

PLAYING

EDSTART

Year 4 - Development of Net & Wall Games

Volleyball & Dodgeball - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- Stand in the ready position and move towards the ball
- Use soft hands when passing the ball but will not hold the ball
- Understand that the power for the dig comes from the legs and not the arms
- Understand that the 'volley' is played above the head
- Understand when the 'dig'/'forearm' pass is needed to be played
- Throw the ball with good technique
- Aim at and sometimes hit a moving target
- Use the ready position and be able to move around the court
- Catch a ball in ready position and attempt it in a game situation

Learning Objective

Learning Outcomes

1 To develop the ability to decide which shot needs to be played in volleyball and keeps a rally going with a partner

Children can:

- Stand in the ready position, and move towards the ball
- Move as the ball is travelling to get into line with it and select appropriate pass
- Understand that their pass has to be played up high, and the ball should be travelling slowly

2 To develop passing the ball to a partner who is moving forwards to a space

Children can:

- Set up an attack with their first pass travelling up and towards the net
- Try and follow the dig, set pattern when receiving the ball
- Know they are only allowed three touches of the ball on their side of the court before they send it back to a target area

3 To play small 2v2 games and be able to work together to send the ball towards the other team

Children can:

- Understand that they need to play a pass on their side of the court before it is sent back to the other team
- Pass the ball towards their partner so that they have time to play the next shot
- Use three touches of the ball to get the ball back to the other team

4 To develop the skill of throwing and catching with a dodgeball

Children can:

- Throw the ball with accuracy and good technique
- Start to throw with some precision at opponents
- Aim at and consistently hit a moving target, even from longer distances

5 To develop the skill of blocking in dodgeball

Children can:

- Make the decision of whether to dodge or block a ball thrown at them
- Know to use the ball to block incoming shots
- Block the ball successfully

6 To develop ways to avoiding being hit in dodgeball

Children can:

- Dodge the ball successfully
- Start to jump, leap, duck and sidestep to dodge the ball
- Know where to position themselves on the court, to avoid being hit

Assessment Mark

Requirements

Working Towards

- Understand basic rules
- Retain key information
- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)

On Target

- Can hold racket correctly
- Can balance a ball on the racket and move
- Can hit the ball up with the racket
- Moves in a comfortable and controlled way, with the racket
- Can hit a bouncing ball

Above Target

- Understands how to score points within a game
- Is confident when hitting a bouncing ball
- Can direct the ball in space on the court
- Uses spatial awareness to judge court positions

Excelling

- Competes/demonstrates an ability to compete at an elite level
- Demonstrates leadership qualities
- Effectively apply some elements of strategy and tactics
- Consistently demonstrate an understanding of spatial awareness

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.