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# WELCOME TO WELLNESS

*Sustainable materials, biophilic accents and accessible design promote peace in a modern mountain home*

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ARCHITECTURE **NORTHWORKS**  
INTERIOR DESIGNER **RENDEZVOUS DESIGN**  
LANDSCAPE DEVELOPMENT **LAWNGEVITY LANDSCAPES**  
CONSTRUCTION **TETON HERITAGE BUILDERS**

Perched 500 feet above the valley floor and clad in sustainable reclaimed barnwood and FSC-certified Accoya, designer Patricia Kennedy's home blends into the native sage hillside.



“WHEN YOU FIND A PIECE OF LAND LIKE THAT, WITH THOSE VIEWS, YOU’RE LIKE ‘NOW WE HAVE TO BUILD.’”

—HOMEOWNER PATRICIA KENNEDY

### WELLNESS DESIGN

*Rendezvous Design’s wellness methodology is guided by engaging the trio of mind, body and senses. These wellness-centric strategies create a canvas for calm. They inspire relaxation, rejuvenation and a sense of well-being.*

**MIND** Consider gaze sequencing (how one experiences the views) and enhance, by way of spatial navigation and energy flow, each person’s journey through the home in order to highlight key design features and create a connection to nature. **BODY** Plan for the future through accessibility design, including one-floor living and layered LED lighting for multigenerational usability and long-term enjoyment of the home. **SENSES** Incorporate multisensory features like textured elements, personalized scent and nature-streaming soundscape to transform the daily living experience. >>

TOP: Entry view frames the Grand Teton. Alison Berger handblown glass sconces and biophilic leaf-inspired coat hooks are charming touches in the entry way. BOTTOM: A chaise longue is positioned to absorb the magnificent view. OPPOSITE: In the great room, black leathered granite hearth and organic textiles, goat fur poufs and a circle swing. The deck extends outdoor living with an Outer sofa and Coyote grill and smoker.





Kennedy specced Sub-Zero Wolf appliances for the kitchen that includes induction, grill and teppanyaki cooking modules. Cabinetry is barnwood-inspired, counters are sustainable Neolith. The wet bar includes Dornbracht faucets and a smoked mirror.



Biophilic forested wallpaper evokes *shinrin-yoku* (forest bathing). Wooded pendant, vintage ladder and petrified side table soften the space; the chromotherapy jetted tub fulfills the function of a spa.

In designing, Kennedy prioritized wellness-inducing principles—honoring sightlines, introducing natural elements and engaging the five senses—while respecting the tenets of feng shui and energy flow. The interiors employ sustainability (low-VOC materials, Energy Star appliances, zero-waste company collaborations), biophilic accents and accessible design. Biophilia was pursued in textured walnut flooring, pebbled tiles, forested wallpapers, mineral furnishings, organic textiles, fire and water elements and views. Aging-in-place was addressed through single-level living, accessible appliances and storage, nonslip flooring, smart lighting and shading and a future elevator shaft. A cedar-lined Finnish sauna, eucalyptus-infused steam shower, chromotherapy soaking tub and 10-person outdoor hot tub promote wellness.

The home was featured in the 2021 Jackson Hole Showcase of Homes, where Kennedy found visitors lingering, hanging out on the deck, relaxing on the sofas and enjoying the swing in the corner of the great room. They were also full of questions about biophilic design. “People like to learn new things; they were so interested,” she says. “I think the purpose of living here is to honor sense of place. By incorporating biophilia you make the home feel really grounded and connected. People felt that when they came in.”

“It’s such a privilege to live in nature,” she adds. “It’s an amazing opportunity to have infinite landscape and see wildlife every day and be immersed in all that nature has to offer. It’s very therapeutic. And I think that’s what we were looking for.”

» For a guide to this home’s products and pros, visit [mountainliving.com/WelcomeWellness](https://mountainliving.com/WelcomeWellness)



TOP: Roberto Dutesco artwork, Nobilis faux hide wallpaper, custom barn doors and Holly Hunt sherpa-covered bench. BOTTOM: “The home is perched on one of our most prominent buttes,” says builder Mark Darby. “We were mindful to minimize impact—and the site has been revegetated with native grasses and sagebrush.”