

# MOVING EDSTART

## Year 1 - Movement to Music Assessment Tracker

**Pupils will be taught...**

### Overall Learning Outcomes

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#### **Children can:**

- **Perform basic body actions and movements**
- **Vary how they move depending on what body parts they are using**
- **Show a range of different body shapes**
- **Move confidently and safely in their own and general space, using changes of speed, level and direction**
- **Be creative in how they move around**
- **Choose some of the movements they have already explored and use them to make their own movement patterns**

Objective 1/6 - To move freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping

- Children can:
- Use fundamental shapes/movements (Jog, jump, hop and balancing)
  - Vary how they move depending on what body parts they are using
  - Come up with their own movements depending on the instructions

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 2/6 - To perform the basic actions of travelling, jumping, turning, and making shapes

- Children can:
- Perform basic body actions
  - Show a range of different body shapes
  - Move at different speeds and heights
  - Respond in the correct manner to commands (Inside, outside, freeze, etc.)

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 3/6 - To develop the basic actions of travelling, jumping, turning and making shapes

- Children can:
- Move confidently and safely in their own and general space, using changes of speed, level and direction
  - Move with control
  - Perform a range of basic movements (Gestures, canon and unison)

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 4/6 - To move at speed with varying movement patterns

- Children can:
- Move around looking at changing speed and direction
  - Move at speed with control
  - Travel in different ways
  - Respond imaginatively to a stimulus used

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 5/6 - To experiment with different ways of moving

- Children can:
- Find new ways of moving
  - Show some idea of rhythm, coordination, expression and creativity
  - Remember and repeat simple movement patterns

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 6/6 - To join a set of movement patterns and to remember small sequences

- Children can:
- Choose some of the movements they have already explored and use them to make their own movement patterns
  - Link actions (Simple dance routine in pairs or small groups)
  - Use movements which express ideas, moods or feelings

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

### Assessment Mark

### Requirements

#### Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

#### On Target

- Can balance on one leg momentarily
- Can emulate actions and movements when demonstrated by the coach/teacher
- Can perform a range of movements (Jogging, skipping, jumping, side stepping, etc.)
- Can listen to and follow commands
- Can utilise space, avoiding other pupils and equipment
- Can pick up and put down objects with ease and accuracy
- Can use basic throwing techniques

#### Above Target

- Move confidently
- Can adapt changes in direction and speed in varied situations
- Utilises space in order to achieve success
- Uses more advanced methods of moving (Hopping, galloping, moving backwards, jumps from 1 leg to 2, jumps from 2 legs to 1)
- Can identify changes in their own body as an effect of exercise
- Can use basic throwing techniques to hit large targets

To be **On Target**, pupils must achieve all **Working Towards** bullet points from **On Target**.

To be working **Above Target**, pupils must achieve all points from **Working Towards** and **On Target** as well as at least 4 **Above Target** points.