



Lyra Leg Vein Pre and Post Treatment

Pre Treatment

The long pulsed 1064nm Lyra laser has been well established as a method of treating leg veins up to 3.5 mm in diameter. The advantages of laser over sclerotherapy include better results in treatment of small vessels less than 0.5 mm, the non-invasive nature of the procedure, the elimination of needles, the treatment of matting from sclerotherapy (injections) and positive results in treatment of sclerotherapy resistant areas. Three treatments are usually required for nearly complete removal of spider veins in any one treated area.

The laser treatment of small leg veins or "spider veins" is most effective for veins less than 4mm in size.

Patients will arrive in the office in comfortable loose clothing.

If treating several areas on the legs, compression stockings should be purchased in advance.

If the area is localized, a 3" or 4" ace wrap may be used for compression after the treatment.

A topical anesthetic will be used in the office for at least 1 hour.

Photos will be taken.

You can expect that 60% of the treated veins will be decreased in the first session, an additional 25% in the second treatment and the third treatment will attempt to complete the treatment of any one area.

Post Treatment

Compression is maintained on the treated area for the first 36 hours, after that, only during the day.

Avoid vigorous exercise, skiing, hiking, biking, running, for at least 5 days. A brisk walk or upper body exercise is okay.

Treatments of the same area should be scheduled once a month, for approximately three treatments of any one area.