

PE MENTORING PROGRAMME

OBSERVATION FORM 2025/2026



Overview

PE Mentor

Observer

School

Staff Member Supported

Role

Date

Year Group / Class

Focus of Mentoring Session

☐

Lesson Modelling

☐

Planning Support

☐

Team Teaching Teacher

☐

PE Subject Leadership Support

☐

Observation & Feedback

☐

Curriculum Support

☐

Other

Professional Standards & Preparation

Did the Mentor ...

arrive prepared and organised for the mentoring session?

communicate the purpose and focus of the session clearly?

present professionally and build positive relationships with school staff?

use Edstart curriculum resources, planning or support materials effectively?

Mentoring Practice & Staff Development

Did the Mentor ...

model high-quality PE practice clearly and confidently?

provide practical coaching, guidance or support to the teacher/PE staff member?

use effective questioning to encourage reflection and discussion?

adapt support to meet the teacher's confidence, knowledge and experience?

create a supportive, positive and non-judgemental mentoring environment?

encourage the teacher to take ownership and build confidence in their own practice?

Impact on Teacher / Staff Member

Did the Mentor ...

engage the teacher fully throughout the mentoring session?

improve the teacher's confidence in PE delivery or subject knowledge?

provide support that was practical, relevant and immediately useful?

help the teacher identify clear next steps in their PE practice?

create clear evidence of professional learning or development taking place?

Curriculum & Pedagogy

Did the Mentor ...

support delivery in line with the Edstart PE Curriculum?

promote strong PE pedagogy and effective lesson structure?

reference or apply the Know · Go · Show approach appropriately?

Reflection & Next Steps

Did the Mentor ...

facilitate meaningful reflection with the teacher following the session?

agree clear next steps or actions to support future development?

Strengths Observed

Agreed Development Points

Actions before next visit

Teacher Feedback

Summary
