

# COMPLETE EDSTART

## Year 6 - Handball Unit of Work

Pupils will be taught...

### Overall Learning Outcomes (Endpoints)

Children can:

- Start to develop a broader range of techniques and skills for attacking and defending
- Pass, dribble and shoot with control in games
- Identify and use tactics to help the team keep the ball and advance it
- Understand the 'rule of 3'
- Understand the basic rules of handball
- Mark opponents and help each other in defence
- Apply basic principles of team play to keep possession of the ball
- Play effectively as part of a team
- Pick out parts of performance that could be improved and suggest ideas and practices to make them better

## Learning Objective

## Learning Outcomes

### 1 To be able to defend successfully

#### Children can:

- Keep their arms pointing towards the ball and move towards as the ball travels
- Know that as the ball is coming towards them, they start to move towards the ball
- Understand as they contact the ball, they close their fingers around the ball and bring the ball into the chest
- Know to have a tight grip of the ball and get into a ready position for your next decision

### 2 To effectively use the 'rule of 3' in small, modified matches

#### Children can:

- Attempt to use various passes in a game situation
- Know and effectively execute the 'rule of 3' for moving and passing in specified drills and small sided games
- Understand when the need to dribble, pass or attempt to shoot

### 3 To defend successfully

#### Children can:

- Block a player and mark an area when defending
- Know how to mark a player in handball
- Try to regain possession of the ball by trying to step in front of the player to intercept it
- Begin to anticipate and react to be able to intercept the ball

### 4 To attack and defend in competitive games

#### Children can:

- Apply a range of different attacking and defending handball skills with some success
- Understand and explain how tactics can be used to help win games and use them with excellent success

### 5 To take part in modified games of handball using the techniques learnt

#### Children can:

- Know when and where to use the different techniques learnt
- Evaluate and improve their performance
- Listen to others, express their own ideas and work well with others tactically

### 6 To take part in modified games of handball using the techniques learnt

#### Children can:

- Play competitive/modified games and apply basic principles suitable for attacking and defending
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best
- Evaluate performance and recognise their own success

### Assessment Mark

### Requirements

#### Working Towards

- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)
- Can perform a variety of passes, dribble with a ball and aim at a target (Unopposed)
- Retain key information

#### On Target

- Can perform a range of passes against a defender
- Can dribble with a ball confidently using the correct techniques against a defender
- Use correct technique when aiming at a target against a defender
- Can consistently receive and control a ball against a defender

#### Above Target

- Can perform a range of passes in a game situation (Small sided games, e.g. 3v3)
- Can dribble with a ball confidently in a game situation
- Use correct technique when aiming at a target in a game situation
- Can consistently receive and control a ball in a game situation
- Consistently demonstrate an understanding of spatial awareness
- Effectively apply some elements of strategy and tactics
- Understand that they must move the ball forward at the same time as passing it backwards

#### Excelling

- Competes/demonstrates an ability to compete at an elite level
- Can identify and use tactics to help the team keep the ball and advance it forward
- Can identify and use tactics to help the team defend and win the ball back
- Can officiate small games between themselves and are able to restart the game after a stoppage in play
- Can analyse skills and techniques to modify and improve performance

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.