

**Recap: What do we know about OAA?**

**Lesson 1/6**

**To introduce outdoor  
and adventurous  
activities, both  
individually  
and as a team**

**Success Criteria**

**To be able to:**

- **Complete OAA tasks on their own**
- **Solve challenges working cooperatively**
- **Communicate with their peers and solve problems quickly**

**Recap: To introduce outdoor and adventurous activities, both individually and as a team**

## **Lesson 2/6**

# **To introduce activities where cooperation and listening skills are required**

### **Success Criteria**

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#### **To be able to:**

- Explain what teamwork involves and demonstrate some teamwork skills to help achieve the goal**
- Understand what effective communication involves and demonstrate verbal and non-verbal methods of communication with some success during team activities**

**Recap: To introduce activities where cooperation and listening skills are required**

**Lesson 3/6**

**To introduce  
activities that  
require instructions  
to be followed  
step by step**

**Success Criteria**

**To be able to:**

- **Follow multi-step instructions with support when necessary**
- **Identify problems and come up with ways to overcome them**
- **Cooperate with others to solve problem**

**Recap: To introduce activities that require instructions to be followed step by step**

**Lesson 4/6**

# **To introduce orienteering and know what it entails**

## **Success Criteria**

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### **To be able to:**

- Understand the concept of a map**
- Understand that a map is like a picture**
- Understand the use of symbols and a key**

**Recap: To introduce orienteering and know what it entails**

**Lesson 5/6**

# **To read, follow and understand maps**

## **Success Criteria**

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### **To be able to:**

- Begin to learn the basic orienteering symbols**
- Follow a map and understand the basic symbols**
- Use a map and point out where they are in relation to the school**

**Recap: To introduce simple map skills**

**Lesson 6/6**

# **To introduce simple maps skills**

## **Success Criteria**

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### **To be able to:**

- **Introduce a competitive element to OAA**
- **Encourage team support**
- **Demonstrate all the physical skills needed for orienteering**