

# PLAYING

# EDSTART

## Year 4 - Development of Net & Wall Games Tennis & Badminton - Unit of Work

Pupils will be taught...

### Overall Learning Outcomes (Endpoints)

**Children can:**

- **Know how to grip the racket**
- **Control the ball whilst hitting it with their racket**
- **Know their feet need to be at least shoulder width apart with your head forwards**
- **Look to get the ball as soon as possible**
- **Know how to use a badminton racket to balance a shuttlecock**
- **Use a forehand grip with a badminton racket**
- **Begin to use a badminton racket to hit a shuttlecock in a particular direction**
- **Move quickly to be in a position to consistently return a shuttle**
- **Perform a series of movements whilst retaining their balance**

**Learning Objective**

**Learning Outcomes**

**1 To develop the technique of various shots that can be played in tennis**

**Children can:**

- Know that if the ball goes to the other side of their body that they need to play a backhand shot
- Move towards the ball and be able to play a shot to get the ball back towards their partner

**2 To develop hitting the ball over a net in tennis**

**Children can:**

- Hit the ball over a short distance towards a target area
- Know to swing their racket from low to high and leave their racket facing towards the target area

**3 To develop playing short rallies in tennis over a net with a partner**

**Children can:**

- Play short rallies with a partner over a net
- Move towards the ball and be able to play a shot to get the ball back towards their partner

**4 To develop the backhand grip in badminton**

**Children can:**

- Know how to grip the racket for a backhand shot using the 'thumb' grip
- Know how to use a badminton racket to balance a shuttlecock
- Know how to adopt the ready position

**5 To develop changing the grip from forearm to backhand in badminton**

**Children can:**

- Change from backhand 'thumb' grip to forehand 'V' grip
- Use a badminton racket to balance a shuttlecock with both grips
- Return to the ready position after each shot

**6 To develop the specific footwork needed when playing badminton**

**Children can:**

- Know to be in a position to consistently return a shuttle
- Perform a series of movements whilst retaining their balance
- Complete a split-step (Ready position)

**Assessment Mark**    **Requirements**

**Working  
Towards**

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

**On Target**

- Can hold racket correctly
- Can balance a ball on the racket and move
- Can hit the ball up with the racket
- Moves in a comfortable and controlled way, with the racket
- Can hit a bouncing ball

**Above  
Target**

- Understands how to score points within a game
- Is confident when hitting a bouncing ball
- Can direct the ball in space on the court
- Uses spatial awareness to judge court positions

**Excelling**

- Competes/demonstrates an ability to compete at an elite level
- Demonstrates leadership qualities
- Effectively apply some elements of strategy and tactics
- Consistently demonstrate an understanding of spatial awareness

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.