

COMPETING EDSTART

Year 5 - Badminton Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- **Use a forehand or backhand grip to strike the shuttlecock**
- **Use a badminton racket to hit a shuttlecock in a particular direction**
- **Strike a shuttlecock using both forehand and backhand shots**
- **Alter the distance the shuttlecock travels**
- **Use running and chasse steps to move around a space**
- **Adopt the ready position but may need reminding**
- **Attempt different serving techniques with some success**
- **Attempt a rally with a partner**
- **Attempt an attacking shot during a rally**
- **Compete in a badminton game**
- **Attempt to use attacking and defensive shots**

Learning Objective

Learning Outcomes

1 To grip the racket and to be in the ready position

Children can:

- Adopt the ready position and identify the importance of this
- Demonstrate two grips used in badminton
- Identify when each grip is needed

2 To be able to change between grips

Children can:

- Change from backhand to a forehand grip
- Use a badminton racket to balance a shuttlecock with both grips
- Return to the ready position after each shot

3 To be able to play the forearm shot

Children can:

- Play a shot using a forehand grip with a badminton racket
- Begin to use the racket to hit the shuttlecock in a particular direction
- Know when to play the forearm shot

4 To be able to play the backhand shot

Children can:

- Play a shot using a backhand grip with a badminton racket
- Begin to use the racket to hit the shuttlecock in a particular direction
- Know when to play the backhand shot

5 To use the correct footwork when moving around the court

Children can:

- Be introduced to the chasse steps as a method of moving
- Use running and chasse steps to move around a space
- Move quickly to be in a position to consistently return a shuttle

6 To be able to serve accurately

Children can:

- Know how to use the backhand short serve
- Know to keep the racket head below waist height when serving
- Know where to stand and how to position their body

Assessment Mark

Requirements

Working Towards

- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)
- Can perform a variety of passes
- Retain key information
- Understand basic rules of the game

On Target

- Can grip the racket correctly
- Can hit the shuttle up with the racket a number of times
- Can stand in the ready position and move towards the ball
- Move in a comfortable and controlled way, with the racket
- Can serve underarm
- Consistently demonstrate an understanding of spatial awareness

Above Target

- Can perform a range of shots in a game situation
- Can serve accurately
- Can use different shots during a rally
- Can direct the shuttle into different spaces on the court
- Effectively apply some elements of strategy and tactics
- Uses spatial awareness and observational skills to determine their own and others court positions

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Understand where they need to stand to be in the best position to play the shots needed
- Can officiate small games between themselves and are able to restart the game after a stoppage in play
- Can analyse skills and techniques to modify and improve performance
- Effectively use spatial awareness to achieve success in game situations

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.