

# COMPETING

# EDSTART

## Year 5 - Hockey

### Unit of Work

Pupils will be taught...

#### Overall Learning Outcomes (Endpoints)

Children can:

- Start to develop a broader range of techniques and skills for attacking and defending
- Pass, dribble and shoot with control in games
- Identify and use tactics to help the team keep the ball and advance it
- Understand the basic rules of hockey
- Mark opponents and help each other in defence
- Apply basic principles of team play to keep possession of the ball
- Play effectively as part of a team
- Pick out parts of performance that could be improved and suggest ideas and practices to make them better

### Learning Objective

### Learning Outcomes

**1 To control the ball by dribbling and using a stick**

**Children can:**

- Know how to hold a hockey stick correctly
- Dribble the ball at various speeds
- Know how to move a hockey stick and are able to adjust it to where the ball is placed

**2 To pass the ball whilst stationary and travelling**

**Children can:**

- Know how to pass the ball by sliding the ball towards a teammate – push pass
- Use the stick to pass short and long and know where to place their hands on the grip
- Know when to dribble and when to look to pass the ball

**3 To shoot the ball under control**

**Children can:**

- Know where to hold the stick to get power in their shots
- Understand they can only score inside the opponent's circle

**4 To understand the basic rules of hockey**

**Children can:**

- Understand they cannot kick the ball on purpose
- Understand they cannot use the back of their stick
- Understand they cannot lift their stick up to play the ball in the air
- Understand they cannot hit another player's stick with theirs

**5 To play a game of hockey**

**Children can:**

- Know how to start and restart the games, and where the defending teams needs to be
- Identify and use tactics to help the team keep the ball and advance it forward
- Pass, dribble and shoot with control

**6 To play a game of hockey**

**Children can:**

- Know how to start and restart the games, and where the defending teams needs to be
- Identify and use tactics to help the team keep the ball and advance it forward
- Pass, dribble and shoot with control
- Officiate and run small games of hockey and are able to follow the rules they have learnt throughout the term

## Assessment Mark      Requirements

### Working Towards

- Use fundamental movements (Jog, jump, hop, balance, skip, side to side, change of direction)
- Can perform a variety of passes, dribble with a ball and aim at a target (Unopposed)
- Retain key information

### On Target

- Can perform a range of passes against a defender
- Can dribble with a ball confidently using the correct techniques against a defender
- Use correct technique when aiming at a target against a defender
- Can consistently receive and control a ball against a defender

### Above Target

- Can perform a range of passes in a game situation (Small sided games, e.g. 3v3)
- Can dribble with a ball confidently in a game situation
- Use correct technique when aiming at a target in a game situation
- Can consistently receive and control a ball in a game situation
- Consistently demonstrate an understanding of spatial awareness
- Effectively apply some elements of strategy and tactics
- Understand that they must move the ball forward at the same time as passing it backwards

### Excelling

- Competes/demonstrates an ability to compete at an elite level
- Can identify and use tactics to help the team keep the ball and advance it forward
- Can identify and use tactics to help the team defend and win the ball back
- Can officiate small games between themselves and are able to restart the game after a stoppage in play
- Can analyse skills and techniques to modify and improve performance

To be **ON TARGET**, pupils must achieve all bullet points from **WORKING TOWARDS** and at least 3 bullet points from **ON TARGET**.

To be working **ABOVE TARGET**, pupils must achieve all points from **WORKING TOWARDS** and **ON TARGET** as well as at least 3 bullet points from **ABOVE TARGET**.

To achieve **EXCELLING**, pupils must achieve all bullet points from **WORKING TOWARDS**, **ON TARGET** and **ABOVE TARGET** as well as at least 3 bullet points from **EXCELLING**.