-865-2171


Elders Forum
Stay Tuned — Agenda Coming Soon!
NOVEMBER 17
10:00AM – 3:00PM
New Community Hall
BINGO AT LUNCH
Darla Boston | 705-865-2421


COMMUNITY SESSION
DOGS IN THE COMMUNITY
SAVE THE DATE - NOV 29 | 4-7PM
LIFELONG LEARNING CENTRE
Open discussions and working towards a community engaged plan on dealing with dog issue in the community.


SHKAABEWIS PROGRAM
Social Group for Men 18+
FIRST MEETING
TUES., NOV 17
6:00PM @ Saswin
Wayne Southwind | 705-863-2942

SAGAMOK ANISHNAWBEK

NEWS

CONTACT:
I.T. and Communications Department
newsletter@sagamok.ca