

MOVING EDSTART

Year 2 - Fundamental Movement Skills Body Control - Unit of Work

Pupils will be taught...

Overall Learning Outcomes (Endpoints)

Children can:

- **Confidently travel on their feet in different ways and recognise directions**
- **Change the way they are travelling in a controlled manner**
- **Demonstrate different ways of travelling using small and large body parts**
- **Demonstrate wide, thin, tall, and curled body shapes when travelling**
- **Hop, bounce, and skip in different directions (i.e. forwards, backwards and sideways)**
- **Talk about what they are doing and use the correct vocabulary**

Year 2 - Fundamental Movement Skills

Body Control - Unit of Work

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EDSTART

Learning Objective

Learning Outcomes

1 To confidently travel in a controlled manner on their feet in different ways and recognise directions

Children can:

- Listen to instructions and engage themselves in activity and use space safely
- Understand the word space
- Have control when moving at speed and changing direction
- Can find, walk and run in space

2 To demonstrate different ways of travelling fast and slow using different movements

Children can:

- Vary speed of movements under control
- Change the way they are travelling in a controlled manner
- Move using a variety of different ways (Walk, run, hop, skip, bounce, slide, crawl)

3 To demonstrate different ways of travelling using small and large body parts; making wide, thin, tall, and curled body shapes

Children can:

- Show a variety of shapes whilst being under control
- Move using small and large body parts safely
- Walk, stride, bounce and hop on feet or hands and feet and slide on different body parts

4 To know the difference between a leap and a jump, and be able to land safely

Children can:

- Safely jump, hop, leap and bounce from one position to another
- Jump from one foot to two feet and from one foot to the other foot and understand how to land safely
- Twist from two feet to two feet under control

5 To move around and link together a wide variety of movements under control

Children can:

- Move, hop, run, and bounce around under control
- Travel using large and small body parts safely
- Link gymnastics skills effectively

6 To link together 4–5 basics moves in a short sequence

Children can:

- Talk about what they are doing and use the correct vocabulary
- Create and perform gymnastics routines (4/5 elements)
- Show what they have remembered throughout the term and can show this through a short routine/sequence

Assessment Mark

Requirements

Working Towards

- Understand basic ways to travel
- Retain key information
- Children can listen to instructions and engage themselves in activity and use space safely
- Use fundamental shapes

On Target

- Can travel in different ways (Stepping – straight and bent leg. Leaping – scissor and cut)
- Children have control when moving at speed and changing direction
- Children can change the way they are travelling in a controlled manner
- Can talk about what they are doing and use the correct vocabulary
- Utilises space in order to achieve success
- Can safely jump, hop and bounce from one position to another

Above Target

- Can link gymnastics skills effectively
- Children can talk about what they are doing and use the correct vocabulary
- Have control when moving at speed and changing direction
- Able to create and perform gymnastics routines (4/5 elements)
- Can perform advanced gymnastics skills (E.g. cartwheel, round off, walk overs, etc.)

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.