

# PRN Benefits at Texas Health



## 401(k) Retirement Plan

Save money for your future using a variety of investment options. You can enroll anytime after your first paycheck and begin receiving a company match after six months of service.



## Employee Assistance Program (EAP)

Help to manage life's challenges. You and members of your household can receive up to eight free counseling sessions per issue per year. Additional support includes Self-Care Check-Ins, access to online tools, and more.



## Quit for Life Tobacco Cessation

Get support to stop using tobacco products. You and members of your household have access to phone-based counseling with a Quit Coach, Nicotine Replacement Therapy and more.



## Discount Program

The employee discount program can save you money and give you convenient access to a wide variety of products and services such as pet/auto/home insurance, electronics, car rental, travel, and more.



## Headspace

An app to help with sleep, mindfulness, stress and more. You have free premium access and can invite up to four others to join you.



## One Pass Select

Receive discounted membership access to a variety of gyms and fitness centers for one monthly rate.