

# PLAYING EDSTART



## Year 4 - Development of JagTag Unit of Work

Pupils will be taught...

### Overall Learning Outcomes (Endpoints)

#### Children can:

- **Stand side on to the target with arm up and with the ball behind their head**
- **Know they need to step towards the target as they rotate their hips**
- **Then follow through, across the body (Mobile phone/seat belt)**
- **Watch the ball in – all the way looking at the tip of the ball**
- **Catch the ball and secure the ball using the five points of contact**
- **Know that the running back (RB) receives the ball**
- **Keep their inside elbow up, outside elbow down, receive the ball and tuck into their ribs**
- **Run different types of routes and find space to receive the ball**
- **Know that they have four 'downs' to progress the ball forward**
- **Know each role on the field – QB and WR**



### Learning Objective

### Learning Outcomes

**1 To develop the quarterback throwing technique in JagTag**

**Children can:**

- Stand side on to the target with arm up and with the ball behind their head
- Know they need to step towards the target as they rotate their hips
- Then follow through, across the body (Mobile phone/seat belt)

**2 To develop the catching technique in JagTag**

**Children can:**

- Know when to use the low, medium or high catching technique
- Watch the ball in – all the way looking at the tip of the ball
- Catch the ball and secure the ball using the five points of contact

**3 To develop the technique of handing off the ball in JagTag**

**Children can:**

- Know that the QB turns and faces the running back
- Extend their arms with hands on both sides of the ball
- Know to place the ball firmly in RB's stomach as they are moving towards them

**4 To develop the technique of receiving a hand-off in JagTag**

**Children can:**

- Know that the running back (RB) receives the ball
- Keep their inside elbow up, outside elbow down, receive the ball and tuck into their ribs
- Know how to secure the football using the five points of contact

**5 To develop basic route running in JagTag**

**Children can:**

- Know when they are allowed to start the route
- Run different types of routes
- Run the comeback, curl, in and out routes

**6 To develop basic offense vs defence games in JagTag**

**Children can:**

- Run different types of routes and find space to receive the ball
- Know that they have four 'downs' to progress the ball forward
- Know each role on the field – QB and WR



### Assessment Mark      Requirements

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#### Working Towards

- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)
- Can perform a variety of passes, dribble/run with a ball and aim at a target (Unopposed)
- Retain key information

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#### On Target

- Can perform a range of passes against a defender
- Can dribble/run with a ball confidently using the correct techniques against a defender
- Use correct technique when aiming at a target against a defender
- Can consistently receive and control a ball against a defender

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#### Above Target

- Can perform a range of passes in a game situation (Small sided games, e.g. 2v2 or 3v3 etc.)
- Can dribble/run with a ball confidently in a game situation
- Use correct technique when aiming at a target in a game situation
- Can consistently receive and control a ball in a game situation
- Consistently demonstrate an understanding of spatial awareness
- Effectively apply some elements of strategy and tactics

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#### Excelling

- Competes/demonstrates an ability to compete at an elite level
- Consistently demonstrates leadership qualities to provide strategy and tactics in game situations for teammates to succeed
- Effectively use spatial awareness to achieve success in game situations
- Analyse skills and techniques to modify and improve performance

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.