

PLAYING

EDSTART

Year 1 - Intro to Racket Skills

Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Hold a tennis racket correctly with one and two hands
- Keep control of a ball when on a racket, by balancing and bouncing
- Judge the flight/bounce of the ball and meet it with their racket
- Play a simple forearm pass to a partner
- Return a simple pass back and forth with a partner
- Know the difference between forearm and backhand shots
- Move towards the ball and be able to play a shot to get the ball back towards their partner

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Objective 1/6 - To make contact with a ball with their hand and a small piece of equipment

Children can:

- Hold the variety of equipment safely and can make contact with a ball/object
- Track the ball and show good hand/eye coordination

Names of children who have excelled in the objective and show a greater depth of understanding

Names of children working below
(Include notes on why)

Any other notes (Stars of the Week, Future Learning, etc.)

Objective 2/6 - To hold a tennis racket correctly, and be able to balance a ball on their racket

Children can:

- Know what hand they will mostly hold their racket in and be able to hold the racket at the bottom of the grip
- Know where they need to hold the racket in relation to their body

Names of children who have excelled in the objective and show a greater depth of understanding

Names of children working below
(Include notes on why)

Any other notes (Stars of the Week, Future Learning, etc.)

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Objective 3/6 - To keep the tennis ball off the floor by bouncing on racket

Children can:

- Be encouraged to watch the ball and follow it with their racket
- Control the racket, keep it flat and move it smoothly
- Bounce the ball at waist height and hit it into the air

Names of children who have excelled in the objective and show a greater depth of understanding

Names of children working below
(Include notes on why)

Any other notes (Stars of the Week, Future Learning, etc.)

Objective 4/6 - To hit a bouncing ball towards a partner

Children can:

- Be in a balanced position when hitting the ball
- Have their racket back before the ball has bounced
- Have the strings of their racket facing their partner

Names of children who have excelled in the objective and show a greater depth of understanding

Names of children working below
(Include notes on why)

Any other notes (Stars of the Week, Future Learning, etc.)

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Objective 5/6 - To hit the ball over the net towards a target area

Children can:

- Hit the ball over a short distance towards a target area
- Know how to swing their racket from low to high and leave racket facing towards the target area

Names of children who have excelled in the objective and show a greater depth of understanding

Names of children working below
(Include notes on why)

Any other notes (Stars of the Week, Future Learning, etc.)

Objective 6/6 - To play short rallies over a net with a partner

Children can:

- Play short rallies with a partner over a net
- Move towards the ball and be able to play a shot to get the ball back towards their partner

Names of children who have excelled in the objective and show a greater depth of understanding

Names of children working below
(Include notes on why)

Any other notes (Stars of the Week, Future Learning, etc.)

Assessment Mark	Requirements
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Working Towards	
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- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target	
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- Can throw and catch individually
- Makes contact with the ball when batting more often than not
- Uses the correct throwing technique, depending on throwing distance (Underarm short distance, overarm longer distance)
- Can throw and catch with a partner/small group

Above Target	
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- Is confident when striking a bouncing ball
- Communicates with others effectively
- Uses special awareness to judge fielding positions
- Uses different fielding techniques (Short/long barrier) at the appropriate time

To be **On Target**, pupils must achieve all **Working Towards** bullet points from **On Target**.

To be working **Above Target**, pupils must achieve all points from **Working Towards** and **On Target** as well as at least 4 **Above Target** points.