

COMPETING

EDSTART

Year 4 - Development of Net & Wall Games

Tennis & Badminton - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- **Know how to grip the racket**
- **Control the ball whilst hitting it with their racket**
- **Know their feet need to be at least shoulder width apart with your head forwards**
- **Look to get to the ball as soon as possible**
- **Keep the racket head below waist height when striking a serve**
- **Use the ready position and return to their position after each shot is played**
- **Attempt a rally with a partner**
- **Know how to keep score**
- **Know how to move on the court and take turns serving**

Learning Objective

Learning Outcomes

1 To develop playing a rally with a partner using the forearm shot in tennis

Children can:

- Meet the tennis ball in front of them, at about waist height
- Track the ball all the way from once it leaves their partner's racket
- Be ready with their racket back before the ball has bounced

2 To develop the underarm serve over a net in tennis

Children can:

- Stand sideways to the intended target and hold the racket and ball together out in front
- Drop the ball onto the floor and make contact before it bounces a second time
- Move the racket in a swinging action from low to high

3 To play a game of doubles tennis using the techniques shown and be able to follow the basic rules

Children can:

- Play a modified version of the game using the techniques shown
- Understand where they need to stand to be in the best position to play the shots needed

4 To develop the serving technique in badminton

Children can:

- Keep the racket head below waist height when striking a serve
- Understand where to stand and how to position their body to serve

5 To develop the ready position and play small rallies with a partner

Children can:

- Use the ready position and return to their position after each shot is played
- Attempt a rally with a partner
- Know where they need to stand on the court and work with their partner

6 To develop the understanding of rules in badminton and be able to play doubles matches

Children can:

- Know how to keep score
- Know how to move on the court and take turns serving
- Understand that they want to play shots that moves their opponent around the court

Assessment Mark **Requirements**

**Working
Towards**

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target

- Can hold racket correctly
- Can balance a ball on the racket and move
- Can hit the ball up with the racket
- Moves in a comfortable and controlled way, with the racket
- Can hit a bouncing ball

**Above
Target**

- Understands how to score points within a game
- Is confident when hitting a bouncing ball
- Can direct the ball in space on the court
- Uses spatial awareness to judge court positions

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Demonstrates leadership qualities
- Effectively apply some elements of strategy and tactics
- Consistently demonstrate an understanding of spatial awareness

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.