

PLAYING

EDSTART

Year 1 - Intro to Racket Skills

Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- **Hold a tennis racket correctly with one and two hands**
- **Keep control of a ball when on a racket, by balancing and bouncing**
- **Judge the flight/bounce of the ball and meet it with their racket**
- **Play a simple forearm pass to a partner**
- **Return a simple pass back and forth with a partner**
- **Know the difference between forearm and backhand shots**
- **Move towards the ball and be able to play a shot to get the ball back towards their partner**

Objective 1/6 - To make contact with a ball with their hand and a small piece of equipment

- Children can:
- Hold the variety of equipment safely and can make contact with a ball/object
 - Track the ball and show good hand/eye coordination

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 2/6 - To hold a tennis racket correctly, and be able to balance a ball on their racket

- Children can:
- Know what hand they will mostly hold their racket in and be able to hold the racket at the bottom of the grip
 - Know where they need to hold the racket in relation to their body

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 3/6 - To keep the tennis ball off the floor by bouncing on racket

- Children can:
- Be encouraged to watch the ball and follow it with their racket
 - Control the racket, keep it flat and move it smoothly
 - Bounce the ball at waist height and hit it into the air

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 4/6 - To hit a bouncing ball towards a partner

- Children can:
- Be in a balanced position when hitting the ball
 - Have their racket back before the ball has bounced
 - Have the strings of their racket facing their partner

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 5/6 - To hit the ball over the net towards a target area

- Children can:
- Hit the ball over a short distance towards a target area
 - Know how to swing their racket from low to high and leave racket facing towards the target area

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Objective 6/6 - To play short rallies over a net with a partner

- Children can:
- Play short rallies with a partner over a net
 - Move towards the ball and be able to play a shot to get the ball back towards their partner

Names of children who have excelled in the objective and show a greater depth of understanding	Names of children working below (Include notes on why)	Any other notes (Stars of the Week, Future Learning, etc.)

Assessment Mark

Requirements

Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target

- Can throw and catch individually
- Makes contact with the ball when batting more often than not
- Uses the correct throwing technique, depending on throwing distance (Underarm short distance, overarm longer distance)
- Can throw and catch with a partner/small group

Above Target

- Is confident when striking a bouncing ball
- Communicates with others effectively
- Uses special awareness to judge fielding positions
- Uses different fielding techniques (Short/long barrier) at the appropriate time

To be **On Target**, pupils must achieve all **Working Towards** bullet points from **On Target**.

To be working **Above Target**, pupils must achieve all points from **Working Towards** and **On Target** as well as at least 4 **Above Target** points.