

Recap: What do we know about OAA?

Lesson 1/6

**To introduce outdoor
and adventurous
activities, both
individually
and as a team**

Success Criteria

To be able to:

- **Complete OAA tasks on their own**
- **Solve challenges working cooperatively**
- **Communicate with their peers and solve problems quickly**

Recap: To introduce outdoor and adventurous activities, both individually and as a team

Lesson 2/6

To introduce activities where cooperation and listening skills are required

Success Criteria

To be able to:

- **Explain what teamwork involves and demonstrate some teamwork skills to help achieve the goal**
- **Understand what effective communication involves and demonstrate verbal and non-verbal methods of communication with some success during team activities**

Recap: To introduce activities where cooperation and listening skills are required

Lesson 3/6

**To introduce
activities that
require instructions
to be followed
step by step**

Success Criteria

To be able to:

- **Follow multi-step instructions with support when necessary**
- **Identify problems and come up with ways to overcome them**
- **Cooperate with others to solve problem**

Recap: To introduce activities that require instructions to be followed step by step

Lesson 4/6

To introduce orienteering and know what it entails

Success Criteria

To be able to:

- **Understand the concept of a map**
- **Understand that a map is like a picture**
- **Understand the use of symbols and a key**

Recap: To introduce orienteering and know what it entails

Lesson 5/6

To read, follow and understand maps

Success Criteria

To be able to:

- **Begin to learn the basic orienteering symbols**
- **Follow a map and understand the basic symbols**
- **Use a map and point out where they are in relation to the school**

Recap: To introduce simple map skills

Lesson 6/6

To introduce simple maps skills

Success Criteria

To be able to:

- **Introduce a competitive element to OAA**
- **Encourage team support**
- **Demonstrate all the physical skills needed for orienteering**