

## Micro Needling Post Treatment Instructions

### Immediately After:

Step 1: Using damp gauze, gently wipe or pat down the treated area.

Step 2: Reapply liberally, a layer of *Healing Cream and Morning C Complex* after treatment.

*Have patient re-apply Healing Cream and Morning C Complex morning and night for 5 days.*

### Day 2,3 & 4:

Step 1- Cleanse skin thoroughly with Alexis MD - *Moisturizing Cleanser*.

Step 2 - *Healing Cream and Morning C Complex* morning and night.

Step 3 - If desired, or patient feels it necessary, ENSURE that ONLY mineral based foundations are used, days 1, 2, 3, & 4. (powder) Normal make up and skincare routines are NOT to be resumed until day FIVE!

**No Glycolic Acids, Retinoids or PH lowering skincare products**

### Day 5:

Resume Normal Skin Care Routine

**Note:** Patient should avoid sweaty exercise for first 12 hours. **Avoid excessive sun exposure for first 72 hours.**

**What to Expect:** Can have redness, swelling, bleeding, cat scratches, tender to touch, scabbing and peeling. Redness dissipates between 1 and 3 days. **If you have any concerns, please contact Lasair Aesthetic Health 303-782-5082.**

Patient has been explained the importance of following this post care recommendation, and understands non-compliance to the above relieves the provider of any liability of adverse side effects from applying different products/topicals to their skin.

Patient Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_