

Masters Dentistry Root Canal Care Instructions

At Masters Dentistry, we want your recovery to be comfortable and predictable. The following guidelines will help support healing after your root canal treatment.

After Your Appointment

It is normal for the area to feel numb for a few hours.

Avoid chewing until the numbness has fully worn off to prevent injury to your cheek, tongue, or lips.

Swelling and Discomfort

Mild swelling is expected. Apply an ice pack to the outside of your cheek for 20 minutes on and 20 minutes off during the first 6 to 8 hours. Take prescribed or over-the-counter pain medication as directed.

Chewing and Function

Avoid chewing on the treated tooth until your final restoration is placed. The tooth may be more fragile during this time and can fracture if too much pressure is applied.

Oral Hygiene

Continue brushing and flossing as normal. Keeping the area clean will help support healing.

Temporary Filling or Crown

If a temporary filling or crown was placed, it is important to return for your final restoration. The final crown protects the tooth long term and restores full strength and function.

What to Expect

Mild discomfort when biting or pressure is normal for a few days. This should improve over time as the area heals.

When to Call the Office

Severe pain that does not improve.

Swelling that worsens.

A bite that feels uneven or uncomfortable.

Loss of a temporary filling or crown.

If you need to reach us after hours, please call our office and follow the prompts to be connected to our emergency line.

Questions

If you have questions or need an adjustment, contact Masters Dentistry at (586) 463-8635