

Recap: What do we know about OAA?

Lesson 1/6

**To develop outdoor
and adventurous
activities, both
individually
and as a team**

Success Criteria

To be able to:

- **Work with others to complete team activities**
- **Discuss ideas and come up with a plan to complete a task**
- **Communicate in different ways**

Recap: To develop outdoor and adventurous activities, both individually and as a team

Lesson 2/6

To develop activities where cooperation and listening skills are required

Success Criteria

To be able to:

- Establish outstanding listening skills and following of instructions from a teammate during an activity
- Know how to communicate in different ways
- Understand that communication can be non-verbal and can use these when required

Recap: To develop activities where cooperation and listening skills are required

Lesson 3/6

**To develop
activities that
require instructions
to be followed
step by step**

Success Criteria

To be able to:

- **Plan in order to complete a task**
- **Follow simple instructions to complete a task**
- **Pace themselves when completing a task, in order to not miss a step**

Recap: To develop activities that require instructions to be followed step by step

Lesson 4/6

To develop orienteering and know what it entails

Success Criteria

To be able to:

- Understand the basics of orienteering**
- Find familiar landmarks on a map**
- Oriентate and follow a map to find control points in timed conditions**
- Find ways to complete a task in the shortest time**

Recap: To develop orienteering and know what it entails

Lesson 5/6

To develop reading, following and understanding maps

Success Criteria

To be able to:

- **Read, follow and understand a simple map**
- **Find points on a map using their environment as a guide**
- **Navigate around an orienteering course, and find several control points**

Recap: To develop reading, following and understanding maps

Lesson 6/6

To develop map reading skills

Success Criteria

To be able to:

- Follow a map in a familiar context**
- Use clues to follow a route safely**
- Work in a team and individually to use a map and solve problems**