

PLAYING

EDSTART

Year 4 - Development of Invasion Games

Basketball & Football - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Understand the ABCs of shooting (Angle, Balance, Contact)
- Play small games following the rules provided
- Put into practice the techniques shown
- Know how to stand and hold the ball before shooting
- Understand the terms of 'travelling' and 'double dribble'
- Pass, dribble and shoot with control in a variety of games

Learning Objective

Learning Outcomes

1 To develop dribbling the ball whilst under pressure from a defender in basketball

Children can:

- Understand the terms of 'travelling' and 'double dribble'
- Use their body/other arm to protect the ball whilst dribbling

2 To develop the skill of passing in basketball

Children can:

- Know the technique for passing the ball from their chest to a partner
- Chest pass the ball to a partner over a variety of distances
- Cushion the ball into their chest when catching

3 To develop the technique of shooting in basketball

Children can:

- Know how to stand and hold the ball before shooting
- Understand what a set shot is
- Understand the acronym of BEEF (Balance, Elbow under the ball, Eyes on the target, Follow through)

4 To develop turning/changing direction whilst up against a defender

Children can:

- Change direction with the ball whilst moving
- Turn with the ball using different surfaces of the foot
- Understand to keep their knee bent when changing direction, to be able to push away with speed
- Start the turn slow then push away fast

5 To develop passing a football over a short distance

Children can:

- Understand where they need to contact the ball to pass it correctly
- Know how to stand and approach the ball to pass it
- Aim a pass at a partner over a short distance

6 To develop shooting a football towards a target using the correct technique

Children can:

- Know how to stand and approach the ball to shoot correctly
- Understand the ABCs of shooting (Angle, Balance, Contact)
- Understand how to hit the ball, and where to aim

Assessment Mark Requirements

Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target

- Can perform some passes (Unopposed)
- Can dribble/run with a ball confidently using the correct techniques (Unopposed)
- Use correct technique when aiming at a target (Unopposed)
- Can consistently receive and control a ball (Unopposed)

Above Target

- Can perform a range of passes against a defender
- Can dribble/run with a ball confidently against a defender
- Use correct technique when aiming at a target against a defender
- Can consistently receive and control a ball against a defender
- Can demonstrate an understanding of spatial awareness

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Demonstrates leadership qualities
- Effectively apply some elements of strategy and tactics
- Consistently demonstrate an understanding of spatial awareness

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.