

Show it, or spell it out.

Two ways to tell Freed what a note should look like.

Templates

[My library](#)

Learned

Auto Learn on

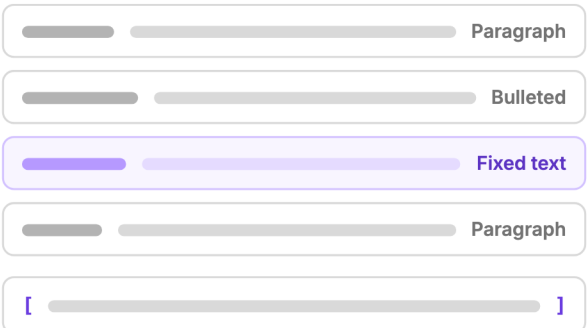
EXAMPLE NOTE



Structured

4 subsections

SUBSECTIONS



	 Show it LEARNED	 Build it STRUCTURED
How you build it	You upload an Example Note , and Freed matches that format from then on.	You build it from bracketed instructions and per-subsection settings.
Does it adapt	Turn on Auto Learn , and your edits will continuously update the template. Or use Learn Format to make it adapt when you want.	Nothing shifts on its own — same inputs, same shape, every time. It changes when you change it, and not before.
Use it for	Everyday documentation that should sound like you wrote it. Notes whose shape is easier to demonstrate than describe.	Wording that has to appear exactly as written — consent language, attestations, signature blocks.
How content appears	Mirrors your Example Note, and content is flexible.	Wording is predefined. If you need more flexibility, go with Learned.

Not sure which you're in? Look at the color. Purple means Learned. Blue means Structured.

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