

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.

## Neuromodulator (BOTOX®, Dysport®, Xeomin®) *Pre and Post Treatment Instruction*

### Pre-treatment

- If you are considering a neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy, please be aware that regular use of anti-inflammatories may cause bleeding or excessive bruising in the injection site. We ask you to discontinue use 3 days prior to your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections. (Aspirin use should be discontinued 1 week prior to use). Please be aware that we are unable to inject a neuromodulator (BOTOX®, Dysport®, Xeomin®) if you are currently or planning on becoming pregnant, or if you are breast-feeding.
- Neuromodulator (BOTOX®, Dysport®, Xeomin®) therapy for cosmetic use is not indicated for patients with neuromuscular diseases, unless approved by a neurologist or a physiatrist.

### Post-treatment

- In the first 24 hours after injection: avoid strenuous exercise, extensive sun or heat exposure, and alcoholic beverages. Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites.
- For the first hour immediately following your neuromodulator (BOTOX®, Dysport®, Xeomin®) injections, aggressively use the muscles that have been treated.
  - For example: Crow's feet---squint!  
Glabella---frown!  
Forehead---lift eyebrows!

The increased movement in these areas will help the neuromodulator (BOTOX®, Dysport®, Xeomin®) take effect. Do not, however, rub or massage the injected area. This manual manipulation may increase the risk of eyebrow or eyelid ptosis. Ptosis can last from three to six weeks.

- Please refrain from reclining and bending forward for 4-6 hours after the injections.
- Patients should expect to have mild discomfort in the area injected. You may also have a dull, frontal headache. Applying cool compresses to the injected area(s) can relieve this discomfort along with taking Tylenol or Ibuprofen if no allergies exist.
- It is important to remember that a neuromodulator injection (BOTOX®, Dysport®, Xeomin®) is **NOT** immediately effective. The results of decreased mobility in the injected area will be observed over the course of 4 to 14 days. We will not touch-up areas for at least 10 days to be sure that the initial injection has taken full effect, unless abnormal muscle contraction is occurring.
- Occasionally, a muscle group will not completely respond to the injections due to the individual differences in muscle placement and strength. There will be a noticeable difference in the muscle movement, **but it may still move slightly**. It is up to you whether you have achieved the desired results. A follow-up appointment may be needed to inject more units into the muscle group. You will be charged the standard \$12.00 per unit for follow-up injections. At Lasair, our aesthetic ideal is "movement without chiseling lines."

**More general information:** Neuromodulators (BOTOX®, Dysport®, Xeomin®) are the most useful in treating the "dynamic" wrinkles on the face. It will not affect the "static" wrinkles that are unrelated to facial muscle contraction. Neuromodulator (BOTOX®, Dysport®, Xeomin®) treatment has also been shown to have a cumulative

effect. As you receive continued treatments, the results may last longer and the muscles may continue to atrophy (weaken) further. There are two theories to explain this effect: 1) The muscles atrophy over time when a neuromodulator (BOTOX®, Dysport®, Xeomin®) is used regularly. 2) A muscle to brain feedback loop turns off when the muscles do not respond to the brain's message to contract.