

COMPETING EDSTART

Year 1 - Fundamental Movement Skills Object Control - Assessment Tracker

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Dodge a defender using a variety of different techniques
- Be able to dribble the ball with their feet, keeping it under control
- Dribble a ball with their hands in a stationary position
- Use their bodies to protect the ball against the defender
- Know what technique is needed depending on the game and/or ball
- Dodge and avoid players on the opposite teams
- Understand basic rules of games and follow them

Objective 1/6 - To dodge an opponent whilst running and change direction quickly

- Children can:
- Dodge a defender using a variety of different techniques
 - Move away from crowded areas into space
 - Change direction quickly, make sharp turns and off balance the person trying to defend them

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 2/6 - To dribble a ball using their hands when stationary and whilst moving

- Children can:
- Dribble a ball with their hands in a stationary position
 - Understand how they need to bounce the ball to keep control
 - Change speed and direction safely and under control

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 3/6 - To dribble a ball using their feet

- Children can:
- Dribble a ball with their feet, keeping it under control
 - Move in a variety of directions whilst keeping the ball under control
 - Change speed and direction safely and under control

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 4/6 - To move with a ball using a variety of techniques against an opponent

- Children can:
- Play against an opponent and understand how to keep the ball under control
 - Know what technique is needed depending on the game and/or ball
 - Know what equipment can be used for to create multi skilled games

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 5/6 - To show control and accuracy with the basic actions of throwing, rolling and kicking a ball

- Children can:
- Track balls and other equipment, moving in line to collect them and understand when a ball is at the top of its bounce
 - Throw and kick a ball in a variety of ways, depending on the game

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 6/6 - To play small games using the techniques learnt

- Children can:
- Play small games using the skills learnt throughout the term
 - Dodge and avoid players on the opposite teams
 - Understand basic rules of games and can follow them

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Assessment Mark

Requirements

Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target

- Can emulate actions and movements when demonstrated by the coach/teacher
- Can perform a range of movements (Jogging, skipping, jumping, side stepping, etc.)
- Can listen to and follow commands
- Can utilise space, avoiding other pupils and equipment
- Can pick up and put down objects with ease and accuracy
- Can use basic throwing techniques

Above Target

- Moves confidently
- Can adapt changes in direction and speed in varied situations
- Utilises space in order to achieve success
- Can identify changes in their own body as an effect of exercise
- Can use basic throwing techniques to hit large targets

To be **On Target**, pupils must achieve all **Working Towards** bullet points from **On Target**.

To be working **Above Target**, pupils must achieve all points from **Working Towards** and **On Target** as well as at least 4 **Above Target** points.