

MAMA YO

Vegetarian Menu



❖ Vegetarian Menu ❖

STARTERS

VEGETABLE SPRING ROLLS ----- 10.50

Shredded Mooli Carrot, Glass Noodles,
Sweet and Sour Sauce 🍌 🍌

VEGETABLE YUK SUNG ----- 10.00

Lettuce, Mixed Asian Vegetables 🍌 🍌 🍌

HOT AND SOUR SOUP ----- 9.50

Silken Tofu, Velvet Egg, Shiitake
Mushroom 🍌 🍌 🍌 🍌

BANG BANG SALAD ----- 14.00

Crunchy Seasonal Vegetables,
Firecracker Dressing 🍌 🍌 🍌 🍌

VEGETABLE CHAENG FUN ----- 11.00

Asparagus, Pepper Sauce 🍌 🍌 🍌

MAINS

All Main Courses Are Served With Steamed Rice

SALT AND CHILLI TOFU ----- 21.00

Crispy Fried Tofu, Garlic 🍌 🍌

KUNG PO TOFU ----- 18.00

Tofu, Mixed Asian Vegetables,
Roasted Cashews 🍌 🍌 🍌 🍌

TOFU AND BLACK BEAN ----- 19.00

Mixed Vegetables, Crispy Tofu, Fermented
Black Bean 🍌 🍌 🍌

SINGAPORE NOODLES ----- 21.50

Mix Asian Vegetables, Curry Leaf,
Vermicelli 🍌 🍌 🍌 🍌

Sides

VEGETABLE FRIED RICE ----- 10.00

Mixed Asian Vegetables, Velvet Egg,
Light Soy Sauce 🍌 🍌 🍌

MUSHROOM NOODLES ----- 9.10

Egg Noodles, Shiitake Mushrooms,
Garlic, Light Soy 🍌 🍌 🍌

SHANGHAI BOK CHOY ----- 9.50

Wok Tossed Bok Choy, Garlic, Light Soy
Sauce 🍌 🍌 🍌

STEAMED BROCCOLI ----- 9.50

Roast Garlic, Oyster Sauce 🍌 🍌 🍌 🍌

SILKEN TOFU ----- 9.00

Chilli, Lotus Root 🍌 🍌 🍌 🍌

GARLIC AND CHILLI ----- 8.00

POTATOES 🍌 🍌

Please note there is a 12.5% service charge for groups of 5 or more. | All our Beef is 100% Irish Origin.

ALLERGENS

🍌 Gluten (🍌 Wheat, 🍌 Spelt, 🍌 Khorasan, 🍌 Rye, 🍌 Barley, 🍌 Oats), 🍌 Peanuts, 🍌 Nuts (🍌 Almonds, 🍌 Hazelnuts, 🍌 Cashews, 🍌 Pecans,
🍌 Brazil, 🍌 Pistachio, 🍌 Macadamia, 🍌 Walnut), 🍌 Milk, 🍌 Crustaceans (🍌 Crab, 🍌 Lobster, 🍌 Crayfish, 🍌 Shrimp), 🍌 Mollusc,
🍌 Eggs, 🍌 Fish, 🍌 Celery, 🍌 Soya, 🍌 Sesame Seeds, 🍌 Mustard, 🍌 Sulphur Dioxide & Sulphites, 🍌 Lupin